Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	2020 leasant Manor –	Heritage Place	o.oo reconductio and	11:15 Exercise 2:00 Laundry Folding 2:45 BINGO	9:30 Music with Mendelt 10:30 Physio Exercise 11:00 Montessori Morning 2:30 Pleasant Manor Fashion Show 6:15 Fireside Friday	
9:30 Morning Stretch 5		9:30 Physio Exercise 7	10:00 Dog Therapy 8 11:00 Fit Minds	9	10	
	10:00 Dog Therapy 11:00 Roman Catholic	2:00 Laundry Folding	2:00 Sing Along with	10:00 Church 11:15 Exercise	9:45 Physio Exercise 11:00 Montessori	9:30 Exercise
	Mass (OV Chapel)		Katie and Friends (OV Chapel)	2:00 Laundry Folding	Morning	11:00 Knit and Sew
	2:00 Laundry Folding 3:00 Keith's Café	3:15 Bible Study	2:00 Laundry Folding	2:45 BINGO	3:00 Balloon Ball	3:00 Creating with
		Christmas Takedown	3:00 Noodle Ball 6:15 Movie Night			Succulents
	10:00 Dog Therapy 13		15		_ = =	18
		9:30 Physio Exercise 11:00 Bowling	10:00 Dog Therapy 11:00 Fit Minds		9:45 Physio Exercise 11:00 Read with Bill	9:30 Exercise
	0	2:00 Laundry Folding	2:00 Laundry Folding	11:15 Exercise 2:00 Laundry Folding	and Jean	11:00 Left, Right and
	3:00 Balloon Tennis	3:15 Bible Study	, ,	2:45 BINGO	3:00 Coffee Break	Center Game
4:00 Worship Time with Irene and Friends	11:00- Family Council	•	Painting 6:15 Movie Night	6:15 Trivia Night		3:00 Who am I?
	20	21	22	23	24	
9:30 Morning Stretch 19		9:30 Physio Exercise	10:00 Dog Therapy			9:30 Exercise
10:45 TV Church	11:00 Sensory	10:00 German Church	11:00 Fit Minds	11:00 Residents Council	11:00 Montessori	
	Reminiscing Winter		2:00 Laundry Folding		Morning	11:00 Chinese Zodiac
		,	3:00 Chair Zumba 6:15 Movie Night	2:00 Laundry Folding 2:45 BINGO	3:00 Bouncing Around	3:00 Moss Art
Activity Professionals Week		6:15 Reading Group	orre memering			Chinese New Year
26	27	28	29	30	31	
9:30 Sing Along	0 , ,	9:30 Physio Exercise	10:00 Dog Therapy	10:00 Church	9:45 Physio Exercise	Blasts of January would
	0 0	11:00 O' Parachute 2:00 Laundry Folding	11:00 Fit Minds 2:00 Laundry Folding	11:15 Exercise 2:00 Laundry Folding	11:00 Montessori Morning	blow you through and
		3:15 Bible Study	, ,	2:45 BINGO	3:00 Coffee Break	through.
	, .	6:15 Teatime	6:00 Goerz Family	6:15 One to One Visits		XX 7:11: Cl . 1
	Australia Day (observed)		Music			~ William Shakespeare

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Jan	uary 202	20	9:00 Exercise 1	11:00 Church 2:00 Bible Study	2 9:30 Music with 3 Mendelt (HP) 2:30 Pleasant Manor Fashion Show (HP)	1:30 Computer Questions
Radiant Care Pleasant Manor					4:00 Laundry Folding	
1:30 Indoor Walking Club (AV Lounge)	9:00 Exercise	1:00 Knitting Club (CV Link)	9:00 Exercise 10:00 Dog Therapy 2:00 Sing Along with Katie and Friends (OV Chapel) 6:15 One to One Visits	11:00 Church 2:00 Bible Study	9:00 Sit and Stand Exercise 2:00 Laundry Folding	11:30 Computer Questions
12 1:30 Bingo 4:00 Worship time with Irene and Friends (HP)	9:00 Exercise 10:00 Movie Time	14 11:00 Bowling (HP) 1:00 Knitting Club (CV Link) 3:00 Exercise	9:00 Exercise 10:00 Dog Therapy 2:00 Men's Club 6:15 Card Games	11:00 Church 2:00 Bible Study	9:00 Sit and Stand 17 Exercise 11:15 Read with Bill and Jean (HP) 2:00 Laundry Folding	1:30 Computer Questions
1:30 Random Trivia Activity Professionals Week	9:00 Exercise 10:00 Funeral Forum	10:00 German Church 11:00 Fit Minds 1:00 Knitting Club (CV Link) 3:00 Exercise		11:00 Church 2:00 Bible Study	9:00 Sit and Stand Exercise 2:00 Laundry Folding	1:30 Computer Questions Chinese New Year
1:30 Crafters Corner: Mason Jar Tissue Holder	9:00 Exercise 10:00 Funeral Forum Video Service	11:00 Fit Minds 1:00 Knitting Club (CV Link) 3:00 Exercise	9:00 Exercise 10:00 Dog Therapy 3:00 Birthday Party (HP) 6:00 Goerz Family Music (HP)	11:00 Church 2:00 Bible Study	9:00 Sit and Stand Exercise 2:00 Laundry Folding	