






Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Morning Hymn Sing 1 10:00 TV German Church 11:00 TV Church Afternoon Montessori <small>Daylight Saving Time Ends</small>	Morning Montessori 2 10:00 Physio Chair Exercise Afternoon Trivia 1:30 Physio Exercise	Morning Exercise 3 Afternoon Bingo	Morning Manicures 4 10:00 Physio Chair Exercise Afternoon Fit Minds 1:30 Physio Exercise Evening Read by the Fire	Morning Exercise 5 Afternoon BINGO	Morning Exercise 6 10:00 Physio Chair Exercise Afternoon Remembering a trip to the grocery store 1:30 Physio Exercise Happy Birthday Nick	Morning Chair Yoga 7 Afternoon Travel to Panama
Morning Sing Along 8 11:00 TV Church Afternoon Virtual Reality Sessions	Morning Exercise 9 10:00 Physio Chair Exercise 1:30 Virtual Music Therapy Afternoon Picture a Word 1:30 Physio Exercise	Morning Remembrance Day Crafts 10 Afternoon Poems and Readings	Morning Remembrance Service 11 10:00 Physio Chair Exercise Afternoon Remembrance Day Puzzles 1:30 Physio Exercise Evening <small>Veterans Day</small> Short Stories <small>Remembrance Day (Canada)</small>	Morning Exercise 12 Afternoon BINGO	Morning Montessori 13 10:00 Physio Chair Exercise Afternoon Friday Fit: Zumba 1:30 Physio Exercise	Morning Lounge 14 Afternoon Trivia
Morning Hymn Sing 15 10:00 TV German Church 11:00 TV Church Afternoon Word Games Happy Birthday Luise	Morning One to Ones 16 10:00 Physio Chair Exercise Afternoon Activities with Holly 1:30 Physio Exercise	Morning Name that Tune 17 Afternoon Reminiscing	Morning Exercise 18 10:00 Physio Chair Exercise Afternoon Lounge Games 1:30 Physio Exercise Evening Trivia	Morning Exercise 19 Afternoon BINGO	Morning Montessori 20 10:00 Physio Chair Exercise Afternoon Read with Me 1:30 Physio Exercise	Morning Exercise 21 Afternoon Colour Me Happy
Morning Sing Along 22 11:00 TV Church Afternoon Travel to Thailand	Morning Sing Along 23 10:00 Physio Chair Exercise 1:30 Virtual Music Therapy Afternoon Montessori 1:30 Physio Exercise Happy Birthday Henry	Christmas Decorating 24 	10:00 Physio Chair Exercise 1:30 Physio Exercise  Happy Birthday Rita	Morning Exercise 26 Afternoon BINGO Happy Birthday Siegy and Mary R <small>Thanksgiving Day (US)</small>	Morning Exercise 27 10:00 Physio Chair Exercise Afternoon Name 10 1:30 Physio Exercise	Morning Christmas 28 Sing Along Afternoon Christmas Montessori
Morning Hymn Sing 29 10:00 TV German Church 11:00 TV Church Afternoon Hot Chocolate and Stories	Morning One to Ones 30 10:00 Physio Chair Exercise Afternoon Fit Minds 1:30 Physio Exercise	<h1>November 2020</h1> <p>Radiant Care Pleasant Manor- Heritage Place</p>				

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<p>Turn the Clocks Back an Hour. A simple Rhyme helps you remember that you FALL BACK and SPRING AHEAD</p> <p><small>Daylight Saving Time Ends</small></p>	<p>1 Today is All Souls' Day, 2 Catholic holiday that is for the living to remember those in purgatory, where souls undergo a purifying process before entering heaven.</p>	<p>3 Today in 1906 – SOS was adopted as the international distress signal. In Morse code, SOS is a continuous sequence of three dots, three dashes, and three dots.</p>	<p>4 Riddle Me This Why do ants get sick? <i>Answer: they have little anty bodies</i></p>	<p>5 Today is Guy Fawkes Day He Was a member of a group of provincial English Catholics who was involved in the failed Gunpowder Plot to kill King James I</p>	<p>6 Today is Saxophone Day, in honor of its inventor, Adolphe Sax, born on this day in 1814. Sax also invented the lesser-known saxotromba, saxhorn, and saxtuba.</p>	<p>7 Riddle Me This What do you call a penguin in a desert? <i>Answer: Lost</i></p>
<p>8 Riddle Me This What did the salad say during the fire? <i>Answer: Lettuce Romaine Calm</i></p>	<p>9 On this Day in 1967 – The first issue of Rolling Stone magazine was published. John Lennon was featured on the first cover.</p>	<p>10 Today in 1975 – The SS Edmund Fitzgerald sank in Lake Superior during a storm with winds of approximately 45 knots.</p>	<p>11 Today is Armistice Day, a holiday remembering the soldiers lost during World War I. After World War II, the name of the holiday was changed to Remembrance Day. <small>Remembrance Day (Canada)</small></p>	<p>12 Today in 1951 The National Ballet of Canada gave its debut performance in Toronto. The ensemble is one of the premier classical ballet companies in Canada.</p>	<p>13 Quote of the Day "Don't judge each day by the harvest you reap but by the seeds that you plant." ~ Robert Louis Stevenson</p>	<p>14 Riddle Me This Why was the bee's hair sticky? <i>Answer: because she used a honeycomb</i></p>
<p>15 Punny Business When the third raindrop joined the first two, they said "Two's company, three's a cloud."</p>	<p>16 Today in 1959 – Rodgers and Hammerstein's musical The Sound of Music opened on Broadway.</p>	<p>17 Punny Business I was born a pessimist. My blood type is B-negative.</p>	<p>18 Today in 1963 – Push-button telephones first went into service, but people were slow to replace their rotary-dial phones until the 1980s.</p>	<p>19 Today is International Men's Day, a day to highlight the positive values men bring to their families, communities, and the world. It is a day for men to reflect on their good character,</p>	<p>20 Who Said So? This inventor of modern psychoanalysis observed, "One is very crazy when in love." <i>Answer: Sigmund Freud</i></p>	<p>21 Punny Business The librarian wanted to help me, but she was booked for the afternoon.</p>
<p>22 Today in 1921 The London Gazette reported the proclamation of Canada's Coat of Arms, designating white and red as the official Canadian colors.</p>	<p>23 On This Date 1838 – Montreal shops were lit by coal gas for the first time. The gaslights replaced whale oil lamps with steady, clear light.</p>	<p>24 Christmas Decorating</p> 	<p>25 Christmas Decorating</p> 	<p>26 Today is U.S Thanksgiving. The first Thanksgiving was a three-day-long autumn feast celebrated by 50 pilgrims, 90 Wampanoag men, and their leader, Massasoit. <small>Thanksgiving Day (US)</small></p>	<p>27 Today is Native American Heritage Day. It is not just a day for Native Americans to honor their traditions and beliefs but a day for all to recognize their contributions to society.</p>	<p>28 Today in 1925 The Grand Ole Opry began broadcasting in Nashville as the WSM Barn Dance. The Opry's current primary slogan is "The Show That Made Country Music Famous."</p>
<p>29 Daily Trivia Red-Nosed Reindeer was written by Robert L. May for the department store Montgomery Ward. The store gave away 2.4 million copies during the 1939 Christmas season.</p>	<p>30 Today is Cyber Monday. The event was first held in 2005 when online buying was just starting. Last year, online sales reached \$9.4 billion.</p>	 <p style="font-size: 2em; font-family: cursive;">November 2020</p> <p>Radiant Care Pleasant Manor</p>				