

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|---|--|--|---|--|
| <div>   </div> <div> <h1>May 2021</h1> <h2>First Floor Recreation Calendar</h2> </div> | | | | | | |
| <div>2</div> <div>Church Service on the Television</div>  | <div>3</div> <div>Morning Wheel of Fortune</div>  | <div>4</div> <div>9:00 Devotions with Don</div> <div>Morning Exercise</div> <div>Afternoon Activity Sheets</div> | <div>5</div> <div>Liberation Day & Cinco de Mayo Day</div> <div>Afternoon Outdoor Strolls</div> <div>Cinco de Mayo</div> | <div>6</div> <div>National Nurses Day WE APPRECIATE YOU!!!</div> <div>Morning Exercise</div> <div>Afternoon Mother's Day Travelling Cart</div> | <div>7</div> <div>Spring</div>  | <div>1</div> <div>Morning Bingo in the Dining Room</div>  <div>May Day</div> |
| <div>9</div> <div>Church Service on the Television</div> <div>HAPPY Mother's DAY Mother's Day</div> | <div>10</div> <div>Afternoon Jeopardy</div>  | <div>11</div> <div>9:00 Devotions with Don</div> <div>Morning Exercise</div> <div>Afternoon Activity Sheets</div> | <div>12</div> <div>Afternoon Outdoor Strolls</div>  | <div>13</div> <div>Morning Exercise</div> <div>Afternoon Friendly Visits</div> | <div>14</div> <div>Morning Manicures</div>  | <div>8</div> <div>Morning Bingo in the Dining Room</div>  <div>Armed Forces Day</div> |
| <div>16</div> <div>Church Service on the Television</div>  <div>Shavuot Begins</div> | <div>17</div> <div>Afternoon Finish the Line</div>  | <div>18</div> <div>9:00 Devotions with Don</div> <div>Morning Exercise</div> <div>Afternoon: Resident's Council</div> <div>Afternoon Activity Sheets</div> | <div>19</div> <div>Morning Manicures</div> <div>Afternoon Outdoor Strolls</div> | <div>20</div> <div>Morning Exercise</div> <div>Afternoon Friendly Visits</div> | <div>21</div> <div>Afternoon Art Pages</div>  | <div>22</div> <div>Morning Bingo in the Dining Room</div>  |
| <div>23</div> <div>Church Service on the Television</div>  | <div>24</div> <div>Victoria Day!</div> <div>Afternoon Birthday Party</div>  <div>Victoria Day (Canada)</div> | <div>25</div> <div>9:00 Devotions with Don</div> <div>Morning Exercise</div> <div>Afternoon Activity Sheets</div> | <div>26</div> <div>Morning Virtual Reality</div> <div>Afternoon Outdoor Strolls</div> | <div>27</div> <div>Morning Exercise</div> <div>Afternoon Friendly Visits</div> | <div>28</div> <div>Afternoon Poems and Readings</div>  | <div>29</div> <div>Morning Bingo in the Dining Room</div>  |
| <div>30</div> <div>Church Service on the Television</div>  | <div>31</div> <div>Afternoon Name 10</div>  <div>Memorial Day</div> | <div>  <h2>All things seem possible in May!</h2>  </div> | | | | |

All programs are subject to change.

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|---|---|---|--|--|
| <div>   </div> <div> <h1>May 2021</h1> <h2>Second Floor Recreation Calendar</h2> </div> | | | | | | |
| 2 Church Service on the Television  | 3 Morning: Art Pages  | 4 9:30 Devotions with Don Morning: Exercise Afternoon: Fit Minds  | 5 Liberation Day & Cinco de Mayo Day Morning: How Many Words? <small>Cinco de Mayo</small> | 6 National Nurses' Day! Morning: Exercise & Trivia Afternoon: Mother's Day Travelling Cart | 7 Afternoon: Alphabet Game  | 8 Afternoon Bingo in the Dining Room with Sophie  <small>May Day</small> |
| 9 HAPPY Mother's DAY Church Service on the Television <small>Mother's Day</small> | 10 Morning: Wheel of Fortune  | 11 9:30 Devotions with Don Morning: Exercise Afternoon: Jeopardy | 12  Morning: Manicures | 13 Morning: Exercise & Trivia Afternoon: Fit Minds | 14 Afternoon: Outdoor Strolls  | 15 Afternoon Bingo in the Dining Room with Bri  <small>Armed Forces Day</small> |
| 16 Happy 91st Birthday Marion! Church Service on the Television <small>Shavuot Begins</small> | 17 Morning: Balloon Tennis Afternoon: Creative Arts  | 18 9:30 Devotions with Don Morning: Manicures Afternoon: Resident's Council | 19 Morning: Wheel of Fortune Afternoon: Outdoor Strolls | 20 Morning: Exercise & Trivia  Afternoon: Fit Minds | 21 Friendly Visits  | 22 Happy 94th Birthday Elizabeth! Afternoon Bingo in the Dining Room with Sophie  |
| 23 Church Service on the Television  | 24 Happy Victoria Day! Morning: How Many Words?  <small>Victoria Day (Canada)</small> | 25 9:30 Devotions with Don Morning: Exercise Afternoon: Planting Flowers in the Courtyard | 26 Happy 95th Birthday Margaret! Morning: Outdoor Strolls Afternoon: Birthday Party | 27 Morning: Exercise & Trivia Afternoon: Fit Minds | 28 Morning: Jeopardy  | 29 Afternoon Bingo in the Dining Room with Paulina  |
| 30 National Smile Day Church Service on the Television | 31 Morning: Giant Crossword Afternoon: Creative Arts  <small>Memorial Day</small> | <div>   </div> <h2>All things seem possible in May!</h2> | | | | |

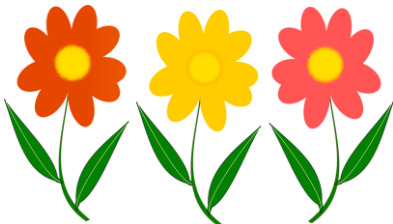
Programs are subject to change.

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|--|---|--|---|---|
| <div>   </div> <div> <h1>May 2021</h1> <h2>Third Floor Recreation Calendar</h2> </div> | | | | | | |
| <div>2</div> <div>Church Service on the Television</div>  | <div>3</div> <div>Afternoon: Manicures</div>  | <div>4</div> <div>National Star Wars Day – MAY THE FORCE BE WITH YOU!</div> <div>Morning: Exercise</div> <div>Afternoon: Fit Minds</div> | <div>5</div> <div>Liberation Day & Cinco de Mayo Day</div> <div>Afternoon: Exercise & Trivia</div> <div>Cinco de Mayo</div> | <div>6</div> <div>National Nurses Day!</div> <div>9am Devotions with Don</div> <div>Afternoon: Mother's Day Travelling Cart</div> | <div>7</div> <div>Morning: Bingo in the Dining Room</div>  | <div>8</div> <div>No Bingo Today</div>  |
| <div>9</div> <div>Church Service on the Television</div> <div>Happy Mother's Day</div>  | <div>10</div> <div>Morning: Exercise & Trivia</div> <div>Afternoon: Alphabet Game</div> | <div>11</div> <div>Morning: Exercise</div> <div>Afternoon: Fit Minds</div>  | <div>12</div> <div>Outdoor Strolls with Jardin</div>  | <div>13</div> <div>9am Devotions with Don</div> <div>Afternoon: Art Pages</div>  | <div>14</div> <div>Morning: Bingo in the Dining Room</div> <div>Afternoon: Balloon Tennis</div>  | <div>15</div> <div>No Bingo Today</div>  <div>Armed Forces Day</div> |
| <div>16</div> <div>National Do Something Good for Your Neighbor Day</div> <div>Happy 75th Birthday Dianne!</div> <div>Church Service on the Television</div> <div>Shavuot Begins</div> | <div>17</div> <div>Morning: Fit Minds</div> <div>Afternoon: Wheel of Fortune</div> | <div>18</div> <div>Manicures with Jardin</div>  <div>Afternoon: Resident's Council</div> | <div>19</div> <div>Exercise & Poems Reading</div> <div>Spring</div>  | <div>20</div> <div>9am Devotions with Don</div> <div>Morning: Exercise</div> <div>Afternoon: Name 10</div> | <div>21</div> <div>Friendly Visits</div>  | <div>22</div> <div>Morning: Bingo in the Dining Room</div>  |
| <div>23</div> <div>Church Service on the Television</div>  | <div>24</div> <div>Happy Victoria Day!</div>  <div>Victoria Day (Canada)</div> | <div>25</div> <div>Morning: Fit Minds</div> <div>Afternoon: Birthday Party</div> | <div>26</div> <div>Morning: Exercise & Trivia</div>  | <div>27</div> <div>9am Devotions with Don</div> <div>Morning: Exercise & Finish the Lines</div> | <div>28</div> <div>Morning: Bingo in the Dining Room</div>  | <div>29</div> <div>No Bingo Today</div>  |
| <div>30</div> <div>National Smile Day!</div> <div>Church Service on the Television</div>  | <div>31</div> <div>Morning: Exercise</div> <div>Afternoon Fit Minds</div>  <div>Memorial Day</div> | <div>   </div> <div> <h1>All things seem possible in May!</h1> </div> | | | | |

All programs are subject to change.

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|---|--|---|--|--|
| <div>   </div> <div> <h1>May 2021</h1> <h2>Fourth Floor Recreation Calendar</h2> </div> | | | | | | |
| <div>2</div> <div>Church Service on the Television</div>  | <div>3</div> <div>Afternoon: Outdoor Strolls with Bri</div>  | <div>4</div> <div>National Star Wars Day – MAY THE FORCE BE WITH YOU!</div> <div>Morning: Coffee Time with the Monthly Gazette</div> | <div>5</div> <div>Liberation Day & Cinco de Mayo Day</div> <div>Morning: Exercise and Fit Minds</div> <div>Cinco de Mayo</div> | <div>6</div> <div>National Nurses Day!</div> <div>9:30 Devotions with Don</div> <div>Morning: Exercise & Trivia</div> <div>Afternoon: Mother's Day Travelling Cart</div> | <div>7</div> <div>National Space Day</div> <div>Afternoon: Bingo in the Dining Room with Jardin</div>  | <div>8</div> <div>No Bingo Today</div> <div>may Day</div> |
| <div>9</div> <div>Happy Mother's Day</div> <div>Church Service on the Television</div>  | <div>10</div> <div>Happy 94th Birthday Elinor</div> <div>Morning: Exercise and Fit Minds</div> <div>Afternoon: Poems and Readings</div> | <div>11</div> <div>Morning Exercise & Virtual Reality Visits</div>  | <div>12</div> <div>Outdoor Strolls with Jardin</div>  | <div>13</div> <div>9:30 Devotions with Don</div> <div>Morning Art Pages</div>  | <div>14</div> <div>Afternoon: Bingo in the Dining Room with Jardin</div>  | <div>15</div> <div>No Bingo Today</div> <div>Armed Forces Day</div> |
| <div>16</div> <div>National Do Something Good for Your Neighbor Day</div> <div>Church Service on the Television</div> <div>Shavuot Begins</div> | <div>17</div> <div>Morning: Exercise and One to One Visits</div> <div>Afternoon: Wheel of Fortune</div> | <div>18</div> <div>Morning: Exercise and Fit Minds</div>  <div>Afternoon: Resident's Council</div> | <div>19</div> <div>Outdoor Strolls with Jardin</div>  | <div>20</div> <div>Morning Exercise</div> <div>9:30am Devotions with Don</div> <div>Afternoon</div> | <div>21</div> <div>Friendly Visits</div>  | <div>22</div> <div>Afternoon: Bingo in the Dining Room with Jardin</div>  |
| <div>23</div> <div>Church Service on the Television</div>  | <div>24</div> <div>Happy Victoria Day!</div>  <div>Victoria Day (Canada)</div> | <div>25</div> <div>Morning: Balloon Tennis</div> <div>Afternoon: How Many Words</div> | <div>26</div> <div>Morning: Exercise and Fit Minds</div>  | <div>27</div> <div>9:30 Devotions with Don</div> <div>Afternoon: Birthday Party</div> | <div>28</div> <div>Afternoon: Bingo in the Dining Room with Jardin</div>  | <div>29</div> <div>No Bingo Today</div> |
| <div>30</div> <div>National Smile Day</div> <div>Church Service on the Television</div> | <div>31</div> <div>Morning Exercise and the Alphabet Game</div> <div>Afternoon Fit Minds</div>  <div>Memorial Day</div> | <div>   <h2>All things seem possible in May!</h2> </div> | | | | |

Programs are subject to change.

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|---|--|---|--|---|
| <div>   </div> <div> <h1>May 2021</h1> <h2>Wellness Suites</h2> </div> | | | | | | |
| <div> <p>“For behold, the winter is past; the rain is over and gone. The flowers appear on the earth, the time of singing has come, and the voice of the turtledove is heard in our land.”</p> <p>Song of Solomon 2:11-12</p> <p>Happy Birthday Kay!</p> </div> <div>2</div> | <div> <p>Move as much as possible today, even if you are stuck inside</p> </div> <div>3</div> | <div> <p>Recreation Visits with Breanne</p> <p>Room Bingo</p> </div> <div>4</div> | <div> <p>Cinco de Mayo</p>  <p>CINCO DE MAYO</p> </div> <div>5</div> | <div> <p>Recreation Visits with Breanne</p> <p>May Activity Book Handout</p> </div> <div>6</div> | <div> <p>Give your body a boost by laughing, or by making someone laugh</p> </div> <div>7</div> | <div> <p>Why did the frog take the bus to work today?</p> <p>His car got toad away</p> <p><small>May Day</small></p> </div> <div>8</div> |
| <div> <p>Happy Mother's Day</p> <p>“As one whom his mother comforts, so I will comfort you; you shall be comforted in Jerusalem.”</p> <p>Isaiah 66:13</p> <p>Happy Birthday Thys!</p> <p><small>Mother's Day</small></p> </div> <div>9</div> | <div>  </div> <div>10</div> | <div> <p>Recreation Visits with Breanne</p> <p>Room Bingo</p> </div> <div>11</div> | <div> <p>Positive thoughts generate positive feelings and attract positive life experiences</p> </div> <div>12</div> | <div> <p>Recreation Visits with Breanne</p> </div> <div>13</div> | <div> <p>Get active in nature. Feed the birds or go wildlife-spotting</p> </div> <div>14</div> | <div> <p>What do you get from a pampered cow?</p> <p>Spoiled milk</p> <p><small>Armed Forces Day</small></p> </div> <div>15</div> |
| <div> <p>“When a king's face brightens, it means life; his favor is like a rain cloud in spring.”</p> <p>Proverbs 16:15</p> <p>Happy Birthday Corinne!</p> <p><small>Shavuot Begins</small></p> </div> <div>16</div> | <div> <p>Spend less time sitting today. Get up and move</p> <p>Happy Birthday Elda!</p> </div> <div>17</div> | <div> <p>Recreation Visits with Breanne</p> <p>Room Bingo</p> </div> <div>18</div> | <div> <p>Did you know Canada has 10% of the world's forests</p> </div> <div>19</div> | <div> <p>Recreation Visits with Breanne</p> </div> <div>20</div> | <div>  </div> <div>21</div> | <div> <p>How do you count cows?</p> <p>With a cow-culator</p> </div> <div>22</div> |
| <div> <p>“Let us know; let us press on to know the LORD; his going out is sure as the dawn; he will come to us as the showers, as the spring rains that water the earth.”</p> <p>Hosea 6:3</p> </div> <div>23</div> | <div> <p>Happy Victoria Day</p>  <p><small>Victoria Day (Canada)</small></p> </div> <div>24</div> | <div> <p>Recreation Visits with Breanne</p> <p>Room Bingo</p> </div> <div>25</div> | <div> <p>Depending on the sky, you may be able to see a</p> <p>Lunar Eclipse today!</p> </div> <div>26</div> | <div> <p>Recreation Visits with Breanne</p> </div> <div>27</div> | <div> <p>Listen to your body and be grateful for what it can do 😊</p> </div> <div>28</div> | <div> <p>Where do sheep get their hair cut?</p> <p>At the baa-baa shop!</p> </div> <div>29</div> |
| <div> <p>“The desert and the parched land will be glad; the wilderness will rejoice and blossom. Like the crocus”</p> <p>Isaiah 35:1</p> </div> <div>30</div> | <div>  <p><small>Memorial Day</small></p> </div> <div>31</div> | <div>  <div> <p>If Niagara comes out of lockdown measures, Bingo will be in the dining room at 11:15 on Tuesday's.</p> </div>  </div> | | | | |

All programs are subject to change.