

Radiant Care Tabor Manor

Tabor Times

January 2020

WE REMEMBER...

Virginia De Gruchy
Geraldine McGeorge
Grace Marshall

WE WELCOME...

Helga Hussein
Travis Andres
Rozalia Bartus
Margret Neufeld
William Burke
Marta Funk

WE CELEBRATE THE JANUARY BIRTHDAYS OF...

Betty Unruh — 2nd
Gertude Janzen — 6th
Martha Wiens — 9th
Eric Lenz — 13th
Annie Pahl — 16th
Mary Stepien — 23rd
Lanora Hevenor — 25th
Hilda Martens — 25th

Nursing Notes— Sandra Hartley

As we embark on a new year we see opportunity for renewed excitement, opportunities and fresh beginnings. Beginning this month, monthly meetings will be held with the interdisciplinary team on every unit with a focus on excellence. The three “C’s” that will be the emphasis of our meetings are; Compassion, Communication and Collaboration.

We are interviewing potential candidates for all Nursing classifications on a weekly basis in an effort to fill all of our current vacant lines. We have made some progress in this area. We are sad to see our Temporary ADOC leave to pursue her professional development, but we wish her well in all of her future endeavors.

Wishing you all a year of peace, health and joy.

Recreation—Norma Restivo

December marked the start of our monthly intergenerational visits with a local kindergarten class! Each month, the residents from 2nd and 3rd floor will come together with kindergarten students from Lincoln Centennial to share, learn and engage with each other. During their first visit, residents and students read together and made a Christmas craft. Studies show that connecting generations results in positive outcomes for everyone involved including an increase in overall well-being and an increased sense of purpose and belonging. We are so excited for this partnership and look forward to connecting with the students in the coming months!



Montessori Moment

We are excited to share that Radiant Care Tabor Manor and Pleasant Manor have trained 41 staff in the Montessori Approach to Dementia Care. This valuable training sets the standard to serve with excellence, love and dignity by knowing our residents and ensuring that we provide the best care possible in our Homes.

Residents and tenants have once again teamed together to knit and/or crochet hats, mittens and scarves for students in local grade schools who do not have proper cold weather clothing. We will connect with the local school Our Lady of Fatima this year to support children who are in need.

Please note that effective January



2020 the price for meal tickets are as follows:

Breakfast	\$5.75
Lunch	\$9.50
Supper	\$7.25

Tickets can be purchased at the Tuck Shop



Caregiver Support Group

Next meeting will be Wednesday
January 15th at 2:00pm
in the Family Dining room
led by Jim Evans.
Please call ext. 1073
for more information.

Dietary's Dish—Barbara Osborne

Now that the holidays are over (whew!), we can focus on the next seasonal menu! The new winter/spring menu will begin mid- January! Residents are encouraged to attend Resident Council meeting to provide feedback, request changes and make suggestions for the upcoming menu. Wishing you all a very Happy New!

At the end of December we said good-bye to the Brock University Students who were part of the Leisure and Aging class here on campus. This year the special project involved connecting our residents to the community and providing random acts of kindness. This project was an excellent means for providing meaningful engagement, a sense of purpose and validation for both our residents and the students. These organized gatherings allowed the students to support our residents with planning good deeds that included baking cookies for others, writing thank you notes, verbally thanking staff, collecting food and clothing for less fortunate, creating a pen pal connection, reading to those who are not able, singing and simply offering to help others.

