

Sunday

Monday

Tuesday

Wednesday


Thursday

Friday

Saturday

October 2020

Radiant Care Pleasant Manor-Heritage Place

					1 Morning Exercise Afternoon Bingo Happy Birthday Eva	2 10:00 Physio Chair Exercise Morning Monthly Gazette Afternoon Jeopardy 1:30 Physio Standing Exercise <small>Sukkot Begins</small>	3 Morning Exercise Afternoon Activities with Holly
Morning Hymn Sing 4 11:00 TV Church Afternoon Montessori	10:00 Physio 5 Chair Exercise Morning One to One Afternoon Owling with Laughter 1:30 Virtual Music Therapy 1:30 Physio Standing	10:00 Physio 6 Chair Exercise Morning Creative Creations Afternoon Bingo 1:30 Physio Standing Exercise	Morning Fall Reminiscing 7 Afternoon Price is Right: Thanksgiving Edition Evening Movie Night	Morning Exercise 8 Afternoon Bingo	10:00 Physio 9 Chair Exercise Morning Festive Colouring Afternoon Fall Foliage Train Ride 1:30 Physio Standing Exercise	Morning Sing and Stretch 10 Afternoon Turkey Trivia <small>Simchat Torah Begins</small>	
Morning Sing Along 11 11:00 TV Church Afternoon Thanksgiving Reminiscing	Morning Thanksgiving Mad Libs 12 Afternoon Thanksgiving Pyramid Game 	10:00 Physio 13 Chair Exercise Morning Montessori Afternoon Bingo 1:30 Physio Standing Exercise	Morning Fall Trivia 14 Afternoon Creative Creations Evening Movie Night	Morning Exercise 15 Afternoon Bingo	10:00 Physio 16 Chair Exercise Morning Montessori Afternoon Name that Tune 1:30 Physio Standing Exercise	Morning All About Owls 17 Afternoon Garden Clean Up	
Morning Sing and Stretch 18 11:00 TV Church Afternoon Read by the Fire	10:00 Physio 19 Chair Exercise Morning Walks n Talks Afternoon Armchair Travel: Quebec City 1:30 Virtual Music Therapy 1:30 Physio Standing	10:00 Physio 20 Chair Exercise Morning Creative Creations Afternoon Bingo 1:30 Physio Standing Exercise	Morning Fall Senses 21 Afternoon Travelling Science Evening Movie Night	Morning Exercise 22 Afternoon Bingo	10:00 Physio 23 Chair Exercise Morning Move and Groove Afternoon Trivia 1:30 Physio Standing Exercise Happy Birthday Natalie	Morning Chair Yoga 24 Afternoon Name 10: Halloween edition	
Morning Spooky Sing Along 25 11:00 TV Church Afternoon Halloween Traditions from around the world	10:00 Physio 26 Chair Exercise Morning Hoot Trivia Afternoon Travelling Hot Chocolate 1:30 Physio Standing Exercise	10:00 Physio 27 Chair Exercise Morning Name that Fall Song Afternoon Bingo 1:30 Physio Standing Exercise Happy Birthday Frieda B	Morning Move and Groove 28 Afternoon Trick or Treat Photoshoot Evening Halloween Movie Night	Morning Halloween Word Games 29 Afternoon Bingo	10:00 Physio 30 Chair Exercise Morning Halloween Games Afternoon Spooky Trivia 1:30 Physio Standing Exercise	Morning Monster Mash Exercise 31 Afternoon Wizarding Science Happy Birthday Gerda Happy Halloween!	

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Radiant Care Pleasant Manor

 <p style="text-align: center;">October 2020</p> <p style="text-align: center;">Radiant Care Pleasant Manor</p>	<p>Today is International Music Day. First declared in 1975, this holiday celebrates the role of music in our lives. <i>What is your favourite Song?</i></p>	<p>Today is World Smile Day. Harvey Ball, the artist who created the yellow smiley face figure. In 1963, Ball created the image to increase morale at an insurance company. He was paid \$45.</p>	<p>Today in 1990 – East and West Germany were officially reunified. The country had been divided by a wall since the end of World War II.</p>			
<p>Today in 1957 – The Soviet Union launched Sputnik I, the world's first satellite, into orbit.</p>	<p>Riddle Me This I give 5 milk and have a horn, but I'm not a cow. What am I? <i>Answer: milk Truck</i></p>	<p>Did you know? 6 The islands of Bermuda have no rivers or lakes. The inhabitants must use rain for water.</p>	<p>Did you know? 7 Lighters were invented in the 16th century out of converted flintlock pistols.</p>	<p>Name Three 8 Can you name three U.S. states that begin with the letter O?</p>	<p>Did You Know? 9 Cats sleep up to 18 hours a day but not as deeply as humans. They fall asleep quickly and wake up frequently to make sure their environment is still safe.</p>	<p>Today is I Love Yarn Day. 10 What do you enjoy making with yarn? Who taught you how to knit or crochet? <small>Simchat Torah Begins</small></p>
<p>On this day in 1910, 11 Theodore Roosevelt became the first (former) president to fly in an airplane, a Wright Type AB piloted by Arch Hoxsey.</p>	 <p style="text-align: center;"><small>Columbus Day (US) Thanksgiving Day (Canada)</small></p>	<p>Today in 1923 – 13 Ankara replaced Istanbul as the capital of Turkey.</p>	<p>Today in 1926 – English 14 author A. A. Milne published Winnie-the-Pooh. The name Winnie was what Milne's son called a Canadian black bear that he often visited at the London Zoo.</p>	<p>Today is Global Handwashing Day. 15 Handwashing with soap has always been one of the most effective ways to prevent disease and save lives, especially during the coronavirus pandemic.</p>	<p>Today in 1829 – The 16 Tremont House opened in Boston, Massachusetts. It was the first hotel in America to have indoor plumbing, and it cost \$2 a day.</p>	<p>Today in 1888 – The 17 first issue of National Geographic was published.</p>
<p>Name Three Can you 18 name three countries that start with the letter V?</p>	<p>Quote of the Day 19 "Power is like being a lady—if you have to tell people you are, you aren't." ~ Margaret Thatcher</p>	<p>Who Said So? This 20 chemist and researcher of radioactivity, the first woman to win a Nobel Prize, said, "Have no fear of perfection; you'll never reach it." <i>Answer: Marie Currie</i></p>	<p>Today in 1910 – The 21 Royal Canadian Navy acquired its first ship, the HMCS Niobe, from the British Admiralty.</p>	<p>Who Said So? 22 This first female prime minister of India said, "You cannot shake hands with a clenched fist." <i>Answer: Indira Gandhi</i></p>	<p>Today in 425 – 23 Six-year-old Valentinian III was named Roman emperor. A bodyguard assassinated him in 455, the final year of the empire.</p>	<p>Today in 1939 – 24 Nylon hosiery went on sale for the first time at Wilmington Dry Goods, near the Delaware headquarters of DuPont, the inventor of nylon.</p>
<p>Today in 1955 – The 25 Tappan Company introduced the microwave oven. The manufacturer advertised that it could cook eggs in 22 seconds.</p>	<p>Quote of the Day 26 "Sometimes you just stumble into something that works, and here I am a quarter century later." ~ Pat Sajak (born today in 1946)</p>	<p>Quote of the Day 27 "Far and away the best prize that life has to offer is the chance to work hard at work worth doing." ~ Theodore Roosevelt</p>	<p>Who Said So? This 28 American poet and activist said, "If you're always trying to be normal, you'll never know how amazing you can be." <i>Answer: Maya Angelou</i></p>	<p>Daily Trivia 29 Bikini designer Louis Réard said a two-piece bathing suit couldn't be called a bikini "unless it could be pulled through a wedding ring."</p>	<p>Today is Frankenstein 30 Friday. Remember, Frankenstein was the name of the scientist and not the monster! Mary Shelley's book was considered the first work of science fiction.</p>	<p>Q: What do you call a 31 witch's garage? A: A broom closet.</p> 

Type the name, address, and other information about your community/company here.