

Pleasant Manor Post

Heritage Place Edition



Celebrating May

Creative Beginnings Month

Meditation Month

**Physical Fitness & Sports
Month**

Lemonade Day
May 2

Teacher Day
May 4

Cinco de Mayo
May 5

Mother's Day
May 9

International Nurses Day
May 12

Ride a Unicycle Day
May 16

NASCAR Day
May 21

Victoria Day (Canada)
May 24

Memorial Day (U.S.)
May 31

Happy May Birthday to....

- Annie Findlay- 11th
- Grace Petrucci- 18th
- Antonia Schulter- 28th

A Surprising Reminder!

I recently had a surprise FaceTime call from the first roommate I had in Bible College, 46 years ago! Through all the jokes about how our looks have changed, our loss of hair and weight gain, we reminded each other of how much God had blessed us and worked in our lives through all those years, and especially through our time together as roommates. We were thankful to God for our friendship and input into each other's lives. That call reminded me how important it is to remember, and be thankful for, those whom God has brought into our lives to help shape and encourage us to be more like Jesus Christ! Without these people, we would be far less matured and enriched, wouldn't we!

I had been the Lead Chaplain at Tabor Manor for three years before I assumed the role of temporary Chaplain here at Pleasant Manor. It has meant getting to know a new context, new staff, and new Residents and Tenants. I will be returning to my role at Tabor Manor in the month of May.

This past year of Covid-19 pandemic has also meant many changes in our lives and the interactions we have with others. This has also served to heighten the importance of the connects we do have and to make the most of them.

The Apostle Paul shared these thoughts with his fellow believers in Philippi when he said; ³I thank my God in all my remembrance of you, ⁴always in every prayer of mine for you all making my prayer with joy, ⁵because of your partnership in the gospel from the first day until now. ⁶And I am sure of this, that he who began a good work in you will bring it to completion at the day of Jesus Christ. ⁷It is right for me to feel this way about you all, because I hold you in my heart, for you are all partakers with me of grace... (Phil. 1:3-7)

As I look back on this past year, I can see how blessed I have been to have served here at Pleasant Manor and how God has, again, brought people, experiences and opportunities into my life to mature and enrich me personally. You've been a part of that blessing and I thank God for you!

I want to encourage you to make the most of the relationships God has placed around you and thank them for the input and influence they have had in your life! Surprise someone who has helped you walk with the Lord in your life by getting in touch with them. Thank God together with them for the blessings God has given to you through them!

And again, Thank You Pleasant Manor! God Bless You! – Pastor Jim

BSO Donations

Thanks to a donation from Behavioral Supports of Ontario we received:

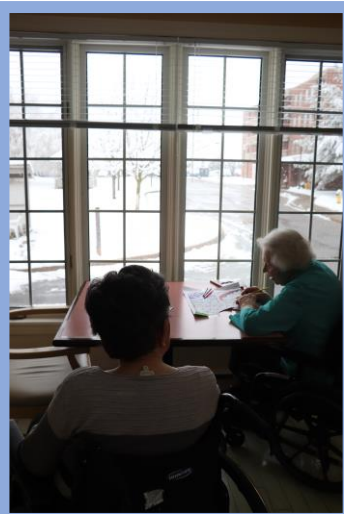
- Electronics such as an Ipad, laptop, Ipad and Bluetooth speakers
- Decorative wall posters
- Electronic cat and Dog
- Therapeutic Dolls
- Books
- Montessori Supplies
- Gardening Kits

Activity Update

May is here already and we are gearing up for some outdoor activities and are looking forward to planting flowers with residents in the courtyard later this month. Mother's Day and Cinco De Mayo will be celebrated this month. Small group exercise classes are also happening daily with the recreation department and with Physio. Residents have also been very excited to see some baby fish in the aquarium!

Snowfall on April 21st!

Residents were surprised to see so much snow in April!



Mother's Day is on Sunday May 9th.

Mother's Day is the early Christian Festival known as "Mothering Sunday."



Virtual Reality

New videos this month included New Years in Spain and Yellowstone National Park



Activities in April



May Celebrity Birthdays

Bing Crosby (singer) – May 3, 1903
 Nellie Bly (journalist) – May 5, 1864
 Toni Tennille (musician) – May 8, 1940
 Salvador Dalí (artist) – May 11, 1904
 Stevie Wonder (musician) – May 13, 1950
 Henry Fonda (actor) – May 16, 1905
 Mr. T (actor) – May 21, 1952
 Naomi Campbell (model) – May 22, 1970
 Sally Ride (astronaut) – May 26, 1951
 Bob Hope (entertainer) – May 29, 1903

April Birthday Celebrations





Do you need help using your smartphone, tablet, or computer? Cyber-Seniors' trained Tech mentors are young people who teach technology to older adults. They will help you learn to:

- Set up a video call with friends and family
 - Order online groceries
 - Stream news, videos (church services online) music and more
- Call them at 1-844-217-3057

During the COVID-19 pandemic, when so many of us are very restricted in our movements, it is even more important for people of all ages and abilities to be as active as possible. Even a short break from sitting, by doing 3-5 minutes of physical movement, such as walking or stretching, will help ease muscle strain, relieve mental tension and improve blood circulation and muscle activity. Some exercise tips have been posted on the first floors of each building!

We Celebrate Queen Victoria on May 24, here are some fun facts about the Queen herself:

- Her first name was actually Alexandrina.
- She was the first Royal to live in Buckingham Palace.
- She was born in 1819 and became Queen at 18.
- She was barely 5 feet tall.
- She proposed to her husband.



Pleasant Manor Post

May 2021

A Surprising Reminder Jim Evans- Chaplain

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Happy May Birthday to.....

- Reginald Faust- 2nd
- Isobel Griffiths- 4th
- Ruth Unger- 6th
- Lorraine Sawatzky- 7th
- Marion Smith- 9th
- Armin Epp- 11th
- Fred Janzen- 11th
- Ruth Okum- 14th
- Maria VanLeeuwen- 20th
- Daniel Epp- 20th
- Aran Kopp- 23rd
- Lois Andres- 23rd
- Abe Hildebrand- 24th
- William Sainsbury- 24th
- Isabel Chiarelli- 26th
- Suzanne Frechette- 27th
- Gerald Whittaker- 30th

