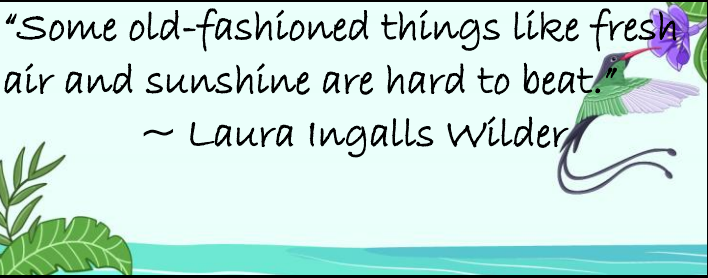




Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>"Some old-fashioned things like fresh air and sunshine are hard to beat." ~ Laura Ingalls Wilder</p>		<b>Morning Exercise 1</b>  <b>Afternoon Wellness Visits</b>	<b>Morning Move and Groove 2</b> <b>10:30 Physio Exercise</b>  <b>Afternoon Men's Club 1:30 Physio Exercise</b>	<b>Morning Exercise 3</b>  <b>Afternoon Bingo</b>	<b>Morning Read with Me 4</b> <b>10:30 Physio Exercise</b> <b>11:10 Zoom Music with Mendelt</b> <b>Afternoon Hockey Eh 1:30 Physio Exercise</b>	<b>Morning Exercise 5</b>  <b>Afternoon Trivia</b>
<b>Morning TV Church 6</b>  <b>Afternoon Carnival Photoshoot</b>	<b>Morning Ball Toss 7</b> <b>10:30 Physio Exercise</b> <b>Afternoon Duck, Duck Reminisce 1:30 Physio Exercise</b> <b>Happy Birthday Judy</b>	<b>Morning Water Gun Shoot out 8</b>  <b>Afternoon Balloon Bash</b>	<b>Morning Fish Cup Game 9</b> <b>10:30 Physio Exercise</b> <b>Afternoon Carnival Treats 1:30 Physio Exercise</b>	<b>Morning Ring Toss 10</b>  <b>Afternoon Water Balloon Toss</b>	<b>Morning Pig Bean Bag 11</b> <b>Game 10:30 Physio Exercise</b> <b>Afternoon Corn Painting 1:30 Physio Exercise</b>	<b>Morning Exercise 12</b>  <b>Afternoon Carnival Word Games</b>
CARNIVAL WEEK						
<b>Morning TV Church/ German TV Church 13</b> <b>10:00 Virtual Music Therapy</b> <b>Afternoon In the Garden</b>	<b>Morning Montessori 14</b> <b>10:30 Physio Exercise</b>  <b>Afternoon Fit Minds 1:30 Physio Exercise</b> <b>Happy Birthday Marie</b>  <small>Flag Day (US)</small>	<b>Morning Move and Groove 15</b>  <b>Afternoon Wellness Visits</b>	<b>Morning Move and Groove 16</b> <b>10:30 Physio Exercise</b>  <b>Afternoon Men's Club 1:30 Physio Exercise</b>	<b>Morning Father's Day 17</b> <b>Photoshoot</b>  <b>Afternoon Bingo</b>	<b>Morning Garden Walks 18</b> <b>10:30 Physio Exercise</b> <b>Afternoon News/Views 1:30 Physio Exercise</b> <b>Happy 102<sup>nd</sup> Birthday Leah</b>	<b>Morning Chair Yoga 19</b>  <b>Afternoon Lemonade In the Shade</b>  <small>Juneteenth</small>
<b>Morning TV Church 20</b>  <b>Afternoon Celebrating Father's Day</b>  <b>Happy Birthday Werner</b>  <small>Summer Begins Father's Day</small>	<b>Morning Balloon Tennis 21</b> <b>10:30 Physio Exercise</b> <b>Afternoon Cranium Crunches 1:30 Physio Exercise</b> <b>Happy Birthday Betty E</b>	<b>Morning Exercise 22</b>  <b>Afternoon Wellness Visits</b> <b>Happy Birthday Betty F</b>	<b>Morning Courtyard Activities 23</b> <b>10:30 Physio Exercise</b>  <b>Afternoon Fit Minds 1:30 Physio Exercise</b>	<b>Morning Exercise 24</b>  <b>Afternoon Bingo</b>  <b>Happy Birthday Genevieve</b>	<b>Morning 25</b> <b>10:30 Physio Exercise</b>  <b>Afternoon 1:30 Physio Exercise</b>	<b>Morning Exercise 26</b>  <b>Afternoon Funday Sundaes</b>
<b>Morning TV Church/ German TV Church 27</b> <b>10:00 Virtual Music Therapy</b> <b>Afternoon In the Garden</b>	<b>Morning Garden Walks 28</b> <b>10:30 Physio Exercise</b>  <b>Afternoon Lounge Games 1:30 Physio Exercise</b>	<b>Morning Exercise 29</b>  <b>Afternoon Wellness Visits</b>  <b>Happy 90<sup>th</sup> Birthday Margaret</b>	<b>Morning Puzzles and Ponderings 30</b> <b>10:30 Physio Exercise</b>  <b>Afternoon Men's Club 1:30 Physio Exercise</b>	 <p><b>June 2021</b>  <b>Radiant Care Pleasant Manor</b>  <b>Heritage Place</b></p>		

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><i>If you need any help with your computer, cell phone and or IPad please call the Therapeutic Recreation Department at:</i></p> <p><b>(905) 468 1111 extension 3237</b></p>		<p><b>Today in 1533</b> – Anne Boleyn was crowned queen of England. She was the second wife of King Henry VIII and the mother of Queen Elizabeth I.</p> <p><b>Afternoon</b> Tech Help</p>	<p><b>2:30 Zoom Exercise</b></p> <p><b>Matchless Six</b> The Matchless Six returned to ticker-tape parades in Toronto and Montreal.</p>	<p><b>11:00 Zoom Devotional</b></p> <p><b>Today in 1968</b> – The Royal Canadian Mint made news with its plans to swap silver for a nickel alloy in its coins.</p> <p><b>6:00</b> One to Ones</p>	<p><b>11:10 Zoom Music with Mendelt Word Scramble</b> G U E B L Small trumpet-like brass instrument <i>Answer: BUGLE</i></p>	<p><b>Quote of the Day</b> “Like what you do, and then you will do your best.” ~ Katherine Johnson,</p>
<p><b>Who Said So? This</b> 6 blockbuster Hollywood director said, “All good ideas start out as bad ideas; that’s why it takes so long.” <i>Answer: Steven Spielberg</i></p>	<p><b>Daily Trivia</b> 7 While many believe Hydrox cookies are an Oreo knockoff, Hydrox came first, in 1908—four years before the Oreo premiered.</p>	<p><b>Word Scramble</b> 8 H U R M I T P Great victory or achievement  <i>Answer: TRIUMPH</i> <b>Afternoon</b> One to Ones</p>	<p><b>2:30 Zoom Exercise</b> 9  <b>Punny Business</b> German sausage jokes are the wurst.</p>	<p><b>11:00 Zoom Devotional</b> 10 <b>Riddle Me This</b> All about the house, with his lady he dances. Yet he always works, and never romances. <i>Answer: A Broom</i></p>	<p><b>True or False</b> 11 June is named after the Roman goddess Juno.  <i>Answer: True</i></p>	<p><b>Finish the Song</b> from 12 the musical Carousel: “Fresh and alive and gay and young June is a love song, sweetly _____.” <i>Answer: Sung</i></p>
<p><b>Did You Know</b> 13 Maxwell studied Saturn’s rings for almost two years and in 1859 wrote a detailed essay on the subject.</p>	<p><b>Today in 1841 -</b> 14 Lord Sydenham opened the first session of the first Parliament of the Province of Canada at Kingston.  <small>Flag Day (US)</small></p>	<p><b>Finish the Song:</b> 15 Oh, what a beautiful _____  <i>Answer: Morning</i> <b>Afternoon</b> Computer Questions</p>	<p><b>2:30 Zoom Exercise</b> 16  <b>On this day in 1884</b> – The first roller coaster in the U.S. began operation at Coney Island.</p>	<p><b>11:00 Zoom Devotional</b> 17 <b>Daily Trivia</b> The houseflies hum in the key of F. <b>6:00</b> One to Ones</p>	<p><b>Today in 1908</b> –The 18 first Japanese immigrants arrived in Brazil to work on coffee plantations. Today, Brazil has the largest Japanese population.</p>	<p><b>Today in 1941</b> – 19 Cheerios whole grain oat cereal was invented to provide a more convenient and better-tasting alternative to cooked oatmeal. <small>Juneteenth</small></p>
<p><b>HAPPY FATHER'S DAY</b> 20 <small>Summer Begins Father's Day</small></p>	<p><b>True or False</b> 21 June 20, 2021, is the longest day of sunshine in the southern hemisphere.  <i>Answer: False</i></p>	<p><b>Word Scramble</b> 22 BLEBUBEME  <i>Answer: Bumblebee</i> <b>Afternoon</b> Walks and Talks</p>	<p><b>2:30 Zoom Exercise</b> 23 <b>Quote of the Day</b> “I could have made more records, but I wanted to have a marriage.” ~ June Carter Cash</p>	<p><b>11:00 Zoom Devotional</b> 24 <b>Did you Know?</b> Months that begin on Sunday will have a Friday the 13th.</p>	<p><b>Joke of the day</b> 25 A good baker will rise to the occasion.  It’s the yeast he can do.</p>	<p><b>Today in 1976</b> – The 26 CN Tower opened to the public. Located in Toronto, it is the tallest freestanding structure in North America.</p>
<p><b>June Trivia</b> 27 The flower of the month is the rose. The rose represents beauty and perfection</p>	<p><b>Trivial Matter</b> 28 What other U.S. state besides Arizona does not observe daylight saving time?</p>	<p><b>June Trivia</b> 29 The stone of the month is the pearl.  <b>Afternoon</b> Computer Questions</p>	<p><b>2:30 Zoom Exercise</b> 30  <b>Quote of the Day</b> “I want people to see the dress but focus on the woman.” ~ Vera Wang</p>	<div>  <h1>June 2021</h1> <p>Radiant Care Pleasant Manor</p> </div>		