

Radiant Care Tabor Manor



Tabor Times

July 2020

We celebrated the 100th milestone
with this special lady. Isn't she
dashingly aged to perfection.



WE REMEMBER...

Peggy McArthur
Ines Watson
Myrtle Pinder
Patricia "Pat" Trudeau
Victor Dick
Olga Kozak
Irene Wiens

WE WELCOME...

Laura Richter
Joanna Hoogendam
Tina Derksen

WE CELEBRATE THE BIRTHDAYS OF...

Karl Vogt—3rd
Susie Neufeld—4th
Mini Terhost—7th
Richard Kalagian—7th
Helen Yeo—9th
Marie Shute—9th
Tim Yates—9th
Kathleen Gingras—11th
Helen Koop—13th
Annie Page—14th
Elvina Woolner—15th
Nelly Vanderwerf—15th
Elfrieda Budarick—21st
John Barrett—22nd
Theresa Szabo—23rd



Reuniting Loved Ones Together

It has been heartwarming and enjoyable to be able to connect families and residents with the outdoor visits. It is wonderful to see the excitement and hear all the chattering.



Recreation Notes—Norma Restivo

Our recreation department has seen a few changes over the last month. First we say “see you soon and best wishes” to Adrienne who will be on maternity for the next year.

We welcome back Jardin to the team, hard to believe her maternity is already over!

We would also like to welcome Kristen to the team, and our new summer student Natalie! They both are doing great!!

Dietary's Dish—Barbara Osborne

Summer is here! Finally! This means we will be changing over to our summer/fall menu! How exciting! The summer/fall menu has been reviewed and approved by the Residents Council. The menu will reflect summer time favourites like hamburgers & hot dogs, potato salad, fresh fruits and vegetables that are in season and so much more! Wishing you all a very happy summer!



Biblically Based—Stephen Mason

Some of us are “morning people,” and some of us are definitely not “morning people.” It has been suggested that there are two types of people in the world: people who love to wake up in the morning and people who hate people who love to wake up in the morning.

Whichever type we are, each one of us can consciously choose to wake up *with God*. One way we can do this is to wake up with the words from Psalm 118 on our heart and lips: ***This is the day the Lord has made; we will rejoice and be glad in it.*** Notice that the Psalmist doesn't say, “Yesterday is the day that God made. That was a good day. I was glad yesterday.” Nor does the Psalmist say, “Tomorrow is the day that God is going to make, and when my circumstances work out right, then I will be happy.” It's THIS DAY. And this ordinary day is not really an ordinary day because it is a God-made, God-redeemed day.

But in those first few moments of waking up, because it can become such a habit, our minds can immediately run to think of what we have ahead of us in the day. And that can often create anxiousness, doubt or fear. So we will have to fight for this moment, to start the day with a different thought; such as: “*This is the day the Lord has made*”; or “*The Lord is my shepherd*”; or “*Speak, Lord, your servant is listening*”; or “*Jesus, you have called me into this day and you know what is ahead of me. Thank you that you will be with me every step of the way.*”

If it has not been your regular practice to begin the day, with God, in this way, I invite you to give it a try and see what a difference it can make.