# Radiant Care Tabor Manor

# Tabor Times July 2022

#### WE REMEMBER...

Isabella Downer



## CELEBRATING THE BIRTHDAYS OF...

Christine Taylor
Mini Terhorst
Helen Yeo
Kathleen Gingras
Helen Koop
Annie Page
Nelly Vanderwerf
Elfrieda Budarick
John Barrett



#### **Thank You Mildred!**

For the past eight years, Mildred Vaughn has been knitting and donating twiddle muffs to the residents in Long Term Care. Twiddle muffs provide engaging and entertaining way to occupy the hands with different textures, and attention-getting gadgets. They also keep the hands warm and they have a calming effect. Each one is unique and can be designed to match the needs of an individual. When Mildred heard there was a need for these knitted muffs with items attached to keep dementia patients' hands active and busy, she set out to fill that need. Currently, at the age of 97, she is continuing to make twiddle muffs, and recently finished a batch for the residents here at Tabor Manor. She thanks her daughter who collects the yarn and to her fellow Pleasant Manor tenant Suzy Janzen for all the

help!



#### SUMMER FUN...

This past month we have been focusing on being outdoors and enjoying the fresh air, sunlight and the company of others. Our new kerplunk game and beach day were a big hit with the residents!!



### Family Council Members Wanted!!

Currently Tabor does not have a family council and is looking for family members, relatives, or friends of residents to start a council and be apart of the Family Council Team!

How do I start a Family Council?

If you are interested in starting the committee, please contact Norma Restivo, Therapeutic Recreation Supervisor for more details.

How Can I make a Difference?

- Family Council provides an opportunity for families to participate in enhancing the daily life of our residents. Council is a great way to inform and educate families.
- Council members would host regular meetings to maintain interest in and momentum of the group.

#### What does a Family Council Do?

Family Council work with the Home to improve the quality of Life of our residents. It allows families ongoing mutual support and encouragement. Sharing thoughts, feelings and experiences provides a forum for learning and an opportunity to become more knowledgeable about the Home's operations, policies and rules. This can be very helpful to new families and residents.

#### **Viewer Discretion Is Advised!**

"Turn my eyes away from worthless things; preserve my life according to your word." Psalm 119:37

There's a lot to see and hear in the world around us isn't there. Many things are worthy of our time and attention. We should be aware of the issues and needs of our day.

Yet, even though much of what's happening seems to be out of our control, we can control what we allow ourselves to see and hear on TV, the radio, and on line; things that are really not worth our time and attention! They are a distraction! And worse, they can also be a detriment to us, and deaden our emotional and spiritual well-being!

I recently started to watch a movie that was full of violence, murders, theft, bribery, greed, hatred, profanity and obscenity. The 'good guy' just happened to be better at the violence than the rest! The disclaimer at the beginning of the movie was right...'Viewer Discretion is Advised!' I turned it off!

Could I really, as a Christian, justify such a waste of time in the name of 'entertainment'? Ask yourself, 'Is there anything that I watch or read that misrepresents or ridicules the Lord...trivializes righteousness or sin...makes fun of The Church or God's People...encourages the wrong and not the right...and serves to undermine God's Truth in my mind, heart, attitudes or actions'?

If so, it can deaden my spirit or make my soul 'chilly' toward The Lord and His righteousness! The 'Blessed' person does not allow the ungodly world around them to influence the way they think, feel or behave. Their 'delight' is in God's Word. They take the time to meditate on it, and let it shape their lives! (Psalm 1)

So today, make Psalm 119 your prayer, say, Lord, "Turn my eyes away from worthless things and give me life."

Make Psalm 101:3,4 your Covenant with the Lord today & every day!

I will not set before my eyes anything that is worthless.

I hate the work of those who fall away; it shall not cling to me.

A perverse heart shall be far from me; I will know nothing of evil.

May God bless your efforts to avoid anything and everything that diminishes the work of Christ in your life, and your pursuit of His righteousness!

In Christ, Pastor Jim