

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><i>Start Each Day with a Grateful Heart</i></p> 		<p>1</p> <p>9:00 Devotions with Don</p> <p>Morning: Planting in the Courtyard</p> <p>Afternoon Activity Sheets</p>	<p>2</p>  <p>Morning Exercise</p> <p>Afternoon Fit Minds</p>	<p>3</p> <p>Morning Exercise</p> <p>Afternoon Manicures</p>	<p>4</p> <p>Morning Bingo in the Dining Room</p> <p>Afternoon Board Games</p> 	<p>5</p> <p>Morning Friendly Visits</p>
<p>6</p> <p>Church Service on the Television</p> 	<p>7</p> <p>Morning Balloon Tennis</p> <p>Afternoon Jeopardy</p>	<p>8</p> <p>HAPPY 86TH BIRTHDAY PEGGY BUZDYGAN!</p> <p>9:00 Devotions with Don</p> <p>Morning Exercise</p> <p>Afternoon Activity Sheets</p>	<p>9</p> <p>Morning Courtyard Visits</p> <p>Afternoon Fit Minds</p>	<p>10</p> <p>Morning Exercise</p> <p>Afternoon Poems & Readings</p> 	<p>11</p> <p>Morning Bingo in the Dining Room</p> <p>Afternoon Board Games</p> 	<p>12</p> <p>Morning Friendly Visits</p>
<p>13</p> <p>Church Service on the Television</p> 	<p>14</p> <p>Morning Creative Arts</p> <p>Afternoon Wheel of Fortune</p> <p><small>Flag Day (US)</small></p>	<p>15</p> <p>9:00 Devotions with Don</p> <p>Morning Exercise</p> <p>Afternoon Travelling Strawberry Cart</p>	<p>16</p>  <p>Morning Courtyard Visits</p> <p>Afternoon Fit Minds</p>	<p>17</p> <p>Morning Father's Day Travelling Cart</p> <p>Afternoon Art Pages</p>	<p>18</p> <p>Morning Bingo in the Dining Room</p> <p>Afternoon Board Games</p> 	<p>19</p> <p>Morning Friendly Visits</p> <p><small>Juneteenth</small></p>
<p>20</p> <p>Church Service on the Television</p> <p>HAPPY Father's DAY</p>	<p>21</p> <p>Morning Balloon Tennis</p> <p>Afternoon Birthday Party</p> 	<p>22</p> <p>9:00 Devotions with Don</p> <p>Morning Exercise</p> <p>Afternoon Activity Sheets</p>	<p>23</p> <p>Morning Courtyard Visits</p> <p>Afternoon Fit Minds</p>	<p>24</p> <p>Morning Exercise</p> <p>Afternoon Manicures</p> 	<p>25</p> <p>Morning Bingo in the Dining Room</p> <p>Afternoon Board Games</p> 	<p>26</p> <p>HAPPY 96TH BIRTHDAY MARGARET BERG!</p> <p>HAPPY 93RD BIRTHDAY AAFJE WASSENAAR!</p> <p>Morning Friendly Visits</p>
<p>27</p> <p>Church Service on the Television</p> 	<p>28</p> <p>Morning Creative Arts</p> <p>Afternoon Name 10</p>	<p>29</p> <p>HAPPY 101ST BIRTHDAY ANNIE HABIC!</p> <p>9:00 Devotions with Don</p> <p>Morning Exercise</p> <p>Afternoon Activity Sheets</p>	<p>30</p>  <p>Morning Courtyard Visits</p> <p>Afternoon Fit Minds</p>	<p>June 2021</p> <p>1ST FLOOR RECREATION CALENDAR</p>		

All programs are subject to change.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><i>Start Each Day with a Grateful Heart</i></p> 		<p>1 9:30 Devotions with Don</p> <p>Planting Flowers in the Courtyard!</p> 	<p>2 Morning: Wheel of Fortune</p> <p>Afternoon: Manicures & 1:1 Virtual Reality</p> 	<p>3 Morning: Exercise & Trivia</p> <p>Afternoon: Fit Minds</p> 	<p>4 Morning: Courtyard Visits</p> <p>Afternoon: Bingo in the Dining Room</p> 	<p>5 Afternoon: Friendly Visits</p> 
<p>6 Church Service on the Television</p> 	<p>7 Happy 90th Birthday Tina!</p> <p>Morning: Jeopardy</p> <p>Afternoon: Creative Arts</p> 	<p>8 9:30 Devotions with Don</p> <p>Morning: Exercise</p> <p>Afternoon: Fit Minds</p>	<p>9 Morning: Wheel of Fortune</p> <p>Afternoon: Montessori Activities with Angel</p> 	<p>10 Morning: Exercise & Name</p> <p>Afternoon: Fit Minds</p> 	<p>11 Morning: Courtyard Visits</p> <p>Afternoon: Bingo in the Dining Room</p> 	<p>12 Afternoon: Outdoor Strolls</p> 
<p>13 Church Service on the Television</p> 	<p>14 Happy 88th Birthday Fred!</p> <p>Morning: Balloon Tennis</p> <p>Afternoon: Card Game with Angel</p> <p>Flag Day (US)</p>	<p>15 9:30 Devotions with Don</p> <p>Morning: Exercise</p> <p>Afternoon: Travelling Cart: Strawberries!</p> 	<p>16 Morning: Manicures</p> <p>Afternoon: Fit Minds</p> 	<p>17 Morning: Father's Day Social</p> <p>Afternoon: Fit Minds</p>	<p>18 Morning: Courtyard Visits</p> <p>Afternoon: Bingo in the Dining Room</p> 	<p>19 Afternoon: Friendly Visits</p>  <p>Juneteenth</p>
<p>20 Church Service on the Television</p> <p>HAPPY Father's DAY</p> <p>Summer Begins Father's Day</p>	<p>21 Morning: Wheel of Fortune</p> <p>Afternoon: Creative Arts</p> 	<p>22 9:30 Devotions with Don</p> <p>Morning: Exercise</p> <p>Afternoon: Fit Minds</p>	<p>23 Morning: Montessori Activities with Angel</p> <p>Afternoon: Birthday Party</p> 	<p>24 Morning: Exercise & How Many Words</p> <p>Afternoon: Fit Minds</p> 	<p>25 Morning: Courtyard Visits</p> <p>Afternoon: Bingo in the Dining Room</p> 	<p>26 Afternoon: Outdoor Strolls</p> 
<p>27 Church Service on the Television</p> 	<p>28 Morning: Balloon Tennis</p> <p>Afternoon: Alphabet Game</p> 	<p>29 9:30 Devotions with Don</p> <p>Morning: Exercise</p> <p>Afternoon: Fit Minds</p> 	<p>30 Happy 91st Birthday Art!</p> <p>Happy 89th Birthday Margaret!</p> <p>Morning: Manicures</p> <p>Afternoon: Craft Corner</p>	<p>June 2021</p> <p>Second Floor Recreation Calendar</p>		

Programs are subject to change.

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

*Start Each Day with
a Grateful Heart*



1
Planting Flowers in the
Courtyard!



2
Morning: Exercise and
Trivia

Afternoon: Alphabet
Game

3
**9am Devotions with
Don**

Morning: Exercise

Afternoon: Montessori
Activity

4
Morning: Bingo in the
Dining Room

Afternoon: Fit Minds

BINGO

5

Morning:
Friendly
Visits




6
Church Service on the
Television



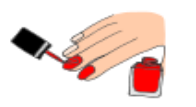
7
Morning: Exercise &
Name 10

Afternoon: Fit Minds




8
Morning: Exercise &
Trivia

Afternoon: Manicures



9
Morning: Fit Minds

Afternoon: Balloon
Tennis



10
**9am Devotions with
Don**

Morning: Exercise

Afternoon: Montessori
Activity

11
Morning: Bingo in the
Dining Room

Afternoon: Name That
Tune

BINGO

12

Morning: Outdoor Strolls




13
Church Service on the
Television



14
Morning: Exercise

Afternoon: Wheel of
Fortune




15
Morning: Fit Minds

**Afternoon: Travelling
Cart: Strawberries**



16
Morning: Exercise

Afternoon: Art Pages



17
**9am Devotions with
Don**

Morning: Exercise

**Afternoon: Father's Day
Travelling Cart**

18
Morning: Bingo in the
Dining Room

Afternoon: Fit Minds

BINGO

19

Morning: Friendly Visits




20
Church Service on the
Television



Summer Begins
Father's Day

21
Morning: Balloon Tennis

Afternoon: Jeopardy




22
Morning: Fit Minds

**Afternoon:
Birthday Party**



23
Morning: Exercise &
Poems and Readings

Afternoon: Manicures



24
**9am Devotions with
Don**

Morning: Exercise

Afternoon: Alphabet
Game

25
Morning: Bingo in the
Dining Room

Afternoon: Fit Minds

BINGO


26

Morning: Outdoor Strolls




**Happy 95th Birthday
Kathleen W!**

Church Service on the
Television



28
Morning: Exercise

Afternoon: Fit Minds




29
Morning: Outdoor Strolls

Afternoon: Montessori
Activity



30
Morning: Exercise

Afternoon: Wheel of
Fortune






June 2021
Third Floor Recreation Calendar

All Programs are Subject to Change.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><i>Start Each Day with a Grateful Heart</i></p> 		<p>1</p> <p>Planting in the Courtyard!</p> 	<p>2</p> <p>Morning: Balloon Tennis and Name that Tune</p> <p>Afternoon: Fit Minds</p> 	<p>3</p> <p>9:30 Devotions with Don</p> <p>Morning: Exercise</p> <p>Afternoon: Fit Minds</p>	<p>4</p> <p>Morning: Exercise & Wheel of Fortune</p> <p>Afternoon: Bingo in the Dining Room</p> 	<p>5</p> <p>Friendly Visits</p>
<p>6</p> <p>Church Service on the Television</p> 	<p>7</p> <p>Morning: Exercise & Virtual Reality Visits</p> <p>Afternoon: Jeopardy</p> 	<p>8</p> <p>Morning: Manicures</p> <p>Afternoon: Fit Minds</p> 	<p>9</p> <p>Morning: Exercise & Trivia</p> <p>Afternoon: How Many Words</p>	<p>10</p> <p>9:30 Devotions with Don</p> <p>Morning: Exercise</p> <p>Afternoon: Fit Minds</p>	<p>11</p> <p>Morning: Exercise & Readings & Poems</p> <p>Afternoon: Bingo in the Dining Room</p> 	<p>12</p> <p>Courtyard Visits</p>
<p>13</p> <p>Church Service on the Television</p> 	<p>14</p> <p>Morning: Exercise and Fit Minds</p> <p>Afternoon: Last Letter Game</p> <p><small>Flag Day (US)</small></p>	<p>15</p> <p>Morning: Exercise</p> <p>Afternoon: Travelling Cart - Strawberries</p> 	<p>16</p> <p>Morning: Balloon Tennis</p> <p>Afternoon: Fit Minds</p> 	<p>17</p> <p>9:30 Devotions with Don</p> <p>Morning: Montessori Activities</p> <p>Afternoon: Father's Day Program</p>	<p>18</p> <p>Happy 88th Birthday Bruce!</p> <p>Morning: Exercise</p> <p>Afternoon: Bingo in the Dining Room</p> <p><small>Juneteenth</small></p>	<p>19</p> <p>Friendly Visits</p>
<p>20</p> <p>Church Service on the Television</p> <p>HAPPY Father's DAY</p> <p><small>Summer Begins Father's Day</small></p>	<p>21</p> <p>Morning: Exercise and Fit Minds</p> <p>Afternoon: Alphabet Game</p>	<p>22</p> <p>Morning: Virtual Reality & Manicures</p> <p>Afternoon: Wheel of Fortune</p> 	<p>23</p> <p>Morning: Exercise & Name 10</p> <p>Afternoon: Fit Minds</p>	<p>24</p> <p>9:30 Devotions with Don</p> <p>Morning: Exercise</p> <p>Afternoon: Birthday Party</p>	<p>25</p> <p>Happy 76th Birthday Bill M!</p> <p>Morning: Art Pages</p> <p>Afternoon: Bingo in the Dining Room</p>	<p>26</p> <p>Courtyard Visits</p>
<p>27</p> <p>Church Service on the Television</p> 	<p>28</p> <p>Morning: Exercise & Fit Minds</p> <p>Afternoon: Card Games</p>	<p>29</p> <p>Morning: Exercise & Trivia</p> <p>Afternoon: Fit Minds</p> 	<p>30</p> <p>Morning: Balloon Tennis</p> <p>Afternoon: Name that Tune</p>	<p>June 2021</p> <p>Fourth Floor Recreation Calendar</p>		

Programs are subject to change.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>If Niagara comes out of lockdown, Bingo will be in the Dining Room on Tuesday's at 11:15 instead of Room Bingo</p>		<p>1 Recreation Visits with Breanne Room Bingo</p>	<p>2  2</p>	<p>3 Recreation Visits with Breanne June Activity Book Handout</p>	<p>4 Focus on what you CAN do rather than what you CAN'T do</p>	<p>5 Why did the coach go to the bank? To get his quarterback</p>
<p>6 "Praise be to the LORD for He has heard my cry for mercy. The LORD is my strength and my shield; my heart trusts in him, and he helps me. My heart leaps for joy, and with my song I praise him." Psalm 28:6-7</p>	<p>7 Make a list of what matters most to you and why</p>	<p>8 Recreation Visits with Breanne Room Bingo</p>	<p>9  Happy Birthday Cathy!</p>	<p>10 Recreation Visits with Breanne</p>	<p>11 Let someone know how much they mean to you and why</p>	<p>12 Why do melons have weddings? Because they cantaloupe!</p>
<p>13 Have I not commanded you? Be strong and of good courage; do not be afraid, nor be dismayed, for the Lord your God is with you wherever you go." Joshua 1:9</p>	<p>14 Reflect on what makes you feel valued and purposeful <small>Flag Day (US)</small></p>	<p>15 Recreation Visits with Breanne Room Bingo</p>	<p>16 Be grateful for the little things, even in difficult times</p>	<p>17 Recreation Visits with Breanne Travelling Ice Cream Cart</p>	<p>18 </p>	<p>19 What time did the man go to the dentist? Tooth hurt-y <small>Juneteenth</small></p>
<p>20 "Your Father knows what you need before you ask him." Matthew 6:8 </p>	<p>21  Happy Birthday John!</p>	<p>22 Recreation Visits with Breanne Room Bingo</p>	<p>23 Recall three things you have done that you are proud of</p>	<p>24 Recreation Visits with Breanne</p>	<p>25 Focus on how your actions make a difference for others</p>	<p>26 How do you make a kleenex dance? Put a little boogie in it!</p>
<p>27 "And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus." Philippians 4:7</p>	<p>28 Look for people doing good and reasons to be cheerful</p>	<p>29 Recreation Visits with Breanne Room Bingo Happy Birthday Ronnie!</p>	<p>30 Find three reasons to be hopeful about the future</p>	<p>June 2021 Wellness Suites</p>		

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