

# Radiant Care Tabor Manor



## Tabor Times

### October 2020

#### ***WE REMEMBER...***

Giuseppina Scali  
Margret Neufeld

#### ***WE WELCOME...***

Harry Penner  
Margaret Merakian

#### ***WE CELEBRATE THE BIRTHDAYS OF...***

Pamela Kokoshki—3rd  
Ronald Robertson—3rd  
Seymour Peagram—3rd  
Helga Hussein - 5th  
Rosaria Tullio—7th  
Walter Boldt— 9th  
Shirley Pymont— 10th  
Frieda Keir— 12th  
Nancy Cugino— 13th  
Waltraud Huber— 18th  
Melba Astels— 22nd  
Kathleen Flynn— 28th  
Helen Isaac— 30th

Autumn promises to bring opportunities to enjoy nature's wonderful changes. As this beautiful weather continues, we hope everyone is getting a chance to connect with your loved ones to enjoy the outdoors and warm afternoon sunshine..

With the onset of Autumn, the recreation staff used their creativity to bring the Fall Farmers Market to our residents. The staff went floor to floor offering everyone a chance to enjoy fresh local fruit & vegetables. Fresh apples, pears, tomatoes, beans & preserves were enjoyed by all, and the best part was spending time together enjoying the harvest!!



## Community Relationships—Norma Restivo

We are excited to share that despite the COVID situation, Tabor Manor is continuing to build community relationships with Brock University Leisure & Aging class. Although the students will not have traditional lecture and experiential learning taking place on site here at Tabor, we have come up with a unique way to build their knowledge of seniors and connect the two generations together. This term, 34 students will be paired and connected with residents. They will engage in virtual video calls, exploring leisure interests and life histories to create a sensory box stimulating the resident's senses and provide meaningful engagement.

### Resident Council

Our next meeting will be October 7th. We will visit floor to floor.

## Dietary's Dish—Barbara Osborne

Despite COVID, residents will still be enjoying a special thanksgiving lunch will be served to our residents on Friday October 9<sup>th</sup>. Residents will be served a delicious turkey dinner with all the fixings! Wishing everyone a very happy Thanksgiving!

To ensure the upmost safety of our residents and tenants, the Food Service department has removed the following dessert items from our menu - donut holes (Timbits), and fresh grapes. These items have the potential to pose a risk of choking if they are swallowed whole. These menu items have been replaced with delicious carrot and vanilla cake along with mouth watering watermelon and fresh bananas with chocolate sauce. Please know that if you would like your loved one to receive any of these removed items, please feel free to call the Nutrition Manager at ex. 1065. Bon Appetit!"



### Family Council

Although we are not able to meet in person at this time, there are many resources out there that can support you. Family Councils Ontario Online is a great resource. As well, the Family Council Network 4 is another great resource. See links below

<https://fco.ngo/covid-19/supports-families>

<https://www.network4longtermcareadvocacy.com>



## Biblically Based—Steven Mason

The Sea of Galilee in the northern part of Israel is nearly 700 ft below sea level and is surrounded by hills. The cool air from the heights of Mt. Hermon can come rushing through the ravines of those hills like through a giant wind tunnel, collide with the warm air flowing east from the Mediterranean Sea, and produce sudden and dramatic storms. The storm in the following account in Mark 4 must have been particularly bad because even these experienced, veteran fisherman were thoroughly frightened.

*“On the same day, when evening had come, Jesus said to them, “Let us cross over to the other side.” Now when they had left the multitude, they took Him along in the boat as He was. And other little boats were also with Him. And a great windstorm arose, and the waves beat into the boat, so that it was already filling. But He was in the stern, asleep on a pillow. And they awoke Him and said to Him, “Teacher, do You not care that we are perishing?” Then He arose and rebuked the wind, and said to the sea, “Peace, be still!” And the wind ceased and there was a great calm.” Mark 4:35-39*

I would offer that this event, and the astounding thing that Jesus does in it, contains a significant word for us today; as we seek to navigate the storm of Covid. I would also suggest that while we are all in the same "storm," we are not all in the same "boat." For example, the boat of the single mother with two small children is a different boat than the senior person in assisted living, which is a different boat than the university student doing their studies at home on-line. Same storm...different boats. Nevertheless, there is a timely lesson for all of us in this timeless story.

I think it's important to see here that, in the midst of the howling storm, Jesus heard the disciples' cries. Much as a mother hears the cries of her baby and a shepherd the cries of the sheep, so does Jesus hear our cries. Our cries matter to Jesus and He invites us to turn to him in the storm.

*Storms can serve to turn hearts to Jesus.*

We can get so caught up with everything else in life, that God is moved to the edges of our existence. And gradually the joy of knowing him evaporates from our lives. But then the storm hits. And where before the storm we had forgotten God, in the storm we turn to him again.

And so, as God's people, we have a tremendously important part to play during these unparalleled and challenging days of Covid. As storms can serve to turn hearts to Jesus, our purpose and calling is to pray, pray, pray...in partnership with the Spirit of God who is working faithfully in the storm to bring about decisive and glorious turnings in hearts. Turnings that will result in changed lives and changed eternities. Prayer must be our focus!

And then, for you, perhaps this gospel story is also a bracing reminder that, whatever your boat, whatever you are enduring in the Covid storm, Jesus sees you and Jesus hears you. And while our Lord may not always calm the storm as we would like him to, he is fully present and ready to bring calm to the heart of his beloved child in the midst of the storm.

With you,  
Stephen