

# Pleasant Manor Post

Heritage Place



## Celebrating April

### Jazz Appreciation Month

### Poetry Month

### Kite Month

### April Fools' Day

*April 1*

### International Pillow

### Fight Day

*April 2*

### Scrabble Day

*April 13*

### Passover

*April 15–23*

### Easter

*April 17*

### Fiddlers' Frolic

*April 21–24*

### Earth Day

*April 22*

### Dance Week

*April 22–30*

### Arbor Day

*April 29*

## Calendar Changes and Updates

Here we are in April already! Some residents were able to get out in the courtyard for a few days last month to enjoy some warmer weather and hope to get out more this month!

Bingo has moved to Tuesday afternoons, and Mike will be facilitating Bible Studies on Thursday afternoons now. There are a bunch of Easter activities planned this month from crafting, planting and Paska Baking! Sending everyone thoughts of peace, love and Easter Blessings!

## Happy April Birthday To....

- Jane Saywell- April 2<sup>nd</sup>

## We Remember....

- Genevieve Desrosiers

## We Welcome....

- Deolinda Pacheco
- Peter Gossen
- Carmen Todd

## Preachers Ponderings

In the lectionary calendar this year, April is a transition month, from Lent (a season of darkness and repentance) through the Passion Week, and the weeks of Easter (a season of light and celebration). I would love to say that this event will be mirrored in our reality, that everything will be filled with warmth and peace. But that is not the case and in fact, we'll still experience challenges this month! Yet, we do so with a renewed understanding, that God is good and just and is making all things new, including us. Even in the midst of our ailments, our grief, our frustration, or our confusion, Easter is the reminder of the good news that God is still God in us and will not end his work until the day of its completion. So lift up your heart! ~ Michael Dyck

## Activity Highlight- Crazy Quilt!

Crazy quilt has been a favourite game of the staff and residents for a number of years now! The activity involves a large colorful quilt placed in the middle of the floor with residents sitting around it. Each resident gets a turn to throw a ball onto the quilt, and depending on what color the ball lands on a corresponding question is asked. Questions that are related to reminiscing, trivia, would you rather and finish the song are asked. The goal of the program is to stimulate physical and cognitive abilities as well as promote social interaction.



## Meet Peter Gossen

Born: Blumstein, Ukraine and moved to Canada in 1923.

Occupation: Farmer and Truck Driver

Favourite Food: Verenika, Borsch, Cabbage Rolls

Hobbies: Bowling, traveling, camping

Fun Facts: Peter is the brother of resident Laura Gossen!



## Meet Deolinda Pacheco

Born: in Portugal and moved to Canada when she was 20 years old.

Occupation: Worked in a shoe factory

Favourite Food: Quesito- A puff pastry made with cream cheese, vanilla, eggs and sugar!





# March Photos



Chapel Service



Happy Birthday Willy!



Knitting!



Getting outside on St. Patricks Day!



Pancake Tuesday!



Seed Planting



Happy St. Patricks Day!

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Tuck Shop Update

The tuck shop will now be open Tuesday and Thursdays from 11:15 starting the first week of April.

Exercise Classes and Activity Programs

The physio department is running 12 exercise classes a week. Classes are focused on prevention, strength, and balance. Please see the boards for exercise classes and local events. Everyone is welcome to attend these exercise classes.

You will also see more activity programs on the calendar. Mendel will be live in the chapel on April 30!

# Pleasant Manor Postcard

April 2022

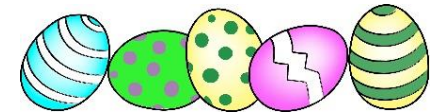
How did you celebrate Easter?

Every year we went to church on Good Friday and also love Paska! Our family recipe was passed down from generation to generation.  
Gerald Ens

Our whole family would get together every year and have a huge meal. I remember my mother making most of those meals!  
Kathleen McLean

I used to hide little chocolates around for the children that were from the Easter bunny. I remember finding some of the eggs a year later.  
MarionSmith

We would boil eggs as a family and my father (who was a painter) would decorate them in beautiful rainbow colors. These eggs would then be hidden outside on Easter, and we would have to find them.  
Hope Kidelski



Happy April Birthday to...

Charlotte Klassen 2<sup>nd</sup>  
Irene Penner 5<sup>th</sup>  
Bernice Ciupa 7<sup>th</sup>  
Walter Isaac 8<sup>th</sup>  
Peter Van Capelle 10<sup>th</sup>  
Janina Wosinski 14<sup>th</sup>  
John Willms 15<sup>th</sup>  
Helen Neufeld 16<sup>th</sup>  
Maggie Ryan 19<sup>th</sup>

Katarina Gottler 22<sup>nd</sup>  
Anneliese Pankratz 22<sup>nd</sup>  
Elmer Neufeld 23<sup>rd</sup>  
Katharina Klassen 23<sup>rd</sup>  
Alfred Warkentin 24<sup>th</sup>  
Cornie Neufeld 26<sup>th</sup>

Paska and Easter

Paska is an Easter bread tradition and particularly spread in countries with predominantly Eastern Orthodox religious or cultural connections to the ancient Byzantine Empire. Paska is made with milk, butter, eggs, flour, and sugar. Some recipes also call for lemon and orange in the mixture. Some people like icing on top of their bread with colored sprinkles. How do you like yours?

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