


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>What travels all the way around the world but always stays in one spot?</p>  <p>A stamp!</p>	<p>Morning: 9:00 Exercise 9:30 Fit Minds</p>  <p>Afternoon: 1:30 Montessori Activities 3:00 Music Hour</p> 	<p>Morning: 9:00 <b>Chapel Service with Don</b> 9:30 Exercise &amp; Monthly Gazette</p> <p>Afternoon: <b>Ice Cream Sandwich Day In the Courtyard!</b></p>	<p>Morning: 9:00 Ladder Ball 9:30 Creative Arts</p> <p>Afternoon: 1:30 Outdoor Strolls 3:00 Wheel of Fortune</p>	<p>Morning: 9:00 Exercise 9:30 Fit Minds</p>  <p>Afternoon: 1:30 Roll and Bowl 3:00 Jeopardy</p>	<p>Morning: 9:30 BINGO!</p>  <p>Afternoon: 3:00 Balloon Tennis</p> 	<p>Friendly Visits</p>
<p><b>Chapel Service on the Television</b></p> 	<p>Morning: 9:00 Exercise 9:30 Fit Minds</p>  <p>Afternoon: 1:30 Board Games 3:00 <b>Canada Games: History &amp; Opening</b></p>	<p>Morning: 9:00 <b>Chapel Service with Don</b> 9:30 The Price Is Right</p>  <p>Afternoon: 1:30 Manicures 3:00 <b>Canada Games Balloon Tennis</b></p>	<p>Morning: 9:00 Bocce Ball 9:30 Creative Arts</p> <p>Afternoon: 1:30 Outdoor Strolls 3:00 <b>Canada Games Beach Volleyball</b></p>	<p><b>Happy Birthday Peter W!</b></p> <p>Morning: 9:00 Exercise 9:30 Fit Minds</p>  <p>Afternoon: <b>PEACHES &amp; ICE CREAM SOCIAL</b></p> 	<p>Morning: 9:30 BINGO!</p>  <p>Afternoon: 3:00 <b>Canada Games OBIE Soccer</b></p> 	<p>Morning: Gardening Club</p> <p>Afternoon: Creative Arts</p>
<p><b>Chapel Service on the Television</b></p> 	<p>Morning: 9:30 Manicures</p>  <p>Afternoon: 1:30 Friendly Visits 3:00 Wheel of Fortune</p>	<p>Morning: 9:00 <b>Chapel Service with Don</b> 9:30 Fit Minds</p>  <p>Afternoon: 1:30 Outdoor Strolls 3:00 Surprise Program with Jonnie!</p>	<p>Morning: 9:00 Exercise 9:30 Creative Arts</p> <p>Afternoon: 2:00 <b>Movie Matinee</b></p> 	<p>Morning: 9:00 Exercise 9:30 Fit Minds</p>  <p>Afternoon: 1:30 Short Stories in the Courtyard 3:00 Write the Word Game</p>	<p>Morning: 9:30 BINGO!</p>  <p>Afternoon: 3:00 Parachute Game</p> 	<p>Outdoor Chats and Lemonade</p>
<p><b>Chapel Service on the Television</b></p> 	<p>Morning: 9:00 Balloon Tennis 9:30 Fit Minds</p>  <p>Afternoon: 1:30 Montessori Activities 3:00 Jeopardy</p>	<p>Morning: 9:00 <b>Chapel Service with Don</b> 9:30 Creative Arts</p> <p>Afternoon: 3:00-4:00 <b>ICE CREAM TRUCK!</b></p> 	<p>Morning: 9:00 Beach Ball Toss 9:30 <b>High Tea Social</b></p> <p>Afternoon: 1:30 Elfer Raus 3:00 Travel the World</p> 	<p>Morning: 9:00 Exercise 9:30 Fit Minds</p>  <p>Afternoon: 1:30 Spa Hour 3:00 Name that Golden Oldie</p> 	<p>Morning: 9:30 BINGO!</p>  <p>Afternoon: 3:00 Friendly Visits</p> 	<p>How can you tell that the ocean is friendly?</p> <p>It waves!</p>
<p><b>Chapel Service on the Television</b></p> 	<p>Morning: 9:00 Exercise 9:30 Fit Minds</p>  <p>Afternoon: 1:30 Outdoor Visits 3:00 Bocce Ball</p>	<p>Morning: 9:00 <b>Chapel Service with Don</b> 9:30 Ladder Ball</p> <p>Afternoon: 1:30 Board Games 3:00 <b>Garden Harvest Treats</b></p> 	<p>Morning: 9:00 Exercise 9:30 Resident Council Meeting</p> <p>Afternoon: 3:00 <b>Birthday PARTY Celebration!</b></p> 	<h1>August 2022</h1> <h2>First Floor Recreation Calendar</h2>		

All Programs Subject to Change.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>Morning:</b> 10:00 – Price is Right  <b>Afternoon:</b> 1:00 – Darts 3:00 – Horse Races 	<b>Morning:</b> 9:30 – Chapel Service 10:00 – Exercise 10:30 – Monthly Gazette  <b>Afternoon:</b> 3:00 – Fit Minds  <u>Ice Cream Sandwiches Day in the Courtyard!</u>	<b>Morning:</b> 9:30 – Basketball 10:00 – Arts & Crafts  <b>Afternoon:</b> 1:00 – Montessori Activities 3:00 – Name That Tune	<b>Happy Birthday Irene!</b> <b>Morning:</b> 9:30 – Finish the Bible Phrase 10:00 – Jeopardy  <b>Afternoon:</b> 1:00 – Outdoor Strolls 3:00 – Fit Minds	<b>Morning:</b> 10:00 – Arts & Crafts  <b>Afternoon:</b> 1:00 – One to one visits 2:45 – BINGO 	<b>Morning:</b> 10:00 – Exercise 10:30 – <b>Canada Games: History and Opening</b>  <b>Afternoon:</b> 1:00 – Music and Games in the Courtyard! 
<b>Morning:</b> 9:00 – Church Service on the Television  <b>Afternoon:</b> 2:45 – <b>Canada Games: Baseball</b> 	<b>Happy Birthday Shirley!</b> <b>Morning:</b> 10:00 – Card Games  <b>Afternoon:</b> 1:00 – <b>Canada Games: Basketball</b> 3:00 – Manicures 	<b>Morning:</b> 9:30 – Chapel Service 10:00 – Exercise 10:30 – Alphabet Game  <b>Afternoon:</b> 1:00 – <b>Canada Games: Beach Volleyball</b> 3:00 – Fit Minds 	<b>Morning:</b> 9:30 – Bocce Ball 10:00 – Arts & Crafts  <b>Afternoon:</b> 1:00 – <b>Canada Games: Tennis</b> 3:00 – Get the Gold 	<b>Morning:</b> 9:30 – Elvis Trivia 10:00 – Fit Minds  <b>Afternoon:</b> 1:00 – <b>Canada Games: Soccer</b>  <u>Peaches &amp; Ice Cream Social!</u>	<b>Morning:</b> 10:00 – <b>Canada Games: Golf</b>  <b>Afternoon:</b> 2:45 – BINGO 	<b>Morning:</b> 10:00 – Name 10  <b>Afternoon:</b> 3:00 – Board Games 
<b>Happy Birthday Eileen!</b> <b>Morning:</b> 9:00 – Church Service on the Television 	<b>Morning:</b> 10:00 – Wheel of Fortune  <b>Afternoon:</b> 1:00 – One to one visits 3:00 – Cranium Crunches 	<b>Morning:</b> 9:30 – Chapel Service 10:00 – Exercise 10:30 – How Many Words?  <b>Afternoon:</b> 1:00 – Outdoor Games 3:00 – Fit Minds	<b>Happy Birthday Albert!</b> <b>Morning:</b> 9:30 – Balloon Tennis 10:00 – Arts & Crafts  <b>Afternoon:</b> 1:00 – Montessori Activities 3:00 – Price is Right 	<b>Morning:</b> 9:30 – Coloring Pages 10:00 – Men's Coffee Club  <b>Afternoon:</b> 1:00 – Outdoor Strolls 3:00 – Fit Minds	<b>Morning:</b> 10:00 – Arts & Crafts  <b>Afternoon:</b> 1:00 – Fishing Game 2:45 – BINGO 	 Friendly Visits
<b>Morning:</b> 9:00 – Church Service on the Television 	<b>Morning:</b> 9:30 – One to one visits 10:00 – Trip Around the World!  <b>Afternoon:</b> 1:00 – Spa Day 3:00 – High Tea	<b>Morning:</b> 9:30 – Chapel Service 10:00 – Exercise 10:30 – Fit Minds  <b>Afternoon:</b> 1:00 – Outdoor Games 3:00 – <u>Ice Cream Truck Visit!</u>	<b>Morning:</b> 9:30 – Ladder Ball 10:00 – Arts & Crafts  <b>Afternoon:</b> 1:00 – Montessori Activities 3:00 – Puzzle Club	<b>Morning:</b> 10:00 – Balloon Tennis  <b>Afternoon:</b> 1:00 – Outdoor Strolls 3:00 – Fit Minds 	<b>Morning:</b> 10:00 – Arts & Crafts  <b>Afternoon:</b> 1:00 – One to one visits 2:45 – BINGO 	<b>Morning:</b> 10:00 – Exercise 10:30 – Obie Games  <b>Afternoon:</b> 3:00 – Card Games 
<b>Morning:</b> 9:00 – Church Service on the Television  <b>Afternoon:</b> 2:45 – Board Games	<b>Morning:</b> 10:00 – Manicures  <b>Afternoon:</b> 3:00 – Activity Pages	<b>Morning:</b> 9:30 – Chapel Service 10:00 – Exercise 10:30 – Finish the Line  <b>Afternoon:</b> 1:00 – Fit Minds 3:00 – <u>Garden Harvest Treats</u>	<b>Morning:</b> 10:00 – Arts & Crafts  <b>Afternoon:</b> 1:00 – One to one visits 3:00 – <u>Birthday Party!</u> 	<div> <h1>August 2022</h1> <h2>Second Floor Recreation Calendar</h2> </div>		

All Programs are Subject to Change.
















Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1</b> 9:45 Fit Minds 1:00 Outdoor Strolls 2:45 Manicures 	<b>2</b> 9:45 Exercise 10:15 Finish the Line 1:00 Activity Pages <b>Afternoon Ice Cream Sandwich Day in the Courtyard!</b>	<b>3</b> 9:45 Exercise 10:15 True or False 2:45 Horse Races 	<b>Happy Birthday Helen S!</b> <b>4</b> <b>9:00 Chapel Service with Don</b> 9:45 Fit Minds 1:00 Montessori Activities 2:45 Balloon Tennis 5:30 Catching Fireflies	<b>5</b> 9:45 BINGO in the Dining Room 1:00 Card Games 2:45 Outdoor reading group 	<b>6</b> 9:45 Fun with OBIE Afternoon Music and Games in the Courtyard! 
<b>7</b> <b>Church Service on the Television</b>  Afternoon Sunshine Visits	<b>8</b> 9:45 Arts and Crafts 1:00 Bocce Ball 2:45 Giant Crossword 	<b>9</b> 9:45 Exercise 10:15 Summertime Trivia 1:00 Games in the Courtyard 2:45 Fit Minds 5:30 Puzzle Group 	<b>10</b> 9:45 Jeopardy 1:00 Canada Games: Basketball 2:45 Board Games 	<b>11</b> <b>9:00 Chapel Service with Don</b> 9:45 Exercise 10:15 Wheel of Fortune <b>Peaches &amp; Ice Cream Social</b> 5:30 Movie night!	<b>12</b> 9:45 BINGO in the Dining Room 1:00 Word Search Group 2:45 Fit Minds 	<b>13</b> Visits in the Courtyard 
<b>14</b> <b>Church Service on the Television</b> 	<b>15</b> 9:45 Coffee Social 1:00 Fun with OBIE 2:45 Ladder Ball and Bean Bag Toss 	<b>16</b> 9:45 Fit Minds 1:00 Outdoor Strolls 2:45 Easy No Bake Baking! 5:30 Art Pages 	<b>Happy Birthday Mabel!</b> <b>17</b> 9:45 Exercise 10:15 Poem Readings 2:45 The Price is Right 	<b>18</b> <b>9:00 Chapel Service with Don</b> 9:45 Exercise 10:15 Name 10 1:00 Card Games 2:45 Arts and Crafts 5:30 Gardening	<b>19</b> 9:45 BINGO in the Dining Room 1:00 Fun with OBIE 2:45 Fit Minds 	<b>20</b> <b>National Lemonade Day!</b> 9:45 Lemonade in the Courtyard 2:24 Board Games and Sunshine Visits
<b>Happy Birthday Loretta!</b> <b>21</b> <b>Church Service on the Television</b>  Afternoon Outdoor Games	<b>Happy Birthday Marta!</b> <b>22</b> 9:45 Manicures 1:00 One to One Visits 2:45 Fit Minds 	<b>23</b> 9:45 Exercise 10:15 How Many Words 1:00 Puzzle Club <b>3:00 Marble Slab Ice Cream Truck!</b> 	<b>24</b> 9:45 Exercise 10:15 Categories 1:00 Outdoor Strolls 2:45 Arts and Crafts 	<b>25</b> <b>9:00 Chapel Service with Don</b> 9:45 Fit Minds 1:00 Fun with OBIE 2:45 Birthday Party! 5:30 Puzzle Group 	<b>26</b> 9:45 BINGO in the Dining Room 2:45 Name that Tune 	<b>Happy Birthday Chris!</b> <b>27</b> 9:45 Shake Loose a Memory & Sunshine Visits 2:30 Movie Matinee 
<b>28</b> <b>Church Service on the Television</b>  Afternoon Courtyard Visits	<b>29</b> 9:45 Fun with OBIE! 1:00 What's in the Box 2:45 Dice Bowling 	<b>30</b> 9:45 Exercise 1:00 Montessori Activities 2:45 Garden Harvest 5:30 Chats in the Courtyard 	<b>31</b> 9:45 Wheel of Fortune 1:00 Outdoor Strolls 2:45 Resident's Council Meeting 	<h1>August 2022</h1> <p>Third Floor Recreation Calendar</p>		

All Programs are Subject to Change.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1</b> 9:30 Monthly Gazette 2:30 Monday Movie  <b>Civic Holiday!</b>	<b>2</b> 9:30 Group Exercise 10:00 Expressive Canvas Painting (SP) <b>1:30 Ice Cream Sandwiches in the Courtyard!</b> 2:30 Fit Minds	<b>3</b> 1:30 Fun with OBIE 2:30 Drawing Emotions (SP) 3:00 August Trivia 5:30 Board Games	<b>4</b> <b>9:30 Chapel Service with Don</b> 10:00 Balloon Tennis 2:00 Make a Wish Dot Art (SP) 3:00 Fit Minds	<b>5</b> 9:30 Group Exercise 10:00 Meaningful Mandela Art (SP) 1:30 Outdoor Strolls 2:45 BINGO 	<b>6</b> Friendly Visits 
<b>7</b> 9:00 Church Service on the Television 	<b>8</b> 9:30 Group Exercise 10:00 Expressive Painting (SP) 1:30 Colorful Mix n' Match 2:30 Men's Coffee Social	<b>9</b> 9:30 In My Control Craft (SP) 10:30 Bean Bag Toss 1:30 Finish the line 2:30 Fit Minds	<b>10</b> <b>Happy Birthday Michael!</b> 1:30 Good Traits Craft (SP) 2:30 Jeopardy 3:00 Wind Chime Craft 5:30 Garden Care	<b>11</b> <b>9:30 Chapel Service with Don</b> 10:00 Box of Values Craft (SP)  <b>2:30 Peaches n' Cream Social!</b>	<b>12</b> 9:30 Wheel of Fortune 10:00 Fun With OBIE 1:30 One to One Visits 2:45 BINGO 	<b>13</b> Friendly Visits 
<b>14</b> 9:00 Church Service on the Television 	<b>15</b> 9:30 Balloon Tennis 10:30 Alphabet Game 2:30 National Relaxation Day Mindfulness	<b>16</b> 9:30 Group Exercise 10:00 Name 10 2:30 Fit Minds 5:30 Art Pages with Sophie	<b>17</b> 1:30 Fun with OBIE 2:30 High Tea Party 5:30 Garden Care 6:00 Outdoor Games	<b>18</b> <b>9:30 Chapel Service with Don</b> 1:00 Documentary 2:30 Fit Minds	<b>19</b> 9:30 Activity Pages 2:45 BINGO 	<b>20</b> Friendly Visits 
<b>21</b> 9:00 Church Service on the Television 	<b>22</b> 9:30 Colouring Pages 2:30 Monday Movie 	<b>23</b> 9:30 Chair Yoga 10:00 Canada Games – Niagara Region 1:30 Fun with OBIE <b>3:00 Marble Slab Ice Cream Truck!</b>	<b>24</b> 1:30 One to One Visits 2:30 Travelogue 5:30 Garden Care 6:00 Outdoor Poems and Readings	<b>25</b> <b>9:30 Chapel Service with Don</b> 1:30 Outdoor Strolls 2:30 Fit Minds	<b>26</b> 9:30 Group Exercise 10:00 Yes, I Have Game 1:30 Reading Circle 2:45 BINGO 	<b>27</b> Afternoon Music and Games in the Courtyard! 
<b>28</b> 9:00 Church Service on the Television 	<b>29</b> 9:30 Group Exercise 10:00 Outdoor Games 1:30 One to One Visits 2:30 Catching Fireflies Card Game	<b>30</b> <b>Happy Birthday Clinton!</b> 9:30 Group Exercise 10:00 Fit Minds 1:30 Fun with OBIE <b>2:30 Garden Harvest</b>	<b>31</b> 1:30 Outdoor Strolls <b>2:30 Birthday Party</b> 5:30 Spa Night 6:00 Mindful Practice 	<div> <div>(SP) – Sri's Project Group</div> <div>August 2022</div> <div>FOURTH FLOOR RECREATION CALENDAR</div> </div>		

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2 10:30 Fit Minds Olive Branch Café  1:30 Falls Prevention Class in Chapel	3 11:15 Chapel Service in Chapel  2:00 Wheel of Fortune at Olive Branch Café	4 10:30 Group Exercise Olive Branch Café  1:30 Falls Prevention Class in Chapel	5 11:00 BINGO Olive Branch Café  	6
7 9:30 Church Service in Chapel  	8	9 10:30 Fit Minds Olive Branch Café  1:30 Falls Prevention Class in Chapel	10 11:15 Chapel Service in Chapel  2:00 Jeopardy at Olive Branch Café	11 10:30 Group Exercise Olive Branch Café  1:30 Falls Prevention Class in Chapel	12 11:00 BINGO Olive Branch Café  	13
14 9:30 Church Service in Chapel  	15	16 10:30 Fit Minds Olive Branch Café  1:30 Falls Prevention Class in Chapel	17 11:15 Chapel Service in Chapel  2:00 Price is Right at Olive Branch Café	18 10:30 Group Exercise Olive Branch Café  1:30 Falls Prevention Class in Chapel	19 11:00 BINGO Olive Branch Café  	20
21 9:30 Church Service in Chapel  	22	23 10:30 Fit Minds Olive Branch Café  1:30 Falls Prevention Class in Chapel	24 11:15 Chapel Service in Chapel  2:00 Name That Tune at Olive Branch Café	25  1:30 Falls Prevention Class in Chapel	26 11:00 BINGO Olive Branch Café  	27
28 9:30 Church Service in Chapel  	29	30 10:30 Fit Minds Olive Branch Café  1:30 Falls Prevention Class in Chapel	31 11:15 Chapel Service in Chapel  2:00 Finish the Line at Olive Branch Café	<div> <div>August 2022</div> <div>Wellness Suites Recreation Calendar</div> </div>		

All Programs Subject to Change.