# Radiant Care Tabor Manor

#### WE REMEMBER...

Kathie Peters Gheorghe Ursu Alma Dyck Horst Waage

**WE WELCOME...** Melvin Budarick Olga Kozak Doris Young Donald Mullan



WE CELEBRATE THE DECECEMBER BIRTHDAYS OF... Alice Earley—1st Victor Dick —9th Gloria Kroeker—16th Ines Watson —18th Raffaela Perna —26th

## Tabor Times December 2019

#### 'Tis the Season to Give ..

Giving back to the community and helping others is something that Rudy Janzen has done his whole life. He has actively volunteered serving in soup kitchens and collecting food for those in need.

What started out as Rudy sharing his stories and fond memories with student Maddie Corbiere, as part of a Brock University experiential learning class that takes place on site here at Tabor Manor, turned into Rudy continuing to live out his passion for helping others. Rudy shared with Maddie that he would like to collect food and donate it to a local food program as part of the random acts of kindness activity the students and residents have been working on.

A food drop box was placed in the living room on the fourth floor – Rudy's home – and a poster with details was hung for everyone to see. Within a few weeks, Rudy's food donation box was overflowing so extra boxes were added. When Rudy's son, Tim, heard about what Rudy was doing, he informed the rest of the family and, when they came to celebrate Rudy's 90<sup>th</sup> birthday on November 8<sup>th</sup>, they too brought food items to be donated.

Rudy chose to donate the food to Community Care here in St. Catharines to make sure others don't go hungry. Community Care was delighted to hear Rudy's story and offered to come and meet him to personally accept the donation. On Monday, November 25<sup>th</sup>, Betty-Lou Souter, CEO of Community Care, personally visited Radiant Care Tabor Manor and spent time chatting with Rudy and thanking him for his support and kindness. Rudy was quick to thank and give credit to those who donated the food, noting that it was their kindness that made this possible.

Rudy is a prime example of how you can continue to live a vibrant meaningful and purposeful life in Long Term Care. It was a heart-warming experience for everyone involved, and one Rudy will never forget!

#### **Recreation — Norma Restivo**

A wonderful time was had once again this year at the Ladies Auxiliary Christmas Tea and Bake Sale. I especially enjoyed witnessing many of you enjoying all the home-made goodies and chatting in the tearoom. Thank you to all who attended and donated their time and baked treats. Together we raised \$2,206. A special thank you to the members of our Ladies Auxiliary who work very hard in making this event a great success! For us, it is always a lovely way to start off the Christmas Season.

### Caregiver Support Group for Spouses with Dementia.

Will not be meeting in December. If you are interested in joining this group please contact Jim Evans at x1073.

#### Nurse's Notes – Sandra Harley

#### Annie Habic's Book Recommendations:

- 1. Beauchamp Hall by Danielle Steel
- 2. Matters of the Heart by Danielle Steel
- 3. Legacy by Danielle Steel
- 4. Daughters of Fortune by Tara Hyland
- 5. Made in Heaven by Adele Geras

#### Reminder to Families: If you will be bring in gifts of clothing or blankets for your loved one, please have it labeled before it goes to their room. Thanks for your assistance to help keep everything where it belongs.



The Nursing Department is continually striving to recruit individuals committed to serving our residents with excellence, love and dignity. We have recently hired 3 Registered Practical Nurses and 2 Personal Support Workers. We are excited to have these candidates join our team!

**Influenza Vaccination**: Our resident vaccinations occurred on October 22, 2019. We are currently at 78% completion! Our staff flu clinics were held on October 21, 22 & 23. We are at 50% compliance and are continuing to provide staff vaccinations. Our goal is to achieve a 95% compliance rate and I am positive this is attainable.

**Education:** Montessori training is once again being provided to our staff. This is in support of our continued commitment to the Montessori Philosophy of care. The sessions are being held on November 28 & 29 as well as December 18 & 19. We will be sending 37 staff members!

CPR training is also being held for our staff on November 27th. We will have 19 staff members attending this years training!

I would like to wish everyone a very safe, warm and blessed Christmas. May the love of Jesus shine brightly to all!