








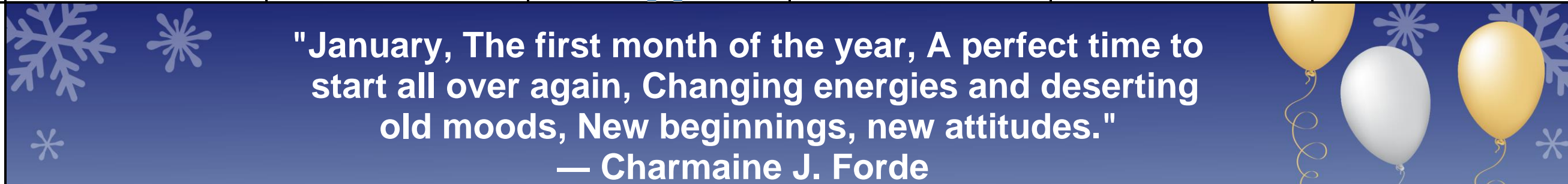


| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|--|---|--|---|---|
| <div><div></div><div>January 2021</div><div>FIRST FLOOR</div></div> | | | | <div></div> | <div><div>1</div><div>Morning New Year's Trivia</div><div></div></div> | <div><div>2</div><div>10:00 Bingo in the Dining Room</div><div></div></div> |
| <div><div>3</div><div>Worship Service on TV</div><div></div></div> | <div><div>4</div><div>Morning Exercise</div><div>Afternoon Jeopardy</div></div> | <div><div>5</div><div>Morning Finish the Line</div><div>Afternoon One to One Visits</div></div> | <div><div>6</div><div>Morning Coffee Time with Monthly Gazette</div><div></div></div> | <div><div>7</div><div>Morning Exercise</div><div>Afternoon Fit Minds</div><div>Ukrainian Christmas</div></div> | <div><div>8</div><div>Christmas Clean Up</div><div></div></div> | <div><div>9</div><div>10:00 Bingo in the Dining Room</div></div> |
| <div><div>10</div><div>Worship Service on TV</div><div></div></div> | <div><div>11</div><div>Morning Exercise with Trivia</div><div></div></div> | <div><div>12</div><div>Devotions with Don</div><div>Morning Wheel of Fortune</div><div>Afternoon Crafters Corner</div></div> | <div><div>13</div><div>Morning Exercise</div><div></div><div>Afternoon Manicures</div></div> | <div><div>14</div><div>Morning Fit Minds</div><div></div><div>Afternoon Movie Matinee with Munchies</div></div> | <div><div>15</div><div>10:00 Bingo in the Dining Room</div><div></div></div> | <div><div>16</div><div>No Bingo</div></div> |
| <div><div>17</div><div>Worship Service on TV</div><div></div></div> | <div><div>18</div><div>Morning Exercise with Trivia</div><div></div><div>Martin Luther King Day</div></div> | <div><div>19</div><div>Morning Balloon Tennis</div><div>Afternoon Alphabet Game</div></div> | <div><div>20</div><div>Morning Exercise</div><div></div><div>Afternoon Name 10</div></div> | <div><div>21</div><div>Morning Bocce</div><div>Afternoon Fit Minds</div></div> | <div><div>22</div><div>Morning Exercise with Trivia</div><div></div></div> | <div><div>23</div><div>10:00 Bingo in the Dining Room</div><div></div></div> |
| <div><div>24</div><div>Worship Service on TV</div><div></div><div>Active Living Week</div></div> | <div><div>25</div><div>Morning Exercise</div><div></div><div>Happy Birthday Hilda!</div></div> | <div><div>26</div><div>Devotions with Don</div><div>Morning Wheel of Fortune</div><div>Afternoon Birthday Party</div><div>Australia Day (observed)</div></div> | <div><div>27</div><div>Morning Exercise with Trivia</div><div></div></div> | <div><div>28</div><div>Morning Would You Rather</div><div>?</div><div>Afternoon Fit Minds</div></div> | <div><div>29</div><div>Morning Exercise with Trivia</div><div></div></div> | <div><div>30</div><div>10:00 Bingo in the Dining Room</div></div> |
| <div><div>31</div><div>Worship Service on TV</div><div></div></div> | <div><div></div><div>"January, The first month of the year, A perfect time to start all over again, Changing energies and deserting old moods, New beginnings, new attitudes." — Charmaine J. Forde</div></div> | | | | | |






















Programs are subject to change.

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|--|---|---|---|--|
| <div>January 2021</div> <div>SECOND FLOOR</div> | | | | | <div>1</div> <div>2:45 New Year's Trivia</div> <div></div> | <div>2</div> <div>2:15 Bingo in the Dining Room</div> <div>Happy Birthday Betty!</div> |
| <div>3</div> <div>Worship Service on TV</div> <div></div> | <div>4</div> <div>9:45 Coffee Time with Monthly Gazette</div> <div>2:45 Giant Crossword</div> | <div>5</div> <div>9:45 Exercise with Trivia</div> <div>2:45 National Bird Day Activities</div> | <div>6</div> <div></div> <div>2:45 Wheel of Fortune Day</div> | <div>7</div> <div>9:45 Exercise with Trivia</div> <div>2:45 Fit Minds</div> <div>Ukrainian Christmas</div> | <div>8</div> <div>Christmas Clean up</div> <div></div> | <div>9</div> <div>2:15 Bingo in the Dining Room</div> |
| <div>10</div> <div>Worship Service on TV</div> <div></div> | <div>11</div> <div>Afternoon Birthday Party</div> <div></div> | <div>12</div> <div>9:45 Exercise with Trivia</div> <div>2:45 Who Wants to Be a Millionaire</div> | <div>13</div> <div>9:45 Jeopardy</div> <div>Afternoon One to One Virtual Reality Visits</div> | <div>14</div> <div>Devotions With Don</div> <div>Morning Exercise with Trivia</div> <div>2:45 Fit Minds</div> | <div>15</div> <div>2:15 Bingo in the Dining Room</div> <div></div> | <div>16</div> <div>No Bingo</div> |
| <div>17</div> <div>Worship Service on TV</div> <div></div> | <div>18</div> <div></div> <div>Afternoon One to One Paint By Numbers</div> <div>Martin Luther King Day</div> | <div>19</div> <div>9:45 Exercise with Trivia</div> <div>2:45 Name 10</div> | <div>20</div> <div>9:45 Last Letter Game</div> <div>2:45 Coffee Time with Spelling Bee</div> | <div>21</div> <div>9:45 Exercise with Trivia</div> <div>2:45 Fit Minds</div> | <div>22</div> <div>2:45 Balloon Tennis</div> <div></div> | <div>23</div> <div>2:15 Bingo in the Dining Room</div> |
| <div>24</div> <div>Worship Service on TV</div> <div></div> <div>Active Week</div> | <div>25</div> <div>Afternoon Manicures</div> <div></div> | <div>26</div> <div>9:45 Exercise with Trivia</div> <div>2:45 Giant Crossword</div> <div>Australia Day (observed)</div> | <div>27</div> <div>2:45 Would You Rather Game</div> <div>?</div> | <div>28</div> <div>Devotions With Don</div> <div>Morning Exercise with Trivia</div> <div>2:45 Fit Minds</div> | <div>29</div> <div>Afternoon One to One Crafters Corner</div> <div></div> | <div>30</div> <div>2:15 Bingo in the Dining Room</div> |
| <div>31</div> <div>Worship Service on TV</div> <div></div> | <div>"January, The first month of the year, A perfect time to start all over again, Changing energies and deserting old moods, New beginnings, new attitudes."</div> <div>— Charmaine J. Forde</div> | | | | | |

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|--|--|---|---|---|
|  | | | |  |  |  |
| 3 Worship Service on TV  | 4 Morning: Art Pages Afternoon: Fit Minds | 5 Devotions with Don Morning: Mad Libs Afternoon: Painting | 6 Morning: Exercise & Trivia Afternoon: Manicures | 7 Morning Finish the Line <i>Ukrainian Christmas</i> | 8 Christmas Clean Up  | 9 9:45 Bingo in the Dining Room |
| 10 Worship Service on TV  | 11 Morning: Balloon Tennis Afternoon: Fit Minds | 12 Afternoon: Coffee Time with the Monthly Gazette | 13 Morning: Exercise & Name 10 Afternoon: Wheel of Fortune | 14 Morning: Finish the Line Afternoon: Crafter's Corner | 15 Afternoon: Name that Tune  | 16 9:45 Bingo in the Dining Room |
| 17 Worship Service on TV  | 18 Morning: Montessori Afternoon: Fit Minds <small>Martin Luther King Day</small> | 19 Devotions with Don Afternoon at the Movies  | 20 Morning: Exercise for Body and Mind Afternoon: Manicures | 21 Morning One to One Visits | 22 Afternoon: Bingo  | 23 No Bingo |
| 24 Worship Service on TV  <small>Activity Professionals Week</small> | 25 Morning: Exercise & Trivia Afternoon: Birthday Party | 26 Afternoon: Hot Chocolate Cart  <small>Australia Day (Observed)</small> | 27 Morning: Jeopardy Afternoon: Virtual Reality | 28 Afternoon: Word Games | 29 Afternoon: Poems and Readings | 30 9:45 Bingo in the Dining Room |
| 31 Worship Service on TV  |  <p>"January, The first month of the year, A perfect time to start all over again, Changing energies and deserting old moods, New beginnings, new attitudes." — Charmaine J. Forde</p> | | | | | |

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| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|---|--|---|--|---|
| <div>    </div> <div>FOURTH FLOOR</div> | | | | | | |
| | | | | | <div> Morning: Bingo  New Year's Day </div> | <div>NO BINGO TODAY</div> |
| <div> 3 Worship Service on TV  </div> | <div> 4 Morning: Exercise for the Body and Mind Afternoon Virtual Reality Visits </div> | <div> 5 Morning: Wheel of Fortune Afternoon: Manicures </div> | <div> 6 Morning: Exercise for the Body and Mind Afternoon: Fit Minds </div> | <div> 7 Devotions with Don Afternoon Balloon Tennis <i>Ukrainian Christmas</i> </div> | <div> 8 Christmas Cleanup  </div> | <div> 9 2:30 Bingo in the Dining Room Happy Birthday Martha! </div> |
| <div> 10 Worship Service on TV  </div> | <div> 11 Morning: Exercise for the Body and Mind Afternoon: Hot Chocolate Cart </div> | <div> 12 Afternoon Birthday Party  </div> | <div> 13 Morning: Exercise for the Body and Mind Afternoon Fit Minds </div> | <div> 14 Morning Name 10 Afternoon: Coffee Time with the Monthly Gazette </div> | <div> 15 Morning: Balloon Tennis </div> | <div> 16 2:30 Bingo in the Dining Room </div> |
| <div> 17 Worship Service on TV  </div> | <div> 18 Morning: Exercise for the Body and Mind Afternoon: Jeopardy <small>Martin Luther King Day</small> </div> | <div> 19 Morning: One to One Visits with Jardin </div> | <div> 20 Morning: Exercise for the Body and Mind Afternoon Fit Minds </div> | <div> 21 Devotions With Don Afternoon: Virtual Reality Visits with Jardin </div> | <div> 22 Morning: Bingo  </div> | <div>NO BINGO TODAY</div> |
| <div> 24 Worship Service on TV  <small>Activity Professionals Week</small> </div> | <div> 25 Morning: Exercise for the Body and Mind Afternoon At the Movies </div> | <div> 26 Morning: Word Games <small>Australia Day (observed)</small> </div> | <div> 27 Morning: Exercise for the Body and Mind Afternoon Fit Minds </div> | <div> 28 Morning: Name that Tune  </div> | <div> 29 Morning: Poems and Readings </div> | <div> 30 2:30 Bingo in the Dining Room </div> |
| <div> 31 Worship Service on TV  </div> | <div>  <p> "January, The first month of the year, A perfect time to start all over again, Changing energies and deserting old moods, New beginnings, new attitudes." — Charmaine J. Forde </p> </div> | | | | | |

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|--|---|--|---|--|
| <div>   </div> <h1>January 2021</h1> <h2>WELLNESS SUITES</h2> | | | | | | |
| <div>3</div> <p>Therefore, if anyone is in Christ, the new creation has come: The old has gone, the new is here! 2 Corinthians 5:17</p> | <div>4</div> <p>Make time today to do something kind for yourself</p>  | <div>5</div> <p>Recreation Visits with Breanne</p>  <p>Room Bingo</p> | <div>6</div> <p>Do a kind act for someone else to help brighten their day</p>  | <div>7</div> <p>Recreation Visits with Breanne</p>  | <div>8</div> <p>Find 3 good things to look forward to this year</p>  <p>NEW YEARS DAY!</p> | <div>2</div> <p>Where can you go to practice math on New Year's Eve?</p> <p>Times Square!</p> |
| <div>10</div> <p>And he who was seated on the throne said, "Behold, I am making all things new." Also he said, "Write this down, for these words are trustworthy and true." Revelation 21:5</p> | <div>11</div> <p>Ken Jennings hosts Jeopardy tonight</p>  | <div>12</div> <p>Recreation Visits with Breanne</p>  <p>Room Bingo</p> | <div>13</div> <p>Learn something new and share it with others</p>  <p>Happy Birthday Aggie!</p> | <div>14</div> <p>Recreation Visits with Breanne</p>  <p>Try Virtual Reality Today</p> | <div>15</div> <p>Write a list of things you feel grateful for in life</p>  <p>Look for the good in others and notice their strengths</p>  | <div>9</div> <p>What is a New Year's resolution?</p> <p>Something that goes in one year and out the other!</p> |
| <div>17</div> <p>For behold, I create new heavens and a new earth, and the former things shall not be remembered or come into mind. Isaiah 65:17</p> | <div>18</div> <p>Take 5 minutes to just sit still and breathe</p>  <p>Martin Luther King Day</p> | <div>19</div> <p>Recreation Visits with Breanne</p>  <p>Room Bingo</p> | <div>20</div> <p>Thank someone you're grateful for and tell them why</p>  | <div>21</div> <p>Recreation Visits with Breanne</p>  | <div>22</div> <p>Be gentle with yourself when you make mistakes</p>  | <div>23</div> <p>Not to brag, but I already have a date for New Year's Eve...</p> <p>It's December 31st!</p> |
| <div>24</div> <p>The steadfast love of the Lord never ceases; his mercies never come to an end. Lamentations 3:22</p> <p>Happy Birthday Marv!</p> | <div>25</div> <p>Contribute positively to a good cause or your community</p>  | <div>26</div> <p>Recreation Visits with Breanne</p>  <p>Room Bingo</p> <p>Australia Day (observed)</p> | <div>27</div> <p>Focus on the good, even if today feels tough</p>  | <div>28</div> <p>Recreation Visits with Breanne</p>  | <div>29</div> <p>National Puzzle Day! Enjoy a nice puzzle!</p>  | <div>30</div> <p>What happened to the man who shoplifted a calendar on New Year's Eve?</p> <p>He got 12 months!</p> |
| <div>31</div> <p>Trust in the Lord with all your heart, and do not lean on your own understanding. In all your ways acknowledge him, and he will make straight your paths. Proverbs 3:5-6</p> | <div>  </div> <p>"January, The first month of the year, A perfect time to start all over again, Changing energies and deserting old moods, New beginnings, new attitudes."</p> <p>— Charmaine J. Forde</p> | | | | | |