

Pleasant Manor Post

Radiant Care



June Birthdays

- Judy M- June 7
- Marie Southon-June 14
- Leah Bannerman- June 18 (101 years old!)
- Elizabeth E- June 21
 - Betty F- June 22
 - Mary L- June 24
- Genevieve D- June 24
 - Annie W- June 27
- Margaret G- June 29

We Remember

- Blanche Quinn

We Welcome

- Marjorie Reynolds
 - Leah Bannerman
 - Luise Ediger
 - Siegfried Wiens
 - Annie Willis
 - Henry Quiring
 - Nelly Napper
- (All new residents tested negative for COVID-19 and went through a 14-day isolation period)

Activity Update

All activities are still being run on a one to one basis. Our Music Therapist, Laura Belet is doing a one to one music therapy session twice a month through skype. She does an amazing job and puts smiles on everyone's faces! We had the opportunity to trial a virtual reality headset this month (see pictures below!) Residents have also been busy preparing and planting the gardens as well as enjoying the sunshine outside (when it is not too hot!). Many residents have received virtual pen pal letters, and some have even written back.

Father's Day and Virtual Visits

Father's Day is on June 21st- if you would like to have a virtual visit please email Chelsea. And as always if you would ever like to have a virtual visit (skype, facetime, zoom etc.) please let us know!

Follow Radiant Care on Facebook and Instagram!

Almost every day there is a new post with pictures of the residents and updates of what is going on at Radiant Care!



The Strength to Run! Jim Evans - Chaplain

A recent headline stated, '103-year-old, Julia "Hurricane" Hawkins, wins gold for 50-meter, 100-meter dash at Senior Games'

The former teacher holds the world record for her age group for the 100-meter dash, which she completed in under 40 seconds, as well as the 60-meter dash, in 24.75 seconds. Amazingly, she didn't start running until age 101! Julia wants to be an inspiration to other people her age. She said;

"I hope I'm inspiring them to be healthy and to realize you can still be doing it at this kind of an age," Hawkins said.

What an amazing story of strength and determination!

The Lord's Strength!

During this pandemic crisis, we may feel that we are running 'dashes' every day! And we might feel we don't have the strength to finish!

Yet, The Lord promises His Strength to see us through! Isaiah 40: 31 reminds us...

'those who hope in the Lord will renew their strength.

They will soar on wings like eagles;
they will run and not grow weary,
they will walk and not be faint.'

Be encouraged! We don't have to 'run ragged' on our own! Trust in the Lord and He will see us through!

Words of Encouragement

Thank you to everyone who sent words of encouragement to staff! There has been a TV screen placed in the chapel area in Heritage with all the messages for staff and residents to read! If you would still like to send a word of encouragement please

email: encouragement@radiantcare.net

Planting and enjoying the Courtyard



Virtual Reality- Residents were able to use a trail version of virtual reality. We enjoyed watching videos of petting zoos, car rides, tours through Jerusalem, France, New York and more! Here are some pictures as well as residents' comments!



"Most of us here have not been able to travel or are not able to travel- this experience is amazing and allows us to feel like we are there!"



Traveled to Jurassic Park- "This is so cool", I want to do it again!



"That was beautiful, thank you God" – Watching scenery of flower gardens. It doesn't fit my coffee cup though"



"By golly, this is amazing"



"Look at that cow over there, and a camel! Wow"



"That was so real"- Traveling New York City



"Wow, Jerusalem! How I have always wanted to go there! Can I watch more!"



"This is very ingenious, this technology is amazing" – Watched the Lion King on Broadway, and clapped after each performance

Preacher's Ponderings

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News and Upcoming Events

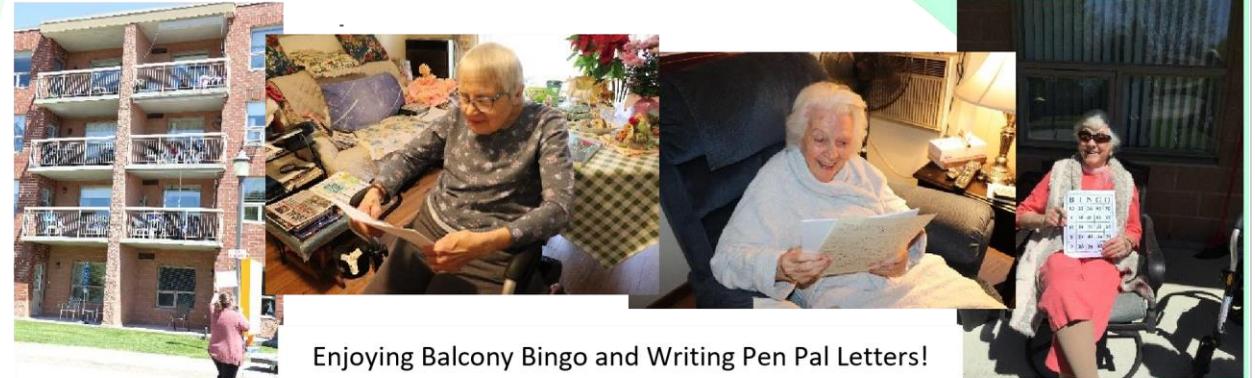
- There are two new summer students this year- Mitchell Brown in Maintenance and Holly Harrison in Therapeutic Recreation- Let's give them a big welcome!
- A reminder that Farm Day is canceled, as well as the Spring Bazaar, Memorial service, and the Tenant AGM.
- Staff, tenants, and residents have been working hard in the gardens and they look beautiful!
- Bingo on your Balcony will continue for those where it is accessible! Look for the sheets under your door. And by request we will also trial exercise classes on your balcony!
- If you would like to send encouragements to the staff please email them to:
encouragement@radiantcare.net



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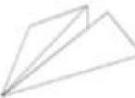
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June 2020



Enjoying Balcony Bingo and Writing Pen Pal Letters!

PLEASANT MANOR PRESENTS

The  Positive Pen Pal Project

A 12-WEEK EMAIL BASED PEN PAL INITIATIVE THAT CONNECTS SENIORS WITH YOUNG ADULTS IN THE OUTSIDE COMMUNITY!

Let's spread some positivity together!
June 1st to August 17th, 2020.

Please inquire if interested!



Would You Like to Be a Pen Pal?

Young adults from the community have joined together to form a Pen Pal group and are looking to write to tenants here at Pleasant Manor! If you would like to be a Pen Pal, please contact Chelsea ASAP:
chelseab@radiantcare.net or
905-468-1111 ext.231

Hello Summer