

February 2022

# Pleasant Manor Post

Heritage Place Newsletter



## Celebrating February

**Worldwide Renaissance of the Heart Month**

**Women Inventors Month**

**Black History Month**

**Chinese New Year:  
Year of the Tiger**  
*February 1*

**Groundhog Day**  
*February 2*

**Winter Olympics Begin**  
*February 4*

**Read in the Bathtub Day**  
*February 9*

**Valentine's Day**  
*February 14*

**World Day for Social Justice**  
*February 20*

**Presidents' Day (U.S.)**  
*February 21*

**Digital Learning Day**  
*February 22*

**Tooth Fairy Day**  
*February 28*

## Happy February Birthday To....

- Helen Peters~ February 20<sup>th</sup>
- Neley Napper~ February 20<sup>th</sup>
- Marjorie Reynolds~ February 22<sup>nd</sup>

## We Remember....

- Siegfried Wiens
- Katharine "Kay" Penner
- Ann Halliday

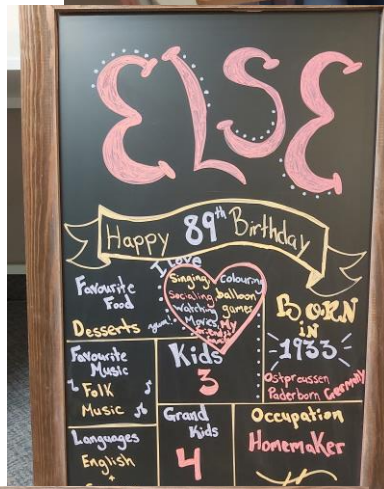
## Preachers Pondering's by Michael Dyck

When someone says, "have some patience" often, it does nothing to bring patience about. If anything, it increases our frustration and/or anger. Self-examination may reveal that what is actually at the root of our anger is fear that there is not enough of whatever it is we need in that moment: time, money, energy, or control. I wonder if what we really lack is trust - in ourselves or, more significantly, in God. Consider this: how might experiencing peace (something we all want) come from practicing patience? It seems to me that the two are so intertwined. Without patience I may never experience peace. And if peace is a God thing, perhaps patiently trusting in him to provide what we need may actually lead to it. If you need some help with that or want to talk more, give me a call.

# January Activities

While residents have been isolated to their rooms, TR staff have been providing daily activities such as room to room exercises, puzzles, virtual visits, virtual one to one music therapy, hallway wheel of fortune, bingo, books and magazine delivery, mental stimulation puzzles, birthday celebrations and more! All activities and iPads are disinfected after each use. Special shout out to Jayden in housekeeping who helps with activities before and after her shift!!

Happy 100th Birthday!





## Happy February Birthday to...

- Eric Jones~ 1<sup>st</sup>
- Cornelius Vander Hoeven~ 2<sup>nd</sup>
- Jacob Penner~ 6<sup>th</sup>
- Abram Wiens~ 6<sup>th</sup>
- Lena Van Bergen~ 9<sup>th</sup>
- Hannelore Enss- 9<sup>th</sup>
- Erika Friesen~ 9<sup>th</sup>
- Richard Braun~ 11<sup>th</sup>
- Helene Fritz~ 17<sup>th</sup>
- Olga Neufeld~ 18<sup>th</sup>
- Margaret Van Egmond~ 20<sup>th</sup>
- Jasmine Hivale-Quibell~ 22<sup>nd</sup>
- John Guenther~ 28<sup>th</sup>



### Zoom Activities

If you would like to be added to the Zoom mailing list for links to activities such as exercise and special music, please email Chelsea at [chelseab@radiantcare.net](mailto:chelseab@radiantcare.net)



### Social Media



Did you know that you can follow Radiant Care on Facebook and Instagram?

Radiant Care also has a web page at [radiantcare.net](http://radiantcare.net) where you can find up to date information such as visitation plans, updates, and announcements!

### February Activities



We will continue to provide take and go activities by mailbox areas of Creekview, Brookview and Oakview this month. We have noticed these activities go fast, so we will try to provide even more options and activities! Activity pages will also be added to everyone's mailboxes a little later in the month- look for an activity that you can complete and win a February prize pack! We have exercise classes and a performance by Mendelt on Zoom this month, so make sure you are added to the email mailing list!



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Preachers Pondering's

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### The Olympics are Back!

A mere six months after the close of Tokyo's Summer Olympics, the Opening Ceremonies of the Winter Olympics are set to start on February 4 in Beijing China. Tokyo's games have been hailed a success despite their being held during the COVID pandemic. The amazing athletic feats of the competitors remained the focus, not the mostly empty stadiums or COVID-related protocols. Beijing will allow Chinese fans into stadiums and has asked all organizers and participants to abide by a "closed bubble" system. China certainly appears ready to take the torch from Tokyo. Beijing will host popular events like figure skating, speed skating, hockey, and curling. Many of the venues built for Beijing's 2008 Summer Olympic Games have been repurposed for the Winter Games. For example, the National Aquatics Center, popularly known as the "Water Cube," was transformed into the "Ice Cube." The Olympic pool that saw Michael Phelps win eight gold medals is now the curling rink. China has also built a new high-speed rail line to the area along with the world's first flexible DC power grid. The cutting-edge grid utilizes local wind and solar energy. But the most electric energy will be in the arenas. Host nation China has high hope to top the medal count, but Norway is expected to win a record 44 medals, but lets cheer on those Canadian Athletes!!