

Sunday

Monday

Tuesday

Wednesday




Thursday

Friday

Saturday

November 2019

Radiant Care Pleasant Manor – Heritage Place

					<p>9:45 Exercise with Physio 11:00 Lounge Games 3:00 Card Games</p>	<p>9:30 Exercise 10:15 Laundry Folding 11:00 Poppy Craft 3:00 November Trivia</p>
<p>9:30 Sing and Chime 10:15 Laundry Folding 10:45 TV Church 3:00 Garden Clean Up</p> <p>Daylight Saving Time Ends</p>	<p>10:00 Dog Therapy 11:00 Baking 11:00 Roman Catholic Mass (OV Chapel) 2:00 Laundry Folding 3:00 Keith's Café</p>	<p>9:30 Exercise 11:00 Jeopardy 2:00 Laundry Folding 6:15 Reading Group</p>	<p>10:00 Dog Therapy 11:00 Fit Minds 2:00 Laundry Folding 2:00 Sing Along with Katie and Friends (OV Chapel) 3:15 Bible Study 6:00 Music with Anthony Sweet</p>	<p>9:30 Sing Along 10:00 Church 11:00 Exercise 2:00 Laundry Folding 2:45 BINGO! 6:15 One to One Visits</p>	<p>9:30 Music with Mendelt 11:00 Remembrance Day Service with the Legion (OV) 3:00 Remembrance Wreath Craft</p>	<p>9:30 Exercise 10:15 Laundry Folding 11:00 O' Parachute Social 3:00 Hot Chocolate Social</p>
<p>9:30 Sing Along 10:15 Laundry Folding 10:45 TV Church 3:00 Remembrance Day Poems 4:00 Worship time with Irene and Friends</p>	<p>9:15 Bus Trip: Remembrance Day Ceremony 10:00 Dog Therapy 2:00 Laundry Folding 3:00 All About John McRae</p> <p><small>Veterans Day (US) Remembrance Day (Canada)</small></p>	<p>9:30 Exercise 11:00 Bowling 2:00 Laundry Folding 6:15 Reading Group</p> 	<p>10:00 Dog Therapy 11:00 Operation Christmas Child Gift Wrapping 2:00 Laundry Folding 3:15 Bible Study 6:00 Movie Night</p>	<p>9:30 Sing Along 10:00 Church 11:00 Exercise 2:00 Laundry Folding 2:45 BINGO!</p> 	<p>9:45 Exercise with Physio 11:15 Read with Bill and Jean 3:00 Friday Fit: Zumba</p>	<p>9:30 Exercise 10:15 Laundry Folding 11:00 Knit and Sew 3:00 Live Clue</p>
<p>9:30 Morning Stretch 10:15 Laundry Folding 10:45 TV Church 3:00 Remembering a Trip to the Bakery</p>	<p>10:00 Dog Therapy 11:00 Puzzles and Ponderings 2:00 Laundry Folding 3:00 Bocce Ball</p>	<p>9:30 Exercise 11:00 Name 10 2:00 Laundry Folding 6:15 Reading Group</p>	<p>10:00 Dog Therapy 11:00 One to Ones 2:00 Laundry Folding 3:15 Bible Study</p>  <p>Christmas Decorating</p>	<p>9:30 Sing Along 11:00 Church- CV Meeting Room 2:00 Laundry Folding 2:45 BINGO!</p>	<p>9:45 Exercise with Physio 11:00 Montessori Moments 3:00 Trivia</p>	<p>9:30 Exercise</p> <p>10:00-11:30 Auxiliary Bazaar & Bake Sale</p>
<p>9:30 Sing and Stretch 10:15 Laundry Folding 10:45 TV Church 3:00 Armchair Travel to Iceland</p>	<p>10:00 Dog Therapy 11:00 Sing Along with Mary and Margie 2:00 Laundry Folding 3:00 Advent Jars</p>	<p>9:30 Exercise 11:00 Lounge Games 2:00 Laundry Folding 3:00 Baking 6:15 Bus Trip to the Lights</p>	<p>10:00 Dog Therapy 11:00 Fit Minds 11:00 One to Ones 2:00 Laundry Folding 3:00 Birthday Party 6:00 Goerz Family Music</p>	<p>9:30 Sing Along 10:00 Church 11:00 Exercise 2:00 Laundry Folding 2:45 BINGO!</p> <p><small>Thanksgiving Day (US)</small></p>	<p>9:45 Exercise with Physio 11:00 Montessori Morning 3:00 Noodle Ball</p>	<p>9:30 Exercise 10:15 Laundry Folding 11:00 Knit and Sew 3:00 Sign Making</p>

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Thursday

Friday

Saturday

November 2019

Radiant Care Pleasant Manor

			
	1		2
	9:00 Sit and Stand Exercise		1:30 Computer Questions
	2:00 Laundry Folding		
3	9:00 Exercise	4	5
1:30 Bingo	10:00 Movie Time: <i>Andre Rieu</i> 11:00 Roman Catholic Mass (OV Chapel) 3:00 Keith's Café (HP)	11:00 Fit Minds 1:00 Knitting Club (CV Link) 3:00 Exercise	9:00 Exercise 10:00 Dog Therapy 2:00 Sing along with Katie and Friends (OV Chapel) 6:00 Music with Anthony Sweet (HP)
<small>Daylight Saving Time Ends</small>		Flu Shots- Nov. 5&6 9-11am- CV Link	
7	8	9	10
11:00 Church 2:00 Bible Study	9:30 Music with Mendelssohn (HP) 11:00 Remembrance Day Service with the Legion 2:00 Laundry Folding Last Day for Operation Christmas Child donations	1:30 Computer Questions	
10	11	12	13
1:30 Remembrance Day Poems 4:00 Worship Time with Irene and Friends	9:00 Exercise 10:00 Movie Time	11:00 Bowling 1:00 Knitting Club (CV Link) 3:00 Exercise	9:00 Exercise 10:00 Dog Therapy 2:00 Men's Club 6:15 Lounge Games
<small>Veterans Day (US) Remembrance Day (Canada)</small>			
14	15	16	17
11:00 Church 2:00 Bible Study	9:00 Sit and Stand Exercise 11:00 Read with Bill and Jean (HP) 2:00 Laundry Folding	1:30 Computer Questions	
17	18	19	20
1:30 Live Clue	9:00 Exercise 10:00 Movie Time: <i>Dennis the Menace</i>	11:00 Fit Minds 1:00 Knitting Club (CV Link) 3:00 Exercise	9:00 Exercise 10:00 Dog Therapy
			
			Christmas Decorating
21	22	23	24
11:00 Church- In CV Meeting Room 1:00 Inservice - Preventing the flu 2:00 Bible Study	9:00 Sit and Stand Exercise 2:00 Laundry Folding	10:00-11:30 Auxiliary Bazaar & Bake Sale	
		1:30 Computer Questions	
25	26	27	28
9:00 Exercise 11:00 Sing Along with Mary and Margie (HP) 10:00 Movie Time: <i>Andre Rieu</i>	11:00 Fit Minds 1:00 Knitting Club (CV Link) 3:00 Exercise	9:00 Exercise 10:00 Dog Therapy 3:00 Birthday Party (HP) 6:00 Goerz Family Music (HP) <i>Crystal Creations sale Jewelry and Accessories- CV Link – 10:00-2:00</i>	11:00 Church 2:00 Bible Study
			<small>Thanksgiving Day (US)</small>
29	30		
9:00 Sit and Stand Exercise 2:00 Laundry Folding	1:30 Computer Questions		

HP= Heritage Place