

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



November 2019

1st Floor Radiant Care Tabor Manor

At the going down of the sun and in the morning, we will remember them.

<p>10:00 Morning Worship Service in the Lounge <i>10:30 Fit Minds</i> 3:30 Java Music Club 6:00 Pet Therapy with Sophie</p>	<p>10:15 Bingo Hall</p>					
<p>3 Live Stream Chapel Service in the Lounge 2:00 Movie Matinee in the Great Room "The Lion King" (2019) <small>Daylight Saving Time Ends</small></p>	<p>4 9:30 Exercise Afternoon Visits with Brock University 3:30 Meaningful Visits</p>	<p>5 10:00 Chapel Service in the Great Room 11:00 Physio Exercise 3:30 Sing Along with Kathie</p>	<p>6 Take Your Kids to Work Day <i>9:30 Physio Exercise</i> <i>10:30 Fit Minds</i> 3:00 Traveling Museum: Our Stories from the Front in the Great Room</p>	<p>7 9:30 Baking Apple Perishky on 1st Floor 7:00 Memorial Service in the Great Room</p>	<p>8 9:30 Exercises <i>10:30 Fit Minds</i> 3:30 Bean Bag Bowling 6:00 Pet Therapy with Sophie</p>	<p>9 10:15 Bingo Hall</p>
<p>10 Live Stream Chapel Service in the Lounge 2:00 Movie Matinee in the Great Room "Flicka"</p>	<p>11 Remembrance Day 9:30 Exercise 10:30 Remembrance Day Live Coverage from Ottawa on the TVs in the Lounge 3:00 Remembrance Day Program in the Great Room <small>Veterans Day (US) Remembrance Day (Canada)</small></p>	<p>12 10:00 Chapel Service in the Great Room with Eugene, Walt and Anne Trio <i>11:00 Exercise with Physio</i> 3:30 Balloon Tennis 6:00 Elfer Raus</p>	<p>13 Christmas Tree Decorating Day <i>9:30 Physio Exercise</i> <i>10:30 Fit Minds</i> Please join us in decorating the Christmas tree in the Café today!</p>	<p>14 Christmas Decorating Day <i>Please join us in decorating each floor for Christmas today!</i> 6:00 BINGO in the Activity Room</p>	<p>15 9:30 Baking for the Christmas Tea & Bake Sale on 1st Floor 10:30 Roman Catholic Communion Service in the Great Room 6:00 Pet Therapy with Sophie</p>	<p>16 Resident Christmas Picture Day 10-11:30 Auxiliary Christmas Tea and Bake Sale in the Great Room</p>
<p>17 Live Stream Chapel Service in the Lounge 2:00 Movie Matinee in the Great Room "The Wizard of Oz"</p>	<p>18 9:30 Outdoor Strolls 11:00 Exercises Afternoon Visits with Brock University 3:30 Manicures 7:00 Awake to Praise Choir in the Great Room</p>	<p>19 10:00 Chapel Service in the Great Room with Connie and Princess <i>11:00 Exercise with Physio</i></p>	<p>20 9:30 Physio Exercise <i>10:30 Fit Minds</i> 3:00 Christmas Choir Practice in the Great Room 6:00 Friendly Visits</p>	<p>21 9:30 Baking Apple Perishky on 1st Floor 3:30 Coffee Time with Turkey Ticklers (Jokes)</p>	<p>22 10am-3pm Mobile Senior Shop in the Great Room <i>9:30 Exercise</i> <i>10:30 Fit Minds</i> 3:30 Paint with Me 6:00 Pet Therapy with Sophie</p>	<p>23 10:15 Bingo Hall</p>
<p>24 Live Stream Chapel Service in the Lounge 1:00 Piano Concert in the Lounge</p>	<p>25 9:30 Exercise Afternoon Visits with Brock University 3:00 Christmas Choir Practice in the Great Room</p>	<p>26 10:00 Chapel Service in the Great Room with the Ledwez Brothers Trio <i>11:00 Exercise with Physio</i> 3:30 Bowling in the Lounge 6:00 Joyful Noise</p>	<p>27 9:30 Physio Exercise <i>10:30 Fit Minds</i> 1:30 Pet Therapy with Marnie 2:30 November Birthday Party with Mendel 7:00 Sweet Harmony Choir in the Great Room</p>	<p>28 9:30 Baking on 1st Floor 11:00 Apple Perishky Tasting 7:00 Chapel Service with a Concert by The Niagara Area Lutheran Choir <small>Thanksgiving Day (US)</small></p>	<p>29 9:30 Exercise <i>10:30 Fit Minds</i> 3:30 Bocce Ball 6:00 Pet Therapy with Sophie</p>	<p>30 10:15 Bingo Hall</p>

In order to meet the needs of our Residents, programs are subject to change

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Saturday



November 2019

2nd Floor Radiant Care Tabor Manor

At the going down of the sun and in the morning. We will remember them.

<p>9:30 Morning Worship Service in the Lounge</p> <p>10:30 Fit Minds</p> <p>Montessori Afternoon</p> <p>6:00 Pet Therapy with Sophie</p>	<p>3:00 Bingo Hall</p>					
<p>3</p> <p>Live Stream Chapel Service in the Lounge</p> <p>2:00 Movie Matinee in the Great Room "The Lion King" (2019)</p> <p><small>Daylight Saving Time Ends</small></p>	<p>4</p> <p>9:30 Physio Exercise</p> <p>10:30 Meaningful Visits</p> <p>Afternoon Visits with Brock University</p> <p>6:00 Finish the Line</p>	<p>5</p> <p>10:00 Chapel Service in the Great Room</p> <p>Montessori Afternoon</p> <p>6:00 Joyful Noise</p>	<p>6</p> <p><i>Take Your Kids to Work Day</i></p> <p>9:30 Walking Group</p> <p>10:30 Fit Minds</p> <p>3:00 Traveling Museum: Our Stories from the Front in the Great Room</p>	<p>7</p> <p>9:30 Baking Apple Perishky on 1st Floor</p> <p>9:30 Physio Exercise</p> <p>7:00 Memorial Service in the Great Room</p>	<p>8</p> <p>10:30 Fit Minds</p> <p>3:30 Tongue Twister Toss</p> <p>6:00 Pet Therapy with Sophie</p>	<p>9</p> <p>3:00 Bingo Hall</p>
<p>10</p> <p>Live Stream Chapel Service in the Lounge</p> <p>2:00 Movie Matinee in the Great Room "Flicka"</p>	<p>11</p> <p>Remembrance Day</p> <p>9:30 Physio Exercise</p> <p>10:30 Remembrance Day Live Coverage from Ottawa on the TVs in the Lounge</p> <p>3:00 Remembrance Day Program in the Great Room</p> <p><small>Veterans Day (US) Remembrance Day (Canada)</small></p>	<p>12</p> <p>10:00 Chapel Service in the Great Room with Eugene, Walt and Anne Trio</p> <p>3:30 Sing Along with Kathie</p>	<p>13</p> <p>Christmas Tree Decorating Day</p> <p>10:30 Fit Minds</p> <p>Please join us in decorating the Christmas tree in the Café today!</p>	<p>14</p> <p>Christmas Decorating Day</p> <p>9:30 Physio Exercise</p> <p>Please join us in decorating each floor for Christmas today!</p>	<p>15</p> <p>9:30 Baking for the Christmas Tea & Bake Sale on 1st Floor</p> <p>10:30 Roman Catholic Communion Service</p> <p>6:00 Pet Therapy with Sophie</p> <p>6:00 BINGO in the Activity Room</p>	<p>16</p> <p>Resident Christmas Picture Day</p> <p>10-11:30 Auxiliary Christmas Tea and Bake Sale in the Great Room</p>
<p>17</p> <p>Live Stream Chapel Service in the Lounge</p> <p>2:00 Movie Matinee in the Great Room "The Wizard of Oz"</p>	<p>18</p> <p>9:30 Physio Exercise</p> <p>10:30 Bocce Ball</p> <p>Afternoon Visits with Brock University</p> <p>3:30 Java Music Club</p> <p>7:00 Awake to Praise Choir in the Great Room</p>	<p>19</p> <p>10:00 Chapel Service in the Great Room with Connie and Princess</p>	<p>20</p> <p>9:30 Walking Group</p> <p>10:30 Fit Minds</p> <p>3:00 Christmas Choir Practice in the Great Room</p>	<p>21</p> <p>9:30 Baking Apple Perishky on 1st Floor</p> <p>9:30 Physio Exercise</p> <p>10:30 Manicures</p> <p>3:30 Life Stories</p>	<p>22</p> <p>10am-3pm Mobile Senior Shop in the Great Room</p> <p>10:30 Fit Minds</p> <p>6:00 Pet Therapy with Sophie</p>	<p>23</p> <p>3:00 Bingo Hall</p>
<p>24</p> <p>Live Stream Chapel Service in the Lounge</p> <p>1:40 Piano Concert in the Lounge</p>	<p>25</p> <p>9:30 Physio Exercise</p> <p>10:30 Meaningful Visits</p> <p>3:00 Christmas Choir Practice in the Great Room</p> <p>6:30 Movie Night</p>	<p>26</p> <p>10:00 Chapel Service in the Great Room with the Ledwez Brothers Trio</p> <p>3:30 Paint with Me</p>	<p>27</p> <p>9:30 Walking Group</p> <p>10:30 Fit Minds</p> <p>2:30 November Birthday Party with Mendelt in the Great Room</p> <p>7:00 Sweet Harmony Choir in the Great Room</p>	<p>28</p> <p>9:30 Baking Apple Perishky on 1st Floor</p> <p>9:30 Physio Exercise</p> <p>3:30 Coffee Time</p> <p>7:00 Chapel Service with a Concert by The Niagara Area Lutheran Choir</p> <p><small>Thanksgiving Day (US)</small></p>	<p>29</p> <p>10:30 Fit Minds</p> <p>3:30 Christmas Jeopardy</p> <p>6:00 Pet Therapy with Sophie</p>	<p>30</p> <p>3:00 Bingo Hall</p>

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Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



November 2019

3rd Floor Radiant Care Tabor Manor

At the going down of the sun and in the morning. We will remember them.

						1 9:30 Photovoice 10:30 <i>Fit Minds</i> 3:30 Balloon Tennis	2 9:30 Physio Exercise Class 10:30 Bingo Hall in the Great Room
3 Live Stream Chapel Service in the Lounge 2:00 Movie Matinee in the Great Room "The Lion King" (2019) <small>Daylight Saving Time Ends</small>	4 9:30 Exercise 3:30 Crafters Corner: Poppy Craft for Remembrance Day	5 10:00 Chapel Service in the Great Room	6 <i>Take Your Kids to Work Day!</i> 9:30 Physio Exercise 10:30 <i>Fit Minds</i> 3:00 Traveling Museum: Stories from the Front in the Great Room	7 9:30 Baking on 1 st Floor 9:30 Physio Exercise 3:30 Perishky and Poetry 7:00 Memorial Service in the Great Room	8 10:30 <i>Fit Minds</i> 3:30 Meaningful Activities	9 9:30 Physio Exercise Class 10:30 Bingo Hall in the Great Room	
10 Live Stream Chapel Service in the Lounge 2:00 Movie Matinee in the Great Room "Flicka"	11 Remembrance Day 10:30 Remembrance Day Live Coverage from Ottawa on the TVs in the Lounge 3:00 Remembrance Day Program in the Great Room <small>Veterans Day (US) Remembrance Day (Canada)</small>	12 10:00 Chapel Service in the Great Room with Eugene, Walt and Anne Trio 6:30 Pet Therapy with Syd	13 BANK DAY 10:30 <i>Fit Minds</i> Christmas Tree Decorating Day Please join us in decorating the Christmas trees today! 1:30 Pet Therapy with Marnie 3:00 Keith's Café	14 Christmas Decorating Day Please join us in decorating each floor for Christmas today!	15 9:00 Baking for the Christmas Tea & Bake Sale on 1 st Floor 10:30 Roman Catholic Communion Service in the Great Room Afternoon Friendly Visits	16 10-11:30 Auxiliary Christmas Tea and Bake Sale in the Great Room	
17 Live Stream Chapel Service in the Lounge 2:00 Movie Matinee in the Great Room "The Wizard of Oz"	18 9:30 Exercise 3:30 Bocce Ball 7:00 Awake to Praise Choir in the Great Room	19 Resident Christmas Picture Day 10:00 Chapel Service in the Great Room with Connie and Princess 3:30 Sing Along with Kathie 6:00 Poems and Stories in the Lounge	20 10:30 <i>Fit Minds</i> 3:30 Christmas Choir Practice in the Great Room	21 9:30 Baking on 1 st Floor 9:30 Physio Exercise 3:30 Finish the Line	22 9:30 Exercise 10am-3pm Mobile Senior Shop in the Great Room 10:30 <i>Fit Minds</i> 3:30 Balloon Tennis	23 9:30 Physio Exercise Class 10:30 Bingo Hall in the Great Room	
24 Live Stream Chapel Service in the Lounge 2:20 Piano Concert in the Lounge	25 9:30 Exercise 3:00 Christmas Choir Practice in the Great Room	26 10:00 Chapel Service in the Great Room with the Ledwez Brothers Trio 6:30 Pet Therapy with Syd	27 9:30 Physio Exercise 10:30 <i>Fit Minds</i> 2:30 November Birthday Party with Mendelt in the Great Room 7:00 Sweet Harmony Choir in the Great Room	28 9:30 Baking on 1 st Floor 9:30 Physio Exercise 3:30 Perishky and Poetry 7:00 Chapel Service with a Concert by The Niagara Area Lutheran Choir	29 9:30 Exercise 10:30 <i>Fit Minds</i> 3:30 Manicures	30 10:30 Bingo Hall in the Great Room	

Thanksgiving Day (US)

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Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



November 2019

4th Floor Radiant Care Tabor Manor

At the going down of the sun and in the morning. We will remember them.

						1 9:30 Physio Exercise 10:30 Fit Minds 6:00 Friendly Visits	2 3:00 Bingo Hall in the Great Room
3 Live Stream Chapel Service in the Lounge 2:00 Movie Matinee in the Great Room "The Lion King" (2019) <small>Daylight Saving Time Ends</small>	4 9:30 Physio Exercise 10:30 Crafter's Corner: Poppy Craft for Remembrance Day 3:30 Name 10 November	5 10:00 Chapel Service in the Great Room 3:30 Wheel of Fortune 6:30 Pet Therapy with Syd	6 <i>Take Your Kids to Work Day!</i> 10:30 Fit Minds 3:00 Traveling Museum: Stories from the Front in the Great Room 6:30 Meaningful Visits	7 9:30 Baking on 1 st Floor 1:00 Poems and Stories in the Lounge 7:00 Memorial Service in the Great Room	8 9:30 Physio Exercise 10:30 Fit Minds 6:30 Movie Night	9 3:00 Bingo Hall in the Great Room	
10 Live Stream Chapel Service in the Lounge 2:00 Movie Matinee in the Great Room "Flicka"	11 Remembrance Day 9:30 Physio Exercise 10:30 Live Remembrance Day Coverage on Lounge TV 3:00 Remembrance Day Program in the Great Room <small>Veterans Day (US) Remembrance Day (Canada)</small>	12 10:00 Chapel Service in the Great Room with Eugene, Walt and Anne Trio 3:30 Jeopardy	13 BANK DAY 10:30 Fit Minds Christmas Tree Decorating Day Please join us in decorating the Café Christmas Tree today 6:30 Crafter's Corner	14 Christmas Tree Decorating Day Please join us in decorating each floor for Christmas today!	15 9:30 Baking for the Christmas Tea & Bake Sale on 1 st Floor 9:30 Physio Exercise 10:30 Roman Catholic Communion Service in the Great Room	16 10-11:30 Auxiliary Christmas Tea and Bake Sale in the Great Room	
17 Live Stream Chapel Service in the Lounge 2:00 Movie Matinee in the Great Room "The Wizard of Oz"	18 10:30 Meaningful Visits 3:30 Balloon Tennis 7:00 Awake to Praise Choir in the Great Room	19 Resident Christmas Picture Day 10:00 Chapel Service in the Great Room with Connie and Princess 6:30 Pet Therapy with Syd	20 9:30 Exercise 10:30 Fit Minds 1:30 Pet Therapy with Marnie 3:00 Christmas Choir Practice in the Great Room	21 9:30 Baking Apple Perishky on 1 st Floor	22 10am-3pm Mobile Senior Shop in the Great Room 9:30 Physio Exercise 10:30 Fit Minds 3:30 Washer Toss 6:30 Friendly Visits	23 9:30 Physio Exercise 3:00 Bingo Hall in the Great Room	
24 Live Stream Chapel Service in the Lounge 3:00 Piano Concert in the Lounge	25 9:30 Physio Exercise 10:30 Meaningful Activities 3:00 Christmas Choir Practice in the Great Room	26 10:00 Chapel Service in the Great Room with the Ledwez Brothers Trio 3:30 Sing Along with Kathie	27 9:30 Exercise 10:30 Fit Minds 2:30 November Birthday Party with Mendelt in the Great Room 7:00 Sweet Harmony Choir in the Great Room	28 9:30 Baking Apple Perishky on 1 st Floor 3:30 Coffee Time in the Lounge 7:00 Chapel Service in the Great Room with the Niagara Area Lutheran Choir <small>Thanksgiving Day (US)</small>	29 9:30 Physio Exercise 10:30 Fit Minds 6:30 Poems and Stories in the Lounge	30 3:00 Bingo Hall in the Great Room	

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Saturday



November 2019

Radiant Care Tabor Manor Wellness Suites

At the going down of the sun and in the morning. We will remember them.

FL – Fireside Lounge
 CH – Chapel
 OB – Olive Branch Café
 GR – Great Room
 FC – Fitness Centre

							1 10:15 & 10:45 Fall Prevention Exercise 1:00 Exercise	2
3 9:30 Church Service in Chapel 2:00 Movie Matinee in the Great Room "The Lion King" (2019) <small>Daylight Saving Time Ends</small>	4 10:15 & 10:45 Fall Prevention Exercise 11:00 Fit Minds, FL 1:00 Exercise 3:00 Bingo 6:30 Tabernacle Choir Practice, Chapel	5 10:00 Chapel Service in the Great Room 1:00 Exercise, FC 2:30 Coffee Hour in the Olive Branch Café	6 <i>Today is Take Your Kids to Work Day!</i> 10:15 & 10:45 Fall Prevention Exercise 1:00 Computer Questions 3:00 Traveling Museum: Our Stories from the Front, Great Room	7 9:30 Baking on 1 st Floor at 7 Tabor 10:00 Men's Bible Study, CH 1:00 Exercise, FC 1:30-2:30 Flu Shot Clinic, CH 2:30 Coffee Hour, OB 7:00 Memorial Service, GR	8 10:15 & 10:45 Fall Prevention Exercise 1:00 Exercise	9		
10 9:30 Church Service in Chapel 2:00 Movie Matinee in the Great Room "Flicka"	11 Remembrance Day 10:15 & 10:45 Fall Prevention Exercise, FC 11:00 Fit Minds, FL 1:00 Exercise, FC 3:00 Remembrance Day Program, Great Room <small>Veterans Day (US) Remembrance Day (Canada)</small>	12 10:00 Chapel Service in the Great Room with Eugene, Walt & Anna Trio 1:00 Exercise, FC 2:30 Coffee Hour in the Olive Branch Café	13 BANK DAY 10:15 & 10:45 Fall Prevention Exercise No Computer Questions Christmas Decorating Day	14 <i>No Baking Today</i> Christmas Decorating Day 10:00 Men's Bible Study 1:00 Exercise, FC 2:30 Coffee Hour, OB 7:00 Movie Night in Chapel	15 9:30 Baking for the Christmas Tea & Bake Sale at 7 Tabor (1 st floor) 10:15 & 10:45 Fall Prevention Exercise 1:00 Exercise	16 10:00-11:30 Auxiliary Christmas Tea and Bake Sale in the Great Room		
17 9:30 Church Service in Chapel 2:00 Movie Matinee in the Great Room "The Wizard of Oz"	18 10:15 & 10:45 Fall Prevention Exercise 1:00 Exercise, FC 6:30 Tabernacle Choir Practice, Chapel 7:00 Awake to Praise Choir, Great Room	19 10:00 Chapel Service in the Great Room with Connie and Princess 1:00 Exercise, FC 2:30 Coffee Hour in the Olive Branch Café	20 10:15 & 10:45 Fall Prevention Exercise 11:00 Fit Minds, FL 1:00 Computer Questions 3:00 Bingo, OB	21 9:30 Baking on 1 st Floor at 7 Tabor 10:00 Men's Bible Study, CH 1:00 Exercise, FC 2:30 Coffee Hour, OB 3:00 Prevention of the Flu Information Session, CH 6:30 Glenridge Church Caroling, Door to Door	22 10am-3pm Mobile Senior Shop in the Great Room 10:15 & 10:45 Fall Prevention Exercise 1:00 Exercise	23		
24 9:30 Church Service in Chapel	25 10:15 & 10:45 Fall Prevention Exercise 11:00 Fit Minds, FL 1:00 Exercise, FC 3:00 Cards and Games, OB 6:30 Tabernacle Choir Practice, Chapel	26 10:00 Chapel Service in the Great Room with Ledwez Brothers Trio 1:00 Exercise, FC 2:30 Coffee Hour in the Olive Branch Café	27 10:15 & 10:45 Fall Prevention Exercise 1:00 Computer Questions 3:00 Bingo, OB 7:00 Sweet Harmony Choir in the Great Room	28 9:30 Baking on 1 st Floor at 7 Tabor 10:00 Men's Bible Study, CH 1:00 Exercise, FC 2:30 Coffee Hour, OB 7:00 Chapel Service Concert by Niagara Area Lutheran Choir, Great Room <small>Thanksgiving Day (US)</small>	29 10:15 & 10:45 Fall Prevention Exercise 1:00 Exercise	30		

All programs are subject to change

Sunday

Monday

Tuesday

Wednesday

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Saturday



November 2019

Radiant Care Tabor Manor Maplevew & Evergreen

At the going down of the sun and in the morning. We will remember them.

CH – Chapel
 OB – Olive Branch Café
 GR – Great Room
 FC – Fitness Centre

1
 10:15 & 10:45 Fall Prevention Exercise
 1:00 Exercise
 2

3
9:30 Church Service in Chapel
 Daylight Saving Time Ends

4
 10:15 & 10:45 Fall Prevention Exercise
 1:00 Exercise
 3:00 Bingo
 6:30 Tabernacle Choir Practice, Chapel

5
 10:00 Chapel Service in the Great Room
 1:00 Exercise, FC
 2:30 Coffee Hour in the Olive Branch Café

6
Today is Take Your Kids to Work Day!
 10:15 & 10:45 Fall Prevention Exercise
 1:00 Computer Questions

7
 9:30 Baking on 1st Floor at 7 Tabor
 10:00 Men's Bible Study, CH
 1:00 Exercise, FC
1:30-2:30 Flu Shot Clinic, CH
 2:30 Coffee Hour, OB
7:00 Memorial Service, GR

8
 10:15 & 10:45 Fall Prevention Exercise
 1:00 Exercise
 9

10
9:30 Church Service in Chapel

Remembrance Day 11
 10:15 & 10:45 Fall Prevention Exercise, FC
 1:00 Exercise, FC
3:00 Remembrance Day Program, Great Room
Veterans Day (US)
 Remembrance Day (Canada)

12
 10:00 Chapel Service in the Great Room with Eugene, Walt & Anna Trio
 1:00 Exercise, FC
 2:30 Coffee Hour in the Olive Branch Café

13
 10:15 & 10:45 Fall Prevention Exercise
No Computer Questions
Christmas Decorating Day

No Baking Today 14
Christmas Decorating Day
 10:00 Men's Bible Study
 1:00 Exercise, FC
 2:30 Coffee Hour, OB
7:00 Movie Night in Chapel

15
9:30 Baking for the Christmas Tea & Bake Sale at 7 Tabor (1st floor)
 10:15 & 10:45 Fall Prevention Exercise
 1:00 Exercise
 16

10:00-11:30 Auxiliary Christmas Tea and Bake Sale in the Great Room

17
9:30 Church Service in Chapel

18
 10:15 & 10:45 Fall Prevention Exercise
 1:00 Exercise, FC
 6:30 Tabernacle Choir Practice, Chapel
7:00 Awake to Praise Choir, Great Room

19
 10:00 Chapel Service in the Great Room with Connie and Princess
 1:00 Exercise, FC
 2:30 Coffee Hour in the Olive Branch Café

20
 10:15 & 10:45 Fall Prevention Exercise
 1:00 Computer Questions
2:00 – 3:00 Caregiver Support Group, Family Dining Room at 7 Tabor
 3:00 Bingo, OB

21
 9:30 Baking on 1st Floor at 7 Tabor
 10:00 Men's Bible Study, CH
 1:00 Exercise, FC
 2:30 Coffee Hour, OB
3:00 Prevention of the Flu Information Session, CH
6:30 Glenridge Church Caroling, Door to Door

22
10am-3pm Mobile Senior Shop in the Great Room
 10:15 & 10:45 Fall Prevention Exercise
 1:00 Exercise
 23

24

24
9:30 Church Service in Chapel

25
 10:15 & 10:45 Fall Prevention Exercise
 1:00 Exercise, FC
 6:30 Tabernacle Choir Practice, Chapel

26
 10:00 Chapel Service in the Great Room with Ledwez Brothers Trio
 1:00 Exercise, FC
 2:30 Coffee Hour in the Olive Branch Café

27
 10:15 & 10:45 Fall Prevention Exercise
 1:00 Computer Questions
 3:00 Bingo, OB
7:00 Sweet Harmony Choir in the Great Room

28
 9:30 Baking on 1st Floor at 7 Tabor
 10:00 Men's Bible Study, CH
 1:00 Exercise, FC
 2:30 Coffee Hour, OB
7:00 Chapel Service Concert by Niagara Area Lutheran Choir, Great Room
Thanksgiving Day (US)

29
 10:15 & 10:45 Fall Prevention Exercise
 1:00 Exercise
 30

30

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