

February 2021

Pleasant Manor Post

Heritage Place

Celebrating February

Black History Month

Bird Feeding Month

Mend a Broken Heart Month

Women's Heart Week

February 1–7

Groundhog Day

February 2

Canadian Maple Syrup Day

February 6

Superbowl Sunday

February 7

**Chinese New Year:
Year of the Ox**

February 12

Valentine's Day

February 14

Family Day

February 15

Mardi Gras

February 16

Justice for Animals Week

February 21–27

February Birthday's

- Nelly Napper~ 20th
- Marjorie Reynolds~ 22nd

We Remember

- Annie Willis
- Nick Wynychuk
- Anneliese Fieguth

Activity Update

During the outbreak activities are being provided a one-to-one basis. Therapeutic Recreation staff are facilitating exercise classes, music therapy, crafts, trivia, video calls and more in each resident's room.

We will continue to provide daily memos regarding the outbreak.

Follow Radiant Care on Facebook and Instagram!



Preachers Pondering's What To Do In Times Like These

During this pandemic we must do without a lot of things we normally have or do. With lockdowns, isolation, and uncertainty, we can become full of anxiety, frustration, fear, and loneliness. When all seems so negative and unrelenting, we can grow discouraged and despondent...if we're not careful. One person said recently, 'all I do everyday is watch the news all day and get depressed!' My suggestion was, 'then don't watch the news every day, all day!' Their response was, 'well, then what can I do with my day?'

To answer that question, I was reminded of a number of things that we are encouraged to do every day from God's Word. Here's one that I hope will be helpful for us as we navigate each day through this difficult time...

Remember To Be Thankful!

Rather than dwell on what we don't have or can't do, I encourage you to take inventory of what we do have, and of the many blessings God has blessed us with. For me, I have a Lord and Savior named, Jesus Christ who has saved me and given me eternal life! I have His Holy Spirit living within me to guide me and protect me! I have His Word to bring God's wisdom and encouragement to my life! I have the Church, The Body of Christ to support me. I have a wonderful, caring family. I have many Christian friends. I have a home that meets my needs. I have a wonderful job and work associates here at Pleasant Manor. I could list the blessings for pages, but you get the idea.

The Psalm 103 says, 'Bless the Lord, O my soul, and all that is within me, *bless* His holy name. ²Bless the Lord, O my soul, and forget none of His benefits; ³Who pardons all your iniquities, Who heals all your diseases; ⁴Who redeems your life from the pit,

Famous February Birthdays

In astrology, those born between February 1–18 are the Water Bearers of Aquarius. These deep-thinking intellectuals have big and original dreams. The world is full of possibilities, and Aquarians seek freedom in order to reach their greatest potential. Those born between February 19–28 are Pisces' Fish. Pisces are friendly, wise, and selfless, making them compassionate and generous friends. Their intuitive and romantic natures also make Fish creative and expressive artists.

Rosa Parks (activist) – February 4, 1913
Hank Aaron (ballplayer) – February 5, 1934
Laura Ingalls Wilder (writer) – February 7, 1867
Thomas Edison (inventor) – February 11, 1846
Frederick Douglass (reformer) – February 14, 1818
Smokey Robinson (singer) – February 19, 1940
Nina Simone (singer) – February 21, 1933
Julius Erving (athlete) – February 22, 1950
Jackie Gleason (comedian) – February 26, 1916
Elizabeth Taylor (actress) – February 27, 1932

Who crowns you with lovingkindness and compassion; ⁵Who satisfies your years with good things, *So that* your youth is renewed like the eagle.

God has blessed all His children with all the personal, spiritual, and eternal blessings we could ever need through Jesus Christ! (Eph. 1:3)

And God has, and will continue to, supply all our needs according to the richest He brings to our lives through Christ! (Phil. 4:19)

How has God blessed you? Go ahead, make a list, and thank God for each one. And as you do remember...

God will continue to add to that list every day...all the way to eternity!

Pastor Jim



Happy February Birthday to...

- Cornelius Vander Hoeven~ 2nd
- Jacob Penner~ 6th
- Abram Wiens~ 6th
- Lena Van Bergen~ 9th
- Hannelore Enss- 9th
- Erika Friesen~ 9th
- Richard Braun~ 11th
- Helene Fritz~ 17th
- Olga Neufeld~ 18th
- Marilyn Teuber~ 19th
- Helen Peters~ 20th
- Margaret Van Egmond~ 20th
- Jasmine Hivale-Quibell~ 22nd
- John Guenther~ 28th



Zoom Activities

This month on Zoom we will be facilitating a Jeopardy style trivia, bingo, music with Mendelt, exercise classes and a weekly devotional service every Thursday. Please see the calendar for more information.

If you would like to be added to the Zoom mailing list please email Chelsea at chelseab@radiantcare.net



Social Media



Did you know that you can follow Radiant Care on Facebook and Instagram?

Radiant Care also has a web page where you can find up to date information such as visitation plans, updates and announcements!



Valentines Fact's



- Every year more than 36 million heart shaped boxes are sold.
- Canadians spend an average of \$96 on Valentine's Day!
- Nearly 6 million couples get engaged on Valentine's Day!
- Over 50 million roses are given each Valentine's Day!



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Preachers Pondering's

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-Pastor Jim