

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# January 2022



**Happy Birthday Kae!** 2

Church Service on the Television



3

Morning: Exercise & Monthly Gazette



Afternoon: Friendly Visits

4

9:00 Devotions with Don

Afternoon: Fit Minds



5

Morning: Bingo in the Dining Room



6

Morning: Exercise & Name 10

Afternoon: Movie Matinee



7

Morning: Exercise & Finish the Line

Afternoon: Montessori Activities

8

Friendly Visits



9

Church Service on the Television



10

Morning: Balloon Tennis

Afternoon: Card Games



11

9:00 Devotions with Don


**Celebrate Poetry Day!**

Afternoon: Fit Minds



12

Celebrate Tim Horton's Birthday!



13

**Christmas Clean Up Day!**

join us in cleaning up our Christmas decorations!



14

Morning: BINGO in the Dining Room:



15

National Tulip Day in Holland

Morning: Tulip Craft



16


Church Service on the Television



17

Morning: Friendly Visits

Afternoon: Manicures



Martin Luther King Jr. Day

18

9:00 Devotions with Don

Afternoon: Fit Minds



19

Morning: Bingo in the Dining Room



20

Morning: Exercise & Alphabet Game

Afternoon: Friendly Visits

21

Morning: Exercise

Afternoon: Craft Corner



22

Friendly Visits



23

Church Service on the Television




Activity Professionals Week

24

Morning: Exercise & Trivia

Afternoon: Montessori Activities




25

**Happy Birthday Hilda!**

9:00 Devotions with Don

Afternoon: Birthday Party Celebration!



26


Morning: BINGO in the Dining Room:



Australia Day (observed)

27

Morning: Exercise & Wheel of Fortune



28

**Happy Birthday Catharine!**

Friendly Visits



29

One to One Visits



30

Church Service on the Television



31

Morning: Exercise & Finish the Line

Afternoon: One to One Visits

**FIRST FLOOR RECREATION CALENDAR**

*The New Year stands before us like a chapter in a book, waiting to be written. Melody Beattie*