








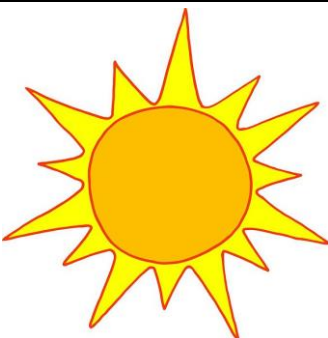














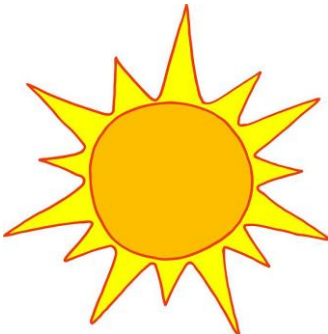




















Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>1</div> <div>Worship Service on TV</div> <div></div> <div>Daylight Saving Time Ends</div>	<div>2</div> <div>10:00 Exercise with Trivia</div> <div></div>	<div>3</div> <div>9:30 Bible Study with Don in the Living Room</div> <div>10:30 Finish the Line</div> <div>Afternoon Manicures</div>	<div>4</div> <div>Afternoon One to One Virtual Reality</div>	<div>5</div> <div>10:00 Exercise with Trivia</div> <div>Afternoon Coffee Time with Monthly Gazette</div>	<div>6</div> <div>10:00 Wheel of Fortune</div> <div></div>	<div>7</div> <div>10:00 am Bingo in the Dining Room</div>
<div>8</div> <div>Worship Service on TV</div> <div></div>	<div>9</div> <div>10:00 Coffee Time</div> <div></div>	<div>10</div> <div>10:00 Balloon Tennis</div> <div>Afternoon Jeopardy</div>	<div>11</div> <div>10:00am Remembrance Day TV Service</div> <div>Afternoon One to Ones</div> <div>Veterans Day Remembrance Day (Canada)</div>	<div>12</div> <div>Christmas Decoration Day</div>	<div>13</div> <div>10:00 Name 10</div> <div>Afternoon How Many Words</div>	<div>14</div> <div>10:00 am Bingo in the Dining Room</div>
<div>15</div> <div>Worship Service on TV</div> <div></div>	<div>16</div> <div>10:00 Exercise with Trivia</div> <div>Afternoon Christmas Tree Decorating with Hot Chocolate</div>	<div>17</div> <div>9:30 Bible Study with Don in the Living Room</div> <div>10:30 Finish the Line</div> <div>Afternoon Manicures</div>	<div>18</div> <div>10:00 Name 10</div> <div>Afternoon Coffee Time</div>	<div>19</div> <div>10:00 Exercise with Trivia</div> <div>Afternoon Movie with Snacks</div>	<div>20</div> <div></div>	<div>21</div> <div>10:00 am Bingo in the Dining Room</div>
<div>22</div> <div>Worship Service on TV</div> <div></div>	<div>23</div> <div>10:00 Exercise with Trivia</div> <div></div>	<div>24</div> <div>10:00 Word Generation</div>	<div>25</div> <div>10:00 Wheel of Fortune</div>	<div>26</div> <div>Afternoon Birthday Party!</div> <div>Thanksgiving Day (US)</div>	<div>27</div> <div></div>	<div>28</div> <div>10:00 am Bingo in the Dining Room</div> <div>HAPPY BIRTHDAY MARIA K!</div>
<div>29</div> <div>Worship Service on TV</div> <div></div>	<div>30</div> <div></div>	<div></div> <div>November 2020 First Floor</div> <div>At the going down of the sun and in the morning. We will remember them.</div> <div></div>				

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>1</div> <div>Worship Service on TV</div> <div></div> <div>Daylight Saving Time Ends</div>	<div>2</div> <div>Afternoon Balloon Tennis</div> <div></div>	<div>3</div> <div>10:00 Exercise with Trivia</div> <div>Montessori Afternoon</div>	<div>4</div> <div>10:00 Coffee Time with Monthly Gazette</div> <div></div>	<div>5</div> <div>9:30 Bible Study with Don in the Living Room</div> <div>10:30 Finish the Line</div> <div>Afternoon One to Ones</div>	<div>6</div> <div>2:45pm Fit minds</div> <div></div>	<div>7</div> <div>2:30 Bingo in the Dining Room</div>
<div>8</div> <div>Worship Service on TV</div> <div></div>	<div>9</div> <div>Afternoon One to One Virtual Reality</div>	<div>10</div> <div>10:00 Exercise with Trivia</div> <div>Afternoon One to Ones</div>	<div>11</div> <div>10:00am Remembrance Day TV Service</div> <div>2:45 Fit Minds</div> <div>Veterans Day Remembrance Day (Canada)</div>	<div>12</div> <div>Christmas Decoration Day</div>	<div>13</div> <div>10:00 Exercise with Name 10</div> <div>Afternoon Christmas Tree Decorating with Hot Chocolate</div>	<div>14</div> <div>2:30 Bingo in the Dining Room</div>
<div>15</div> <div>Worship Service on TV</div> <div></div>	<div>16</div> <div>10:00 Exercise with Trivia</div> <div>Afternoon Name 10</div>	<div>17</div> <div>10:00 Jeopardy</div> <div>2:45pm Fit Minds</div>	<div>18</div> <div>10:00 Wheel of Fortune</div> <div>Afternoon One to One Crafter's Corner: Christmas Décor Box</div>	<div>19</div> <div>9:30 Bible Study with Don in the Living Room</div> <div>10:30 Finish the Line</div> <div>Afternoon Balloon Tennis</div>	<div>20</div> <div></div>	<div>21</div> <div>2:30 Bingo in the Dining Room</div>
<div>22</div> <div>Worship Service on TV</div> <div></div>	<div>23</div> <div>Afternoon Manicures</div> <div></div>	<div>24</div> <div>2:45pm Fit Minds</div> <div></div>	<div>25</div> <div>HAPPY BIRTHDAY NORVAL</div> <div>Afternoon Birthday Party!</div>	<div>26</div> <div>10:00 Exercise with Trivia</div> <div>Thanksgiving Day (US)</div>	<div>27</div> <div></div>	<div>28</div> <div>2:30 Bingo in the Dining Room</div>
<div>29</div> <div>Worship Service on TV</div> <div></div>	<div>30</div> <div></div>	<div></div> <div><h1>November 2020</h1><h2>Second Floor</h2><p>At the going down of the sun and in the morning. We will remember them.</p><div></div></div>				

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>1</div> <div>Worship Service on TV</div> <div>  </div> <div>Daylight Saving Time Ends</div>	<div>2</div> <div>Morning Art Pages</div> <div>Afternoon Manicures</div>	<div>3</div> <div>Morning Exercise & Trivia</div> <div>Afternoon Name that Tune</div>	<div>4</div> <div>Morning Wheel of Fortune</div> <div>Afternoon One to One Virtual Reality</div>	<div>5</div> <div>Morning Balloon Tennis</div> <div>Afternoon Fit Minds</div>	<div>6</div> <div>Afternoon Name 10</div>	<div>7</div> <div>10:00am Bingo in the Dining Room</div>
<div>8</div> <div>Worship Service on TV</div> <div>  </div>	<div>9</div> <div>Morning Exercise & Trivia</div> <div>Afternoon Birthday Party!</div> <div>HAPPY BIRTHDAY MERVIN!</div>	<div>10</div> <div>9:30 Bible Study with Don in the Lounge</div> <div>Morning Finish the Lines</div> <div>Afternoon Jeopardy</div>	<div>11</div> <div>10:00 Remembrance Day TV Service</div> <div>Afternoon Art Pages</div> <div>Veterans Day Remembrance Day (Canada)</div>	<div>12</div> <div>Christmas Decorating All Day</div>	<div>13</div> <div>Christmas Decorating on 3rd Floor</div>	<div>14</div> <div>10:00am Bingo in the Dining Room</div>
<div>15</div> <div>Worship Service on TV</div> <div>  </div>	<div>16</div> <div>Morning Balloon Tennis</div> <div>Afternoon Montessori Activities</div>	<div>17</div> <div>Afternoon One to one Visits with Jardin</div>	<div>18</div> <div>Morning Manicures</div> <div>Afternoon Name that Tune</div>	<div>19</div> <div>Morning Exercise & Trivia</div> <div>Afternoon Readings & Poems</div>	<div>20</div> <div>Morning Finish the Line</div> <div>Afternoon Fit Minds</div>	<div>21</div> <div>10:00am Bingo in the Dining Room</div>
<div>22</div> <div>Worship Service on TV</div> <div>  </div>	<div>23</div> <div>Morning One to One Virtual Reality</div> <div>Afternoon One to One Crafter's Corner</div>	<div>24</div> <div>9:30 Bible Study with Don in the Lounge</div> <div>Afternoon Alphabet Game</div>	<div>25</div> <div>Morning Balloon Tennis</div> <div>Afternoon Finish the Lines</div>	<div>26</div> <div>Morning Exercise & Trivia</div> <div>Afternoon Art Pages</div> <div>Thanksgiving Day (US)</div>	<div>27</div> <div>Afternoon Fit Minds</div> <div>  </div>	<div>28</div> <div>10:00am Bingo in the Dining Room</div>
<div>29</div> <div>Worship Service on TV</div> <div>  </div>	<div>30</div> <div>Morning Balloon Tennis</div> <div>Afternoon Name that Tune</div>	<div>  <div> <div>November 2020</div> <div>Third Floor</div> <div>At the going down of the sun and in the morning. We will remember them.</div> </div>  </div>				

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>1</div> <div>Worship Service on TV</div> <div>  </div> <div>Daylight Saving Time Ends</div>	<div>2</div> <div>Morning What's the News November</div> <div>Afternoon One to One Visits</div>	<div>3</div> <div>Morning Exercise for the Body and Mind</div> <div>Afternoon Montessori Activities</div> <div>HAPPY BIRTHDAY CHUCK!</div>	<div>4</div> <div>Morning Balloon Tennis</div> <div>Afternoon One to One Visits</div>	<div>5</div> <div>Morning Exercise for the Body and Mind</div> <div>Afternoon Fit Minds</div>	<div>6</div> <div>Morning Name That Tune</div>	<div>7</div> <div>2:30pm Bingo in the Dining Room</div>
<div>8</div> <div>Worship Service on TV</div> <div>HAPPY BIRTHDAY RUDY, ROGER, & JACOB (103)!!!</div>	<div>9</div> <div>Morning Exercise for the Body and Mind</div> <div>Afternoon One to One Visits</div>	<div>10</div> <div>Morning Fit Minds</div> <div>2:45 Birthday Party!</div>	<div>11</div> <div>10:00 Remembrance Day TV Service</div> <div>Afternoon Montessori Activities</div> <div>Veterans Day Remembrance Day (Canada)</div>	<div>12</div> <div>9:30 Bible Study in the Lounge</div> <div>Christmas Decorating All Day</div>	<div>13</div> <div>  </div>	<div>14</div> <div>2:30pm Bingo in the Dining Room</div>
<div>15</div> <div>Worship Service on TV</div> <div>Christmas Tree Decorating and Hot Chocolate</div>	<div>16</div> <div>Morning Poems and Readings</div> <div>Afternoon How Many Words</div>	<div>17</div> <div>Morning Exercise for the Body and Mind</div>	<div>18</div> <div>Morning Manicures</div> <div>Afternoon Name 10</div>	<div>19</div> <div>Morning Exercise for the Body and Mind</div> <div>Afternoon Fit Minds</div>	<div>20</div> <div>Morning Alphabet Game</div> <div>Afternoon Coffee Time</div> <div>HAPPY BIRTHDAY REGINA!</div>	<div>21</div> <div>2:30pm Bingo in the Dining Room</div>
<div>22</div> <div>Worship Service on TV</div> <div>  </div>	<div>23</div> <div>Morning VR visits</div> <div>Afternoon Name that Tune</div>	<div>24</div> <div>Morning Exercise for the Body and Mind</div>	<div>25</div> <div>Morning one to one visits with Jardin</div> <div>Afternoon Wheel Of Fortune</div>	<div>26</div> <div>9:30 Bible Study in the Lounge</div> <div>Morning Balloon Tennis</div> <div>Afternoon Fit Minds</div> <div>Thanksgiving Day (US)</div>	<div>27</div> <div>Morning Crafters Corner Winter Craft</div>	<div>28</div> <div>2:30pm Bingo in the Dining Room</div>
<div>29</div> <div>Worship Service on TV</div> <div>  </div>	<div>30</div> <div>Morning Manicures</div> <div>Afternoon Popcorn and a Movie</div>	<div>  <div> <div>November 2020</div> <div>Fourth Floor</div> <div>At the going down of the sun and in the morning. We will remember them.</div> </div>  </div>				

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Because of the Lord's great love we are not consumed, for his compassions never fail. They are new every morning; great is your faithfulness.</p> <p>Lamentations 3:22-23</p>	<p>Make a list of new things you want to do this month</p> 	<p>Get outside and observe the changes in nature around you</p>	<p>Respond to a difficult situation in a different way</p> 	<p>Change your normal routine today and notice how you feel</p>	<p>Give yourself a boost. Try a new way of being physically active</p>	<p>How does a farmer mend his overalls?</p> <p>Answer: With cabbage patches!</p>
<p>"For I know the plans I have for you," declares the Lord, "plans to prosper you and not to harm you, plans to give you hope and a future."</p> <p>Jeremiah 29:11</p>	<p>Find out something new about someone you care about</p>	<p>When you <u>feel you can't do something</u>, add the word "yet"</p> <p>I think I can. I think I can. I think I can.</p>	<p>Be curious. Learn about a new topic or an inspiring idea</p> <p><small>Veterans Day Remembrance Day (Canada)</small></p>	<p>Overcome a frustration by <u>trying out a new approach</u></p> 	<p>Choose a different route and see what you notice on the way</p> 	<p>How does NASA organize a party?</p> <p>Answer: They planet</p>
<p>Trust in the Lord with all your heart and lean not on your own understanding; in all your ways submit to him, and he will make your paths straight.</p> <p>Proverbs 3:5-6</p>	<p>Find a new way to help or support a cause you care about</p> 	<p>Look at life through someone else's eyes and see their perspective</p> 	<p>Go outside and do something playful-walk, run, explore, relax</p>	<p>Try a new way to practice self-care and be kind to yourself</p> 	<p>Connect with someone from a different generation</p>	<p>What does the world's top dentist get?</p> <p>Answer: A little plaque</p>
<p>And we know that for those who love God all things work together for good, for those who are called according to his purpose.</p> <p>Romans 8:28</p>	<p>Make a meal using a recipe or ingredient you've never tried before</p> 	<p>Learn a new skill from a friend or share one of yours with them</p>	<p>Find a way to tell someone you appreciate them</p> 	<p>Join a friend doing their hobby and find out why they love it</p> <p><small>Thanksgiving Day (US)</small></p>	<p>Look for reasons to be hopeful, even in difficult times</p> 	<p>How are false teeth like stars?</p> <p>Answer: They come out at night!</p>
<p>"The Lord is my strength and my song; he has given me victory. This is my God, and I will praise him-my father's God, and I will exalt him."</p> <p>Exodus 15:2</p>	<p>Discover your artistic side: design your own Christmas cards!</p> 	<p>November 2020 Wellness Suites NEW WAYS NOVEMBER</p>				