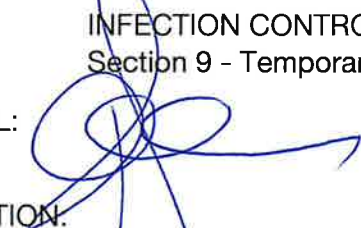


Radiant Care

MANUAL: INFECTION CONTROL SUBJECT: RESUMING VISITS DURING
 Section 9 - Temporary Policies COVID-19

APPROVAL:  NUMBER:

DISTRIBUTION: DATE: JUNE 2020

SCOPE

This policy applies to Long-Term Care homes and congregate living settings at Radiant Care.

PURPOSE

To support Long-Term Care residents and congregate living tenants at Radiant Care, the homes will begin staged resumption of visits guided by the following principles, as per the Ministry of Health:

Safety: Visiting in the long-term care home and congregate living settings must meet the health and safety needs of residents/tenants, staff, and visitors, and ensure risks are mitigated.

Emotional Well-being: Allowing visitors is intended to support the emotional well-being of residents/tenants and their families/friends, through reducing any potential negative impacts related to social isolation.

Equitable Access: All individuals seeking to visit a resident/tenant will be given *equitable visitation access*, consistent with resident/tenant preference and within *reasonable restrictions* that safeguard residents/tenants.

Flexibility: The physical/infrastructure characteristics of the long-term care homes, its staffing availability, and the status of the home with respect to Personal Protective Equipment (PPE) levels for staff and residents/tenants.

POLICY

The visitation guidelines in all areas of the home are determined based on the directives and plans the Ontario government issues. Please refer to Procedure section for further details.

Visits

Visitors may visit residents/tenants at Radiant Care as per the guidelines outlined in the Procedure section.

Visitors may not come to the home if they are feeling unwell.

Failure to follow policy and protocols will result in discontinuation of visits.

Absences

Long-term care residents may leave the Long-Term Care Home property for absences, as per the guidelines outlined in the Procedure section.

All absences must be reviewed and approved on a case-by-case risk assessment considering, but not limited to, the home's ability to support self-isolation upon return (if necessary), local disease transmission and activity, and the residents' ability to comply with local and provincial policies.

DEFINITIONS

Essential Visitors: A person performing essential support services (food delivery, health care services) or a person visiting a very ill or palliative resident. During an outbreak and/or a suspected or confirmed case of COVID-19, the local Public Health unit will provide direction on visitors to the home depending on the specific situation.

Support Worker: A person who visits a home to provide support to the critical operations of the home or to provide essential services to a resident. Essential services include, but are not limited to, services provided by regulated health professionals, emergency services, social work, moving services, legal services, post-mortem services, maintenance and repair services, food and nutrition services, water and drink delivery services, mail, delivery and courier services, assistive devices program vendors, and election / voting services.

Caregiver: A type of visitor who is visiting the home to provide direct care to meet the essential needs of a particular resident. Caregivers must be at least 18 years of age and must be designated by the resident or his/her substitute decisionmaker (if any). Direct care includes providing support or assistance to a resident that includes providing direct physical support (for example, eating, bathing and dressing) and/or providing social and emotional support.

General Visitors: A person who is not an essential visitor and is visiting the home to provide non-essential services related to either the operations of the home or a particular resident or group of residents. This excludes children under the age of one.

All visitors must complete the required education on Infection Prevention and Control (IPAC) and PPE from the resources provided by Public Health Ontario.

Education Requirements for Visitors: Prior to any visit in Long-Term Care, visitors must complete education that includes how to perform hand hygiene and put on and remove required PPE. All essential caregivers must re-complete this training and re-read Radiant Care's Resuming Visits During COVID-19 Policy on a monthly basis, and attest to doing so.

Education for Caregivers:

- Infographic: *Recommended Steps: Taking Off Personal Protective Equipment (PPE)*
– this infographic also outlines how to put on PPE
<https://www.publichealthontario.ca/-/media/documents/ncov/ipac/ppe-recommended-steps.pdf?la=en>
- Video: *Putting on Full Personal Protective Equipment*
<https://www.publichealthontario.ca/en/videos/ipac-fullppe-on>
- Video: *Taking off Full Personal Protective Equipment*
<https://www.publichealthontario.ca/en/videos/ipac-fullppe-off>
- Video: *How to Hand Wash*
<https://www.publichealthontario.ca/en/videos/ipac-handwash>
- Video: *How to Hand Rub*
<https://www.publichealthontario.ca/en/videos/ipac-handrub>

Education for General Visitors:

- Infographic: *Recommended Steps: Taking Off Personal Protective Equipment (PPE)*
– this infographic also outlines how to put on PPE
<https://www.publichealthontario.ca/-/media/documents/ncov/ipac/ppe-recommended-steps.pdf?la=en>
- Video: *Putting on One-Piece Facial Protection*
<https://www.publichealthontario.ca/en/videos/ipac-onepiecefacial-on>
- Video: *Taking off One-Piece Facial Protection*
<https://www.publichealthontario.ca/en/videos/ipac-onepiecefacial-off>
- Video: *How to Hand Wash*
<https://www.publichealthontario.ca/en/videos/ipac-handwash>
- Video: *How to Hand Rub*
<https://www.publichealthontario.ca/en/videos/ipac-handrub>

Fully immunized (or Fully vaccinated): A person is fully immunized against COVID-19 if they have received:

- The full series of a COVID-19 vaccine authorized by Health Canada, or any combination of such vaccines, or
- One or two doses of a COVID-19 vaccine not authorized by Health Canada, followed by one dose of a COVID-19 mRNA vaccine authorized by Health Canada, or
- Three doses of a COVID-19 vaccine not authorized by Health Canada; and
- They received their final dose of the COVID-19 vaccine at least 14 days ago.

To obtain “fully immunized” status at Radiant Care (long-term care visitors only), a visitor must submit vaccine proof to the home. Without proof, the visitor will not be considered “fully immunized” for the purposes of Directive #3 and this policy.

- Essential Caregivers must email/drop off a copy of their enhanced vaccine certificate to Coralene Loewen at coralene@radiantcare.net as soon as possible after each vaccination, indicating “vaccine proof” in the subject line. Radiant Care will maintain an ongoing record of essential caregiver vaccinations.
- General visitors must show their enhanced vaccine certificate (electronic or paper version) to the Screener upon arrival.

PROCEDURE

The tables below indicate the visitation and resident absence guidelines based on current Ontario government directives/plans and during outbreak in the home. (The guidelines for visiting during a suspected outbreak are the same as those for outbreak.) These guidelines may be updated at the discretion of Radiant Care and as directed by the Ontario government, Ministry of Long-Term Care, Ministry of Health, and Public Health as the pandemic situation evolves to keep all residents, tenants, staff, and visitors safe.

Visitation restrictions above and beyond those listed in the tables below may be made based on the physical characteristics of the home and the needs of ALL residents. The total number of visitors in the home will be closely monitored and restricted, as necessary. Space in the homes must be available for physical distancing where required. If the home is not able to supply surgical/medical masks, no visitors will be permitted inside the home. Outdoor visits may be cancelled due to extreme heat, other weather conditions, lack of available staff to support the visit, etc.

Most visits will not be supervised; successful visits in the homes are dependent on trust. The homes trust that visitors will comply with all rules. At times it may be necessary to supervise visits to support residents.

Radiant Care staff will be primarily responsible for the transportation of residents in and out of the home for visits/absences, though essential caregivers may assist with this transportation. Radiant Care staff are not able to assist with transferring residents into vehicles or transferring mobility devices into vehicles.

Immunization Requirements

Long-Term Care Visitors

- General visitors who are 5+ years old must be fully immunized (or have a valid medical exemption) to enter the long-term care home, unless they are visiting a resident receiving end of life care.
 - There is no vaccine requirement for those under 5.
 - Infants under 1 year of age are not considered visitors and may enter the home without being subject to immunization requirements or surveillance testing.
 - Essential caregivers must:
 - Provide proof of being fully immunized, and
 - Provide proof of a third/booster dose by March 14, 2022 if eligible* for a third dose by March 14, 2022.
 - For those who are only eligible* for a third dose after March 14, 2022, provide proof of a third dose within 30 days of becoming eligible.
- OR
- Provide proof of a medical exemption
- unless they are visiting a resident receiving end of life care.
- After December 14, 2021, individuals must be fully immunized in order to be designated as essential caregivers. (This does not impact those already designated as caregivers.)

*An individual becomes eligible for a booster/third dose 84 days after their second dose.

Congregate Living Visitors

- Congregate living visitors are not required to be immunized.

Surveillance Testing

Long Term Care Visitors

- Long-term care visitors must be tested at the frequency outlined in the table below.
Exceptions:
 - Visitors who have had a prior Confirmed COVID-19 Infection in the past 90 days from the date of the Confirmed COVID-19 Infection should not be re-tested except:
 - a. with new onset of signs or symptoms of COVID-19,
 - b. can be considered:
 - i. if there is exposure to a confirmed case of COVID-19;
 - ii. if there is a COVID-19 outbreak in the home; or
 - iii. at the direction of the local public health unit.
 - c. if they have travelled outside of Canada in the 14 days prior to entering a long-term care home, in which case they must receive and demonstrate the negative test result from the Antigen Test before entering the home.
After 90 days, they must resume regular testing as per above.
 - Visitors who have received 3 false positives on rapid antigen tests within a 30-day period are exempt from the rapid antigen testing requirements and must instead present proof of a negative PCR test result with the past 7 days.
- Radiant Care will provide onsite rapid antigen testing (RAT) during identified times.

Congregate Living Visitors

- There are no testing requirements for congregate living visitors.

Designating an Essential Caregiver

- Each resident or substitute decision maker (SDM) may designate up to four (4) essential caregivers.
- Radiant Care will document the identified designated individual(s) in the resident's plan of care, along with the role they play in providing care.
- The resident or their SDM may change a designation based on resident care needs or the availability of the designated caregiver but must submit a change request in writing to the home.
- Changes to designated caregivers may be restricted during certain periods based on provincial and local conditions, and at the discretion of Radiant Care.

LONG-TERM CARE VISITS

REQUIREMENTS		OUTBREAK/ RESIDENT IN ISOLATION
<p>VISITORS <i>Masks required at all times. Medical masks must be worn indoors and by essential caregivers at all times</i></p> <p><i>Eye protection must be worn during times of high risk (at the discretion of Radiant Care)</i></p> <p><i>Prior to each visit, must be actively screened by staff for symptoms and exposures to COVID-19 and not admitted if they do not pass screening</i></p> <p><i>Indoor visitors must participate in surveillance testing: Undergo a “day of” COVID-19 rapid antigen test (RAT) or show proof of a negative RAT taken on the previous day, with negative screen confirmed prior to going beyond entry point**</i></p> <p><i>Must review IPAC information (Appendix A), complete required education (see page 3), and follow all IPAC measures (hand hygiene, masking, and distancing where indicated)</i></p> <p><i>Indoor visitors must complete Attestation, Waiver and Release prior to each visit (Appendix B)</i></p>	<p>ESSENTIAL CAREGIVER (DESIGNATED)</p> <ul style="list-style-type: none"> • Must be immunized with 3 doses of vaccine if eligible* for a third dose by March 14, 2022.** Otherwise, must be immunized with 3 doses of vaccine within 30 days of becoming eligible for a third dose. • Visits will not be scheduled or restricted in length or frequency • Must be indoors (max 4 including general visitors). Outdoor visits are not feasible during the winter months. • Close contact with resident allowed • May support in dining room, join in activities (space permitting) but must maintain physical distance 2m from everyone other than resident 	<p>May support in resident’s room/isolation room (1 per visit)</p> <p>If resident unaffected by outbreak, may support outside of resident’s room</p> <p>Must wear eye protection when providing direct care</p>
	<p>GENERAL VISITOR</p> <ul style="list-style-type: none"> • Must be fully immunized** unless under the age of 5. There is no vaccination requirement for those under the age of 5. • Visitors under 14 must be accompanied by an adult • Visits must be scheduled in advance through Therapeutic Recreation Supervisor. Visits will be a minimum of 60 min. Radiant Care will make every effort to provide 1-2 visits per week per resident and to accommodate additional visit requests • Must remain in designated visiting areas • Must be indoors (max 4 including essential caregivers). Outdoor visits are not feasible during the winter months. • Close contact with resident allowed • Approved performers may remove their mask while providing live entertainment, if required to perform their talent (i.e. singing or playing a musical instrument), provided that the performer maintains a physical distance of at least two metres from spectators or is separated from spectators by plexiglass or an impermeable barrier. 	<p>Not permitted unless resident is in area unaffected by outbreak</p>

*An individual becomes eligible for a booster/third dose 84 days after their second dose; therefore, if an individual received their second dose on or before December 20, 2021, they must show proof of a third dose starting March 14, 2022.

**Unless the visitor requires immediate access in an emergency or palliative situation.

LONG-TERM CARE RESIDENT ABSENCES

REQUIREMENTS		IMMUNIZED WITH AT LEAST 3 DOSES	PARTIALLY IMMUNIZED/ UNIMMUNIZED	OUTBREAK/ RESIDENT IN ISOLATION
ABSENCES <i>*Medical mask required, follow IPAC, active screening on return *Testing and isolation requirements as set out in Directive # 3 and by Public Health apply</i>	SOCIAL ABSENCE – DAY	Permitted		Not permitted
	SOCIAL ABSENCE – OVERNIGHT	Permitted		Not permitted
	ESSENTIAL, MEDICAL, COMPASSIONATE, OR PALLIATIVE ABSENCE – DAY OR OVERNIGHT	Permitted		Permitted

Whenever outside of the home, residents should do their best to:

- Wear a mask (as tolerated)
- Wash hands frequently
- Limit their contact with others. Avoid crowds, large social gatherings and gatherings with people who are unvaccinated
- Physically distance and only be in close contact with people who are fully vaccinated, especially when eating or singing

LONG-TERM CARE RESIDENT ACTIVITIES

REQUIREMENTS		ALL RESIDENTS	OUTBREAK/ ISOLATION
SOCIAL GATHERINGS <i>*Residents wear face coverings if tolerated, IPAC adherence, cleaning prior/after</i>	ORGANIZED EVENTS/ SOCIAL GATHERINGS	<p>Limited room capacity to allow for physical distancing</p> <p>Social group activities should be in small groups, but may include more than 10 residents. Larger group activities where potential crowding can occur should continue to be avoided</p> <p>No cohorting required</p> <p>Enhanced precautions required</p>	<p>Individual/ door-to-door programming only for area(s) in outbreak and isolated residents (caregiver permitted)</p> <p>Residents from different cohorts are not to be mixed</p>
DINING	COMMUNAL DINING	<p>Consistent seating of residents at same table (cohorting) – physical distancing can be relaxed</p> <p>Physical distancing 2m between diners at different tables as much as possible</p>	In-room dining

CONGREGATE LIVING/HOUSING VISITS (APARTMENTS, WELLNESS SUITES, LIFE LEASE UNITS)

REQUIREMENTS

INDOOR VISITS

- No indoor visitors allowed for tenants who are self-isolating
- Must review information package on Infection Prevention and Control (IPAC) (see Appendix A)
- It is required that visitors wear a face covering (provided by self) throughout the visit. We encourage visitors to follow all IPAC measures including hand hygiene and maintaining physical distance (2 metres)
- Prior to each visit, must self-screen for symptoms and exposures for COVID-19, and not be admitted if they do not pass the screening. Visitors must sign in at the screening station and document on the sign in sheet that they passed the self-screening
- Visits will not be scheduled or restricted in length or frequency
- Tenants will schedule their own visitors and are responsible to ensure their visitors adhere to the guidelines in this policy

**Unless the visitor requires immediate access in an emergency or palliative situation

TENANT ABSENCES

Tenants are permitted to leave the home at any time and are not required to arrange their absences with staff; however, tenants who are away from the home on a temporary/overnight absence must follow the guidelines below upon return to the home. Tenants are responsible to arrange/complete their own testing and/or immunization; this is not the responsibility of Radiant Care. Tenants must provide proof of test results and immunization, where applicable, to the Supportive Housing Manager for verification.

REQUIREMENTS		IMMUNIZED WITH AT LEAST 3 DOSES	PARTIALLY IMMUNIZED/ UNIMMUNIZED
ABSENCES <i>*Face covering required, follow IPAC</i>	SHORT TERM – FOR ANY REASON <ul style="list-style-type: none"> Being away from the home during the day 	No specific requirements	No specific requirements
	TEMPORARY/OVERNIGHT <ul style="list-style-type: none"> Being away from the home overnight (except for a single night in the emergency room) Being discharged after two or more nights in the emergency room, or Being admitted to the hospital at any point 	No specific requirements	FOR SUPPORTIVE HOUSING CLIENTS ONLY: May get a PCR test completed within 24 hours (1 day) prior to the time of return to the home (“re-admission”). <ul style="list-style-type: none"> While the test result is <i>pending</i>, the individual must be placed in isolation on droplet and contact precautions. If the test result is <i>negative</i>, the individual must remain in isolation on droplet and contact precautions for a minimum of 5 days. <ul style="list-style-type: none"> In order for isolation to discontinue, the individual must complete another PCR test on day 5 and achieve a negative result. If the individual does not complete a PCR test on day 5, they must continue to isolate for 10 days from their initial test date. If the test result is <i>positive</i>, the individual must isolate as per directions from Public Health. If the individual chooses not to get a PCR test at the time of admission/re-admission, s/he must be placed in isolation on droplet and contact precautions for 10 days. If timely PCR results are unavailable, the individual may perform 2 rapid antigen tests (RATs) separated by 24 hours in place of each required PCR test.

TENANT ACTIVITIES

REQUIREMENTS		OUTBREAK/ ISOLATION
SOCIAL GATHERINGS (INDOOR COMMON AREAS)	<ul style="list-style-type: none"> • Masks may be removed while eating or drinking (must be seated at a table). Masks must be worn when not actively eating or drinking, and when moving around the room • We strongly recommend that you remain 2 metres away from other people 	TBD
FITNESS & WELLNESS CENTRE (TABOR MANOR ONLY)	<ul style="list-style-type: none"> • Open to all Fitness & Wellness Centre members • Must be fully immunized (or medically exempt) to enter Fitness Centre • Members must sign in and out with each use and answer screening questions on the sign in sheet (at wellness centre door) • Masks may be removed while exercising, but must be worn while walking to and from the Fitness Centre • Equipment must be sanitized by members after each use using the wipes provided • We strongly recommend that you remain 2 metres away from other people • Staff, volunteers, and affiliate members must meet the congregate living indoor visitor requirements outlined in this document (see page 9) and must screen in at the screening station upon entry to 1 Tabor Drive. • Hours of use are: <ul style="list-style-type: none"> ○ Tenants, Staff, Volunteers: Anytime ○ Affiliate Members: 8:00am – 5:00pm Monday to Friday (May be used outside of these times if accompanied by an internal member) 	Closed

ROOM BOOKINGS

Room bookings may be made through our Administration Office at each site.

REQUIREMENTS		OUTBREAK/ ISOLATION
HOSPITALITY ROOMS (For overnight guests)	<ul style="list-style-type: none"> • Guests staying in our hospitality rooms must meet the congregate living indoor visitor requirements outlined in this document (see page 9) • Guests must screen in at the housing screening station 	TBD
MEETING ROOM RENTALS (For group gatherings)	<ul style="list-style-type: none"> • Masks must be worn at all times except while eating or drinking • We strongly recommend that you remain 2 metres away from other people • <u>All</u> guests must meet the congregate living indoor visitor requirements outlined in this document (see page 9) <ul style="list-style-type: none"> ○ The person booking the room is responsible for keeping a record of all guests who attend, informing all guests of all requirements, and ensuring all requirements are met • <u>All</u> guests must screen in at the housing screening station 	TBD

Failure to comply with IPAC or PPE protocols

Radiant Care Long-Term Care homes are required to follow directives issued by the Chief Medical Officer of Health under the Health Protection and Promotion Act and requirements under the Long-Term Care Homes Act, 2007, and other applicable laws to ensure that the home is a safe and secure environment for its residents. As a result, Radiant Care will take steps to enforce the rules for visitors, including restricting access to the property as appropriate.

- Visitors who repeatedly do not comply with the visitor rules could have all visits discontinued. The process will be as follows:
 1. Verbal reminders
 2. Written reminder
 3. Suspension of visits until review of education and attestation to that effect has occurred

CROSS REFERENCE

- Isolation Protocols for Admission and Re-Admission to Housing During Covid-19 Pandemic – Temporary Policy, located in Infection Control Manual

REFERENCE

- COVID-19 Directive #3 for Long-Term Care Homes under the Long-Term Care Homes Act, 2007, Ministry of Long-Term Care (December 2021) https://www.health.gov.on.ca/en/pro/programs/publichealth/coronavirus/docs/directives/LTCH_HPPA.pdf
- COVID-19 Guidance Document for Long-Term Care Homes in Ontario, Ministry of Long-Term Care (March 2022) <https://www.ontario.ca/page/covid-19-guidance-document-long-term-care-homes-ontario>
- COVID-19 Guidance: Long-Term Care Homes and Retirement Homes for Public Health Units, Ministry of Health (March 2022)
- Minister's Directive: COVID-19: Long-Term Care Home Surveillance Testing and Access to Homes (March 2022) <https://www.ontario.ca/page/covid-19-long-term-care-home-surveillance-testing>
- Reopening Ontario: Roadmap to Reopen, Government of Ontario (May 20, 2021) <https://www.ontario.ca/page/reopening-ontario>
- Face Covering By-Law, Niagara Region <https://niagararegion.ca/health/covid-19/mask-bylaw.aspx>

Revised:

<u>July 21, 2020</u>	<u>April 13, 2021</u>	<u>December 17, 2021</u>
<u>August 12, 2020</u>	<u>May 11, 2021</u>	<u>December 19, 2021</u>
<u>September 1, 2020</u>	<u>May 25, 2021</u>	<u>December 21, 2021</u>
<u>September 8, 2020</u>	<u>June 7, 2021</u>	<u>December 30, 2021</u>
<u>November 16, 2020</u>	<u>June 30, 2021</u>	<u>January 6, 2022</u>
<u>November 26, 2020</u>	<u>July 7, 2021</u>	<u>January 31, 2022</u>
<u>December 21, 2020</u>	<u>July 16, 2021</u>	<u>February 7, 2022</u>
<u>February 9, 2021</u>	<u>August 2, 2021</u>	<u>February 17, 2022</u>
<u>February 18, 2021</u>	<u>September 1, 2021</u>	<u>February 21, 2022</u>
<u>March 1, 2021</u>	<u>September 13, 2021</u>	<u>March 3, 2022</u>
<u>April 5, 2021</u>	<u>October 15, 2021</u>	<u>March 14, 2022</u>

Appendix A

Infection Prevention and Control (IPAC) Information Package

Immunization:

- Essential caregivers and general visitors in long-term care must be fully vaccinated.
- Essential caregivers must receive a third/booster dose by March 14, 2022 if eligible. Those who are only eligible for a third dose after March 14, 2022, must receive a third dose within 30 days of becoming eligible.
- Congregate living visitors do not need to be vaccinated.

Surveillance Testing:

- Rapid antigen testing (RAT) is required for all indoor long-term care visitors upon arrival to the home at the frequency outlined in Radiant Care's Resuming Visits During COVID-19 policy.

Nonadherence policy	Indoor visitors must review the information in this package and agree to all measures contained herein. Failure to do so, or non-adherence to home policies and procedures, will result in discontinuation of visits, effective immediately.	
Screening for COVID-19 Symptoms	Before your visit you will be 'screened' using a questionnaire (outdoor tenant visitors excluded) **If you have any of the symptoms in the following list we ask that you do NOT come for your visit. If you do not pass the screening, you will not be permitted to visit at this time.	
Common signs of infection include:	<ul style="list-style-type: none">• Fever and /or• New cough or a cough that is getting worse• Shortness of breath• Decrease or loss of taste or smell• Fatigue, lack of energy, muscle pain	
Other symptoms can include:	<ul style="list-style-type: none">• Difficulty breathing• Sore throat• A runny or congested nose (not allergies)• Chills	
Other non-specific symptoms are:	<ul style="list-style-type: none">• Muscle aches• Headache• Diarrhea• Conjunctivitis• Rash• Severe chest pain	<ul style="list-style-type: none">• Feeling confused• Lost consciousness• Nausea or vomiting• Unexplained abnormally rapid heart rate• Chronic conditions getting worse• Having a very hard time waking up

Appendix A

Education for Long-Term Care Visitors	<p>Prior to any visit in Long-Term Care, visitors must complete education that includes how to perform hand hygiene and put on and remove required PPE. (See specific requirements below)</p> <p>Essential caregivers must re-complete the training and re-read Radiant Care's Resuming Visits During COVID-19 Policy on a monthly basis, and attest to doing so.</p> <p>Education for Caregivers:</p> <ul style="list-style-type: none">• Infographic: <i>Recommended Steps: Taking Off Personal Protective Equipment (PPE)</i> – this infographic also outlines how to put on PPE https://www.publichealthontario.ca/-/media/documents/ncov/ipac/ppe-recommended-steps.pdf?la=en• Video: <i>Putting on Full Personal Protective Equipment</i> https://www.publichealthontario.ca/en/videos/ipac-fullppe-on• Video: <i>Taking off Full Personal Protective Equipment</i> https://www.publichealthontario.ca/en/videos/ipac-fullppe-off• Video: <i>How to Hand Wash</i> https://www.publichealthontario.ca/en/videos/ipac-handwash• Video: <i>How to Hand Rub</i> https://www.publichealthontario.ca/en/videos/ipac-handrub <p>Education for General Visitors:</p> <ul style="list-style-type: none">• Infographic: <i>Recommended Steps: Taking Off Personal Protective Equipment (PPE)</i> – this infographic also outlines how to put on PPE https://www.publichealthontario.ca/-/media/documents/ncov/ipac/ppe-recommended-steps.pdf?la=en• Video: <i>Putting on One-Piece Facial Protection</i> https://www.publichealthontario.ca/en/videos/ipac-onepiecefacial-on• Video: <i>Taking off One-Piece Facial Protection</i> https://www.publichealthontario.ca/en/videos/ipac-onepiecefacial-off• Video: <i>How to Hand Wash</i> https://www.publichealthontario.ca/en/videos/ipac-handwash• Video: <i>How to Hand Rub</i> https://www.publichealthontario.ca/en/videos/ipac-handrub
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Appendix A

<p>Clean Your Hands: Cleaning your hands is the most effective way to prevent the spread of germs. Regular hand cleaning with either soap and water or an alcohol-based hand sanitizer will reduce the risk of getting sick</p>	<p>You must clean your hands: You will be asked to sanitize your hands at the beginning of your visit, and again as you are leaving the visiting area.</p> <p>Hand Sanitizer will be available for you to use when you are screened prior to your visit:</p> <ul style="list-style-type: none"> • Apply the sanitizer to the palm of your hand, rub the product over all surfaces of your hands (between your fingers, the base of your thumb, your wrists, under your fingernails) until your hands are dry. This should take 20 seconds <p>Please view online video listed in <i>Education</i> section above.</p>
<p>Physical Distancing</p>	<p>Avoiding/minimizing close contact is a primary way to prevent the spread of COVID-19.</p> <p>Long-Term Care Visitors: Physical touch (for example, holding hands) is allowed between caregivers or general visitors and the resident they are visiting, provided appropriate IPAC measures, like masking and hand hygiene, are in place.</p> <p>All visitors must maintain a 2-metre distance from all other residents, caregivers, staff, and visitors during their visit.</p> <p>Regardless of immunization status, you may not pass items to the person you are visiting (including food, photographs, papers, etc.). Any items you wish to leave with a resident/tenant must be dropped off to the screener.</p>
<p>Face Masks</p>	<p>**All visitors must wear their face mask/covering for the duration of their visit. Visitors may not remove their masks for any reason. Because visitors must always wear their masks, visitors may not eat or drink during their visit.</p> <p>How to safely wear a face covering: While you continue to stay two metres away from others"</p> <ol style="list-style-type: none"> 1. Clean your hands before putting it on and taking it off. Clean your hands with soap and water or alcohol-based hand sanitizer for at least 20 seconds. 2. Make sure it fits. No gaps between the face covering and your face. It should cover your mouth and nose from below the eyes to around the chin. 3. Secure it with ties or ear loops so that it is comfortable and does not hinder breathing and vision

Appendix A

	<ol style="list-style-type: none"> 4. Keep your hands away from your face while wearing a face covering. If you do touch your face or mask, clean your hands immediately. 5. Do not share your mask with others. Wear it as long as it is comfortable, and remove it when it becomes soiled, damp, damage or difficult to breathe through. <p>How to remove and care for a face covering:</p> <ol style="list-style-type: none"> 1. Remove carefully by grasping the straps only and place directly in the laundry (or garbage if disposable) 2. If you must use it again before washing, ensure that the front of the mask folds in on itself to avoid touching the front. Store it in its own bag or container. Discard the bag or clean and disinfect the container after use. 3. Immediately clean your hands with soap and water for at least 20 seconds or use alcohol-based hand sanitizer 4. Machine wash with hot water and regular detergent <p>Type of Face Covering</p> <ul style="list-style-type: none"> • Outdoor Long-Term Care general visitors and indoor tenant visitors are requested to bring their own face covering/mask • Indoor Long-Term Care general visitors and all essential caregivers must wear a medical mask provided by Radiant Care <p>Please view online video listed in <i>Education</i> section above.</p>
Eye Protection	<p>Eye protection must be worn by essential caregivers who are providing care within 2 metres of a resident who is on Droplet/Contact Precautions and/or directly in an outbreak setting.</p> <p>Radiant Care will initially provide each essential caregiver with reusable eye protection, as needed. Caregivers must keep the eye protection, clean it after use, and bring it to each visit.</p>
Limiting Movement:	<p>Long-term care visitors must visit in designated visiting areas. Please proceed directly to your visit location and remain in place. Exceptions for <i>fully immunized</i> essential caregivers visiting <i>fully immunized</i> long-term care residents are noted in the table in the Resuming Visits During COVID-19 Policy.</p>

ATTESTATION, WAIVER AND RELEASE

This Attestation, Waiver and Release is to be read, understood, and signed by every visitor and every family member acting as caregiver, private-duty caregiver, paid companion, translator, or anyone the resident and/or Substitute Decision Maker designates as a caregiver (“Caregiver”) individually, before a visitor or Caregiver proposes to conduct his or her visit, every time that a visitor or Caregiver proposes to conduct a visit. A prospective visitor or Caregiver will not be allowed to conduct a visit if they (a) do not pass the screening questionnaire administered by Radiant Care staff just prior to the visit, or (b) have violated any of the rules, guidelines, protocols and/or procedures imposed by Radiant Care on visitors or Caregiver, or (c) have previously signed this Attestation, Waiver and Release and such Attestation, Waiver and Release has been found to contain false, misleading or incorrect information.

**TO: RADIANT CARE TABOR MANOR
RADIANT CARE PLEASANT MANOR
MENNONITE BRETHREN SENIOR CITIZENS HOME
PLEASANT MANOR RETIREMENT VILLAGE**

and each of their respective stakeholders, directors, officers, employees, representatives, agents, volunteers, administrators, successors, assigns and affiliated entities (and all of the above are collectively referred to herein as “**Radiant Care**”)

RE: Proposed visit to:

Radiant Care Tabor Manor

[] 7 Tabor Drive, St. Catharines, ON, L2N 1V9 (Long-Term Care)

Or

Radiant Care Pleasant Manor

[] 1743 Four Mile Creek Road, Virgil, ON, L0S 1T0 (Long-Term Care)

I, _____, hereby attest, confirm, agree, acknowledge, represent and warrant that:

1. **IF I AM A GENERAL VISITOR:** I have provided Radiant Care with proof that I am fully immunized.
2. **IF I AM AN ESSENTIAL CAREGIVER:** I have provided Radiant Care with proof that I am fully immunized and have received a third/booster dose.
3. I have had COVID-19 rapid antigen tests (RAT) conducted on me at Radiant Care or by an approved RAT testing facility within the timeframe required by Radiant Care. The test results from those RATs are negative (that is, those test results confirm that I have no evidence of a COVID-19 infection).
4. I am not currently experiencing any COVID-19 symptoms (including, but not limited to, signs or symptoms such as fever (37.8°C or greater), any new or worsening respiratory symptoms (cough, shortness of breath), decrease or loss of taste or smell, or fatigue, lack of energy, or muscle pain).
5. I have received, reviewed and read, and I fully understand, Radiant Care’s COVID-19 infection, prevention and control rules, guidelines, protocols and procedures, and Radiant Care’s educational, training and instructional material, including, but not limited to, accessing the required education links provided by Radiant Care to complete the online infection prevention and control and personal protective equipment education. I will, at all times during my visit, abide by and comply with all of Radiant Care’s COVID-19 infection, prevention and control rules, guidelines, protocols and procedures and educational, training and instructional material, including but not

limited to the proper use of face masks, proper hand hygiene and respiratory etiquette. I have completed/re-completed the required education within the past month.

6. In the past 14 days, I have not visited or provided private direct care in another long-term care home experiencing an outbreak or to a resident who is self-isolating or symptomatic.
7. I have read Radiant Care's Resuming Visits During COVID-19 Policy within the past month.
8. I will, at all times during my visit: (a) properly wear a face mask or face covering if my visit is outdoors in Long-Term Care (which I am responsible for bringing); (b) properly wear a surgical face mask provided by Radiant Care if my visit is indoors in Long-Term Care; and (c) maintain a minimum physical distance of 2 metres (6 feet) from any and every person I encounter while on my visit, except when providing direct care to a resident or if both I and the resident I am visiting are fully immunized.
9. If I sign this Attestation, Waiver and Release and it is subsequently found by Radiant Care to contain any false, misleading or incorrect information, then I will be banned from entering into or visiting any Radiant Care site at any time thereafter.
10. I fully accept and assume all risks and responsibilities associated with and related to my visit to this Radiant Care site, and I acknowledge and understand that I am visiting and attending this Radiant Care site at my own risk.
11. I hereby irrevocably, absolutely, fully and finally release and discharge Radiant Care from any and all claims, actions, causes of action, suits, debts, duties, accounts, bonds, covenants, contracts and demands of every nature or kind whatsoever arising out of or in any way related to my visit to this Radiant Care site or any sickness or condition that I might contract, sustain or suffer as a result of my visit to this Radiant Care site.
12. I hereby agree to indemnify and save harmless Radiant Care from and against any and all losses, demands, damages, costs, liabilities, claims, charges, expenses, and actions, including legal fees and expenses related thereto, that may be made against Radiant Care or that Radiant Care may suffer or sustain as a result of or arising directly or indirectly out of me making any statement herein that is false, misleading or incorrect, or any case of COVID-19 or a COVID-19 outbreak that arises in this Radiant Care site as a result of me carrying the virus or me making a statement herein that is false, misleading or incorrect.
13. I confirm that I have read and fully understand this Attestation, Waiver and Release, and that I have signed it freely and without any inducement, and I hereby agree to be bound by its terms.
14. I understand that Radiant Care has relied on all of the above statements and their enforceability in allowing me to visit the above noted Radiant Care site, and that Radiant Care would not allow me to visit this Radiant Care site if I did not confirm and agree to all of the statements made herein and if these terms were not enforceable against me or binding upon me.

DATED this _____ day of _____, 2022 at _____, Ontario.

Witness signature

Signature of person named above

[print name of witness]

[print name of person signing]