

# Radiant Care Tabor Manor

## Tabor Times

*May 2021*

### **WE REMEMBER...**

*Mary Sharp*

*Nancy Cugino*

### **WE WELCOME...**

*Wenlin Feng*

*Maria Polychronopoulos*

*Gordon Milburn*

*Thaddeus Benke*

*Anne Durksen*

*Keith Moyer*

### **WE CELEBRATE THE BIRTHDAYS OF...**

*Ted Benke—5th*

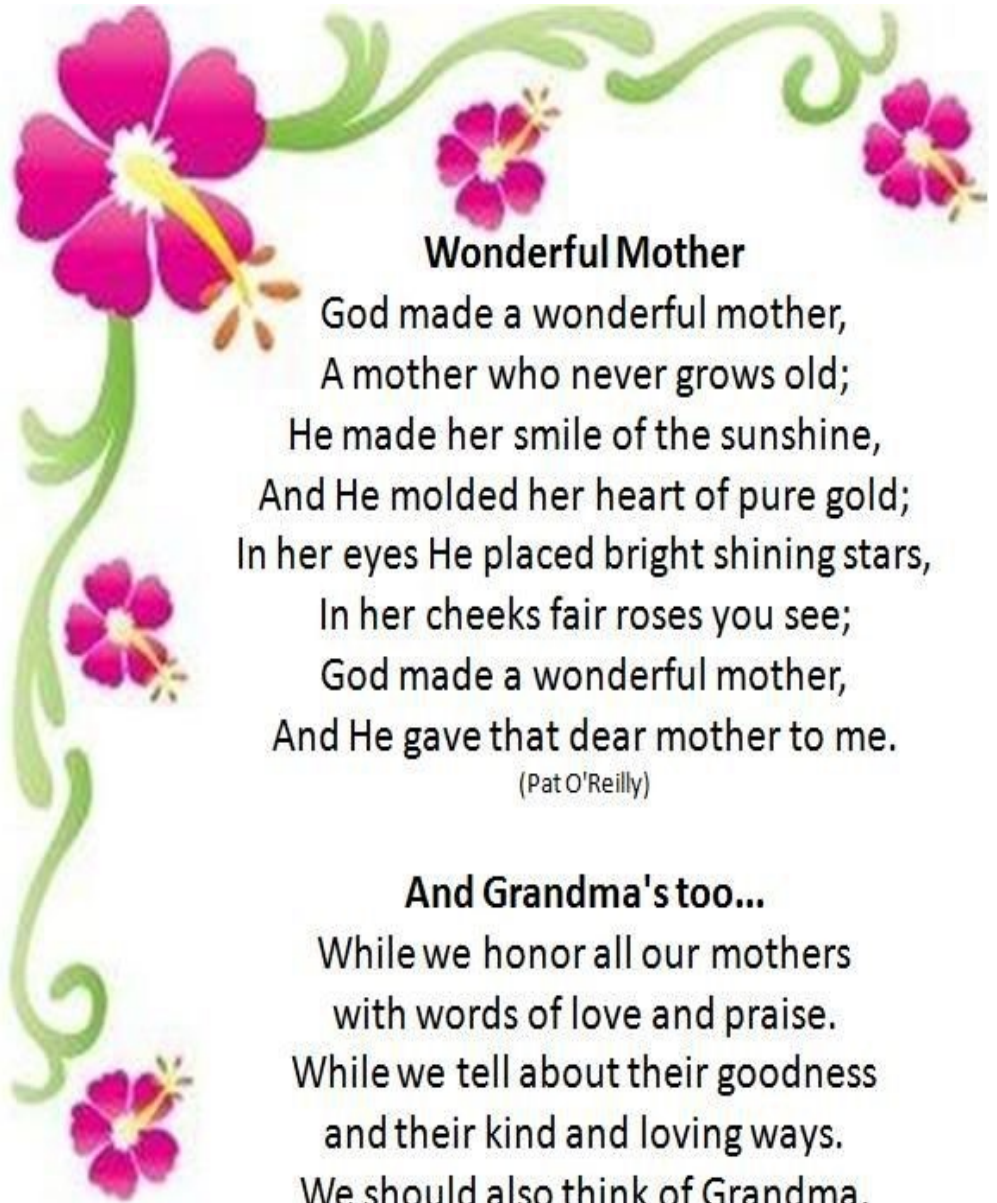
*Elinor Lord—10th*

*Marion Mooradian—16th*

*Dianne Young—16th*

*Elizabeth Alek—22nd*

*Margaret Jansen—26th*



### **Wonderful Mother**

God made a wonderful mother,  
A mother who never grows old;  
He made her smile of the sunshine,  
And He molded her heart of pure gold;  
In her eyes He placed bright shining stars,  
In her cheeks fair roses you see;  
God made a wonderful mother,  
And He gave that dear mother to me.

*(Pat O'Reilly)*

### **And Grandma's too...**

While we honor all our mothers  
with words of love and praise.  
While we tell about their goodness  
and their kind and loving ways.  
We should also think of Grandma,  
she's a mother too, you see....  
For she mothered my dear mother  
as my mother mothers me.

*Author Unknown*

## Biblically Based—Stephen Mason

### *Bless the Lord, O my soul, and forget not all his benefits. (Psalm 103:2)*

This robust Psalmist has been looking over the garden of his heart. He has doubtless found many flowers blooming there. But there is one winsome blossom called *gratitude* that he does not find growing in such abundance as he desires. And so, he sets himself to the cultivation of it. He refuses to allow his soul to become dull and listless amidst God's amazing mercies. Therefore, he rouses his drowsy soul into wakefulness by this urgent appeal, "*Bless the Lord, O my soul, and forget not all his benefits.*"

It is evident that this poet believes that it is a matter of choice whether we are thankful or thankless. He knows that just as we can, if we so desire, deliberately cultivate the noxious weeds of ingratitude and negativity, there is no flower of the soul that is too lovely or too beautiful for us to grow in that same amazing soil...no matter what our circumstances may be.

How then are we to go about cultivating this fine flower of gratitude? We can do so, says the Psalmist, by refusing to be so forgetful. "*Forget not all his benefits.*" 'Think,' he says, and then you will 'thank.' But if we are to think in order to thank, what must be the nature of our thinking? Well, the way of gratitude, says our wise poet, is not to catalogue what we have not, but what we have. We are to think on God's benefits...his gracious gifts to us. And so, the Psalmist thinks on such gracious gifts as these:

1) God's heart toward us is tender and good; for "*as a father shows compassion to his children, so the Lord shows compassion to those who fear him.*" (vs. 12) And how true it is that the tenderest love of the tenderest father is only a dim and blurred copy of the matchless love of God.

2) God's heart is a forgiving heart; for God "*...forgives all your iniquity.*" (vs. 3) In fact, if we may credit the lovely disclosure made to Jeremiah, God actually forgets that we ever sinned. "*For I will forgive their iniquity, and I will remember their sin no more.*" (Jer. 31:34) This is the only something in all the universe that God ever forgets. He forgets our sin and he invites us to do the same.

3) That God alone "*...satisfies you with good.*" (vs. 5) Yes, in a world of restlessness and weariness, of broken hearts and broken hopes, there is One who can truly satisfy.

On the west coast of England there is the grave of a man whose stone bears this simple inscription, "Here lies -----, a man who was satisfied with Jesus." If that can be truly said of us, we have sufficient to make all time and eternity one great harvest of gratitude.

~May God speak to our hearts, Stephen



## Residents' Council Meeting



**Tuesday, May 18th**  
**Time will be posted**  
**on each floor**



## MONTESSORI MOMENT

Have you read a good book lately?

Many people believe that persons with dementia lose the ability to read. The reality is, although persons with dementia may not be able to remember all the content of what they have read, they may still enjoy the act of reading. Reading is an excellent way to stimulate the brain and engage meaningfully.

Looking for a way to engage your loved one? You can easily create a photo book complete with notes of special memories, or write greeting cards with themes like "thinking of you" or "just because you are special" to set on a dresser. These little projects are excellent and personalized items that residents and staff may use to engage meaningfully. If you are not sure the size of font to use, print out a couple of examples and ask your loved one which is easiest for them to read. Reading books or poetry aloud together can stimulate some great discussions and evoke memories.

