

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# May 2021

## Radiant Care Pleasant Manor- Heritage Place

<b>Morning Exercise 1</b>  <b>Afternoon May Day Trivia</b>  <small>May Day</small>						
<b>Morning</b> TV Church/ German Church <b>2</b>  <b>Afternoon</b> Cranium Crunches	<b>Morning</b> Sing and Stretch <b>3</b> <b>10:30</b> Physio Exercise <b>Afternoon</b> Puzzles and Ponderings <b>1:30</b> Physio Exercise	<b>Morning</b> Exercise <b>4</b> <b>1:30 Virtual Music Therapy</b> <b>Afternoon</b> wellness visits	<b>Morning</b> Travel to Mexico <b>5</b> <b>10:30</b> Physio Exercise <b>Afternoon</b> Celebrating Mexico <b>1:30</b> Physio Exercise <small>Cinco de Mayo</small>	<b>Morning</b> Mother's Day <b>6</b> Photoshoot  <b>Afternoon</b> Bingo	<b>Morning</b> Hockey Eh <b>7</b>  <b>11:10 Zoom Music with Mendelt</b>  <b>Afternoon</b> Rhyme Time	<b>Morning</b> Exercise <b>8</b>  <b>Afternoon</b> Word Games
<b>Morning</b> TV Church <b>9</b>  <b>Afternoon</b> Celebrating Mother's Day  <small>Mother's Day</small>	<b>Morning</b> Read with <b>10</b> Me <b>10:30</b> Physio Exercise <b>Afternoon</b> Noodle Ball <b>1:30</b> Physio Exercise	<b>Morning</b> Exercise <b>11</b> <b>1:30 Virtual Music Therapy</b> <b>Afternoon</b> Wellness Visits <b>Happy Birthday Annie</b>	<b>Morning</b> Sing and <b>12</b> Chime <b>10:30</b> Physio Exercise <b>Afternoon</b> Fit Minds <b>1:30</b> Physio Exercise	<b>Morning</b> In the <b>13</b> Garden  <b>Afternoon</b> Bingo	<b>Morning</b> Montessori <b>14</b>  <b>Afternoon</b> Chair Zumba	<b>Morning</b> Exercise <b>15</b>  <b>Afternoon</b> News and Views  <small>Armed Forces Day</small>
<b>Morning</b> TV Church/ German Church <b>16</b>  <b>Afternoon</b> Manicures  <small>Shavuot Begins</small>	<b>Morning</b> Virtual <b>17</b> Reality <b>10:30</b> Physio Exercise <b>Afternoon</b> Outdoor Treats <b>1:30</b> Physio Exercise	<b>Morning</b> Exercise <b>18</b>  <b>Afternoon</b> Montessori  <b>Happy Birthday Grace</b>	<b>Morning</b> Funday <b>19</b> Sundaes <b>10:30</b> Physio Exercise <b>Afternoon</b> Fit Minds <b>1:30</b> Physio Exercise	<b>Morning</b> Bubble Art <b>20</b>  <b>Afternoon</b> Bingo	<b>Morning</b> Move and <b>21</b> Groove  <b>Afternoon</b> Categories	<b>Morning</b> Exercise <b>22</b>  <b>Afternoon</b> Armchair Travel: <i>Chicago</i>
<b>Morning</b> TV Church <b>23</b>  <b>Afternoon</b> Lounge Games	<b>Morning</b> Tea and <b>24</b> Talk  <b>Afternoon</b> Victoria Day Trivia  <small>Victoria Day (Canada)</small>	<b>Morning</b> Exercise <b>25</b>  <b>Afternoon</b> Wellness Visits	<b>Morning</b> Hockey Eh <b>26</b> <b>10:30</b> Physio Exercise <b>Afternoon</b> Fit Minds <b>1:30</b> Physio Exercise	<b>Morning</b> In the <b>27</b> Garden  <b>Afternoon</b> Bingo	<b>Morning</b> Chair Yoga <b>28</b>  <b>Afternoon</b> Walks and Talks  <b>Happy Birthday Antonia</b>	<b>Morning</b> Exercise <b>29</b>  <b>Afternoon</b> Paint and Sing Spring
<b>Morning</b> TV Church/ German Church <b>30</b>  <b>Afternoon</b> Courtyard walks	<b>Morning</b> Sing and <b>31</b> Stretch <b>10:30</b> Physio Exercise <b>Afternoon</b> Word Games <b>1:30</b> Physio Exercise <small>Memorial Day</small>	<h1>Hello May!</h1> <p>Bring us new hope and make our lives beautiful like spring flowers.</p>				

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Radiant Care Pleasant Manor

The first **May Day** was **1** on **May 1st 1890** as the "Workers **Day** of International Unity and Solidarity" To celebrate workers.

May Day

**Today on 1611 – The 2**  
King James Version of the Bible was published for the first time in London.

**Bing Crosby's real name 3**  
was Harry Lillis Crosby. A childhood friend who shared Bing's interest in a newspaper comic strip called The Bingville Bugle bestowed the nickname

**Today is Star Wars 4**  
**Day** because of a famous quote from the movie series. "May the Force (Fourth) be with you."

**2:30 fiesta Exercise 5**  
On May 5, 1862, General Zaragoza's Mexican troops defeated the larger and better-equipped French army in the Battle of Puebla.  
Cinco de Mayo

**11:00 Zoom 6**  
**Devotional**  
**Punny Business**  
No matter how much you push the envelope, it'll still be stationery.

**11:10 Zoom Music with 7**  
**Mendelt**

**Today in 1877 – The 8**  
first Westminster Kennel Club Dog Show opened at Gilmore's Gardens in New York City.

**Happy Mother's Day! 9**  
What was your favourite food that your mom used to cook?

Mother's Day

**Word Scramble 10**  
R A N P T E R A  
companion or ally in a venture or relationship  
*Answer: PARTNER*

**Today in 1811 – The 11**  
original Siamese twins, Chang and Eng, were born in Siam (now Thailand).

**2:30 Exercise 12**  
**Today in 1938 – The**  
Adventures of Robin Hood, starring Errol Flynn and Olivia de Havilland, premiered at Radio City Music Hall.

**11:00 Zoom 13**  
**Devotional**  
**Word Scramble**  
I U R Q V E A  
case for holding arrows  
*Answer: QUIVER*

**Buy a Vowel 14**  
D \_ T \_ B \_ S \_  
Computer structure that stores and organizes information  
*Answer: DATABASE*

**Today in 1940 Nylon 15**  
stockings went on general sale for the first time; available in either "full-fashioned" form with seams at the back or "seamless"  
Armed Forces Day

**Riddle Me This 16**  
What question can you ask all day long, always get a different answer, but the answer is always correct?  
*Answer: What time is it?*  
Shavuot Begins

**Today in 1999 – 17**  
Ontario native Alex Trebek was honored with a star on the Hollywood Walk of Fame.

**Celebrity Trivia 18**  
Perry Como was born the seventh son of a seventh son.

**2:30 Exercise 19**  
**Today in 1965 – Roger**  
Miller received a gold record for the hit "King of the Road."

**11:00 Zoom 20**  
**Devotional**

**Today in 1920 Radio 21**  
station XWA in Montreal broadcast the first regularly scheduled radio programming in North America.

**Daily Trivia The 22**  
fingerprints of koalas are so similar to humans' that even experts have trouble telling them apart.

**Today in 1785 – 23**  
Benjamin Franklin announced his latest invention, bifocal eyeglasses.

**May 24, Queen 24**  
Victoria's birthday, was declared a holiday in 1845.

Victoria Day (Canada)

**Daily Trivia 25**  
A cluster of bananas is known as a hand, and the bananas in the hand are called fingers.

**2:30 Exercise 26**  
**Riddle Me This** What loses its head in the morning and regains it at night?  
*Answer: A Pillow*

**11:00 Zoom 27**  
**Devotional**

**Today in 1934 The 28**  
Dionne quintuplets were born near Callander, Ontario. They were the first quintuplets to survive infancy.

**Today in 1953 29**  
Edmund Hillary and Tenzing Norgay became the first explorers to scale Mount Everest.

**Today in 1848 30**  
The first U.S. patent for an ice cream freezer was issued to William G. Young of Maryland.

**Buy a Vowel 31**  
\_ \_ D \_ T \_ R  
One who reviews financial records.  
*Answer: AUDITOR*

Memorial Day

May, we have been waiting for you,  
the most colourful month of all.