Sunday	(-	Tuesday St 2019 or Manor – 1 st F	Wednesday	Thursday 9:30 Bible Study 10:15 Name 10 1:30 Poems & Readings	Friday 9:30 Card Games 2 10:30 Fit Minds 3:30 Performance by the NOTL Historical Society in the Great Room	Saturday 10:30 Bingo
4 Live Stream Chapel Service in the Lounge	CIVIC HOLIDAY	5 6 10:00 Chapel Service in the Great Room		10:15 BINGO Hall in the ⁸ Great Room	9 <i>10:30 Fit Minds</i> 11:00 Exercise	1 10:30 Bingo
1:00 Baking Apple Perishky on the 1 st Floor	9:30 Exercise 3:30 Bocce Ball	11:00 Physio Exercise	 11:00 Java Music Club 2:00 Movie Matinee in the Great Room 6:30 Friendly Visits 	3:30 Last Letter Game 7:00 Lincoln Concert Band in the Great Room	3:30 Crafters Corner	
11 Live Stream Chapel Service in the Lounge	1 9:30 Exercise 10:00 Audio Books Storytime 3:30 Word Generation	2 10:00 Chapel Service 13 in the Great Room <i>11:00 Physio Exercise</i> 12:00 Men's BBQ Luncheon in the Courtyard 3:30 Ladder Golf	14 9:30 Physio Exercise 10:30 Fit Minds	9:30 Exercise 10:00 Aqua Painting 3:00 August Birthday Party Peach Social in the	10:30 Roman Catholic Communion in the Great Room	1 10:30 Bingo
18 Live Stream Chapel Service	1 9:30 Exercise 10:00 Poems & Stories	6:30 Outdoor Strolls 9 20 10:00 Chapel Service in the Great Room	1:30 Bean Bag Toss 21 <i>9:30 Physio Exercise</i>	Courtyard with Mendelt <i>Everyone is Welcome!</i> Dressing Room 22 Clothing Sale in the Great Room 10am-3pm	3:30 Alphabet Game 2 2 9:30 Exercise	2 10:30 Bingo
in the Lounge	10:30 One to One Montessori Moments 3:30 Jeopardy	<i>11:00 Physio Exercise</i> 3:30 Balloon Tennis	<i>10:30 Fit Minds</i> 3:30 Ask Google	9:30 Exercise Afternoon Travelling Ice Cream Cart 6:30 Outdoor Strolls	<i>10:30 Fit Minds</i> 3:30 Manicures	
25 Live Stream Chapel Service in the Lounge	9:30 Exercise 10:30 Bean Bag Toss	26 27 10:00 Chapel Service in the Great Room <i>11:00 Physio Exercise</i>	28 9:00 -12:00 Petting Zoo in the Large Courtyard!	9:30 Exercise 10:00 Word Generation	30 9:30 Exercise 1 <i>0:30 Fit Minds</i>	3 10:30 Bingo
	3:30 Crafters Corner: Abstract Tape Art	3:30 Sing Along with Kathie	Fit Minds Cancelled 9:30 Physio Exercise	3:30 Name 10 7:00 Chapel Service in the Great Room	3:30 Crazy Quilt	
Programs on Calence	dar are subject t	o change				A Color

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	Augus	t 2019		9:30 Physio Exercise 9:55 Bible Study	10:30 Painting Group 2 <i>10:30 Fit Minds</i>	9:30 Exercise	3
				11:00 Monthly Gazette	3:30 Performance by the NOTL Historical Society in the Great Room	3:15 Bingo	
Radi	ant Care Tabo	r Manor – 2 nd F	Floor	3:30 Boardgame Café	6:30 Outdoor Strolls		
4 Live Stream Chapel Service in the Lounge	CIVIC HOLIDAY 5	6 10:00 Chapel Service in the Great Room	9:30 Exercise 7 10:00 Twisted Trivia	8 9:30 Physio Exercise 10:15 BINGO Hall in the	9 9:30 Audio Book Story Time	9:30 Exercise	10
_		11:00 Balloon Tennis	10:30 Fit Minds	Great Room 3:30 Bocce Ball	10:15 Exercise		
1:00 Baking Apple Perishky on the 1 st Floor	3:30 Finish the Line	3:30 Sing Along with Kathie	2:00 Movie Matinee in the Great Room	7:00 Lincoln Concert Band in the Great Room	10:30 Fit Minds	3:15 Bingo	
11	12 9:30 Physio Exercise	10:00 Chapel Service in the	14 9:30 Exercise	9:30 Physio Exercise 15			17
Live Stream Chapel Service in the Lounge	11:00 Canadian History	Great Room 12:00 Men's BBQ	10:00 Poems & Readings	11:00 Name 10	10:30 Roman Catholic Communion in the Great Room	9:30 Exercise	
Gervice in the Lounge	1:30 Spelling Bee	Luncheon in the Courtyard	10:30 Fit Minds	3:00 August Birthday Party Peach Social in the		3:15 Bingo	
	6:30 S'mores Party	3:30 Picture Story	3:30 Manicures	Courtyard with Mendelt Everyone is Welcome!	3:30 Jeopardy		
18	-	20 10:00 Chapel Service in the Great Room	21 9:30 Exercise	Dressing Room 22 Clothing Sale in the Great Room	23 10:30 Fit Minds	9:30 Exercise	24
Live Stream Chapel Service in the Lounge	Morning One to One Montessori Moments with Jacklyne	11:00 Outdoor Strolls	10:30 Fit Minds	10am-3pm 9:30 Physio Exercise	3:30 Crafters Corner: Abstract Tape Art		
	1:30 Bocce Ball	3:30 Wheel of Fortune	3:30 Zumba!	Afternoon Travelling Ice Cream Cart	6:30 Guided Relaxation in the Activity Room	3:15 Bingo	
25	3:30 Washer Toss 26	77	20		-		24
25		27 10:00 Chapel Service in the Great Room	28 9:00 -12:00 Petting Zoo in the Large	10:00 Read Me a Story	30 10:30 Fit Minds	9:30 Exercise	31
Live Stream Chapel Service in the Lounge	10:30 Jokes out of a Hat	11:00 Ball Toss	Courtyard!	10:30 Word Generation			
	3:30 High Tea	3:30 Crazy Quilt	Fit Mind Cancelled	3:30 Picture Story 7:00 Chapel Service in the	1:30 Manicures	3:15 Bingo	
			3:30 Ask Google	Great Room			
		Programs on	Calendar are subj	ect to change		No Ver	

Sunday	Monday August ant Care Tabo	t 2019 r Manor – 3 rd F	Wednesday Floor	Thursday9:30 Physio Exercise10:30 Manicures3:30 Jeopardy	Friday29:30 Bible Study210:30 Fit Minds3:30 Performance by the NOTL Historical Society in the Great Room	Saturday 10:30 Bingo	3
4 Live Stream Chapel Service in the Lounge :00 Baking Apple Perishky on the 1 st Floor	5 CIVIC HOLIDAY 9:30 Walking Club 3:30 Finish the Line	6 10:00 Chapel Service 3:30 Bean Bag Toss 6:30 Kitchen Creations	 9:30 Physio Exercise 7 10:30 Musical Bingo 10:30 Fit Minds 2:00 Movie Matinee in the Great Room 3:30 Suncatchers 	 9:30 Physio Exercise 8 10:15 BINGO Hall in the Great Room 3:30 Coffee and Poems 7:00 Lincoln Concert Band in the Great Room 	9:30 Walking Club 9 <i>10:30 Fit Minds</i> 11:00 Exercise 3:30 Ice Cream Floats	10:30 Bingo	10
11 Live Stream Chapel Service in the Lounge		10:00 Chapel Service 13 12:00 Men's BBQ Luncheon in the Courtyard 3:30 Sing Along with Kathie 6:30 Pet Therapy Visits with Syd	9:30 Physio Exercise 10:30 Fit Minds	<i>9:30 Physio Exercise</i> 15 10:30 Balloon Tennis 3:00 August Birthday Party Peach Social in the Courtyard with Mendelt <i>Everyone is Welcome!</i>	9:30 Exercise 10:30 Roman Catholic Communion in the Great	10:30 Bingo	17
18 Live Stream Chapel Service in the Lounge	19 9:30 Exercise 3:30 Giant Crossword 6:30 Name that Tune	20 10:00 Chapel Service 6:30 Outdoor Strolls	21 <i>9:30 Physio Exercise</i> <i>10:30 Fit Minds</i> 3:30 Lawn Darts	Dressing Room Clothing 22 Sale in the Great Room 10am-3pm <i>9:30 Physio Exercise</i> 10:30 Outdoor Strolls Afternoon Travelling Ice Cream Cart	23 9:30 Walking Club <i>10:30 Fit Minds</i> 1:30 Poems and Readings	10:30 Bingo	24
25 Live Stream Chapel Service in the Lounge	26 9:30 Exercise 2:30 Baking	10:00 Chapel Service 27 3:30 Bocce Ball 6:30 Arts and Crafts 6:30 Pet Therapy Visits with Syd	28 9:00 -12:00 Petting Zoo in the Large Courtyard! <i>9:30 Physio Exercise</i> <i>No Fit Minds Today!</i> 3:00 Keith's Café	29 9:30 Physio Exercise 3:30 Name 10 7:00 Chapel Service in the Great Room with David and Debbie Braun	9:30 Walking Club <i>10:30 Fit Minds</i>	10:30 Bingo	31

Sunday	Monday	Tuesday	Wednesday	Thursday	9:30 Physio Exercise 2	Saturday	3
	Augus	t 2019		9:30 Walking Club 11:00 Exercise	9:55 Bible Study	9:30 Exercise	
Radi	ant Care Tabo	or Manor – 4 th F	3:30 Coffee Time	3:30 Performance by the NOTL Historical Society in the Great Room	3:15 Bingo		
4 Live Stream Chapel Service in the Lounge 1:00 Baking Apple Perishky on the 1 st Floor	CIVIC HOLIDAY 5 9:30 Physio Exercise 10:30 Hands On 3:30 Bean Bag Toss	6 10:00 Chapel Service 3:30 Giant Crossword 6:30 Pet Therapy Visits with Syd	7 9:30 Exercise <i>10:30 Fit Minds</i> 2:00 Movie Matinee in the Great Room	8 10:15 BINGO Hall in the Great Room 7:00 Lincoln Concert Band in the Great Room	9:30 Physio Exercise 9 10:15 Outdoor Strolls <i>10:30 Fit Minds</i> 3:30 Crazy Quilt	9:30 Exercise 3:15 Bingo	10
11 Live Stream Chapel Service in the Lounge	12 <i>9:30 Physio Exercise</i> 10:15 Word Generation	13 10:00 Chapel Service 12:00 Men's BBQ Luncheon in the Courtyard	10:00 Baking 14 <i>10:30 Fit Minds</i> 3:30 High Tea	9:30 Walking Club 15 11:00 Exercise 3:00 August Birthday Party	10:30 Manicures 10:30 Roman Catholic Communion in the Great	9:30 Exercise	17
	3:30 Wheel of Fortune	3:30 Bocce Ball	6:30 Story Time	Peach Social in the Courtyard with Mendelt Everyone is Welcome!	10:30 Fit Minds 6:30 Movie Night	3:15 Bingo	
18 Live Stream Chapel Service in the Lounge	19 <i>9:30 Physio Exercise</i> 10:30 Outdoor Strolls	20 10:00 Chapel Service 3:30 Sing Along with Kathie	10:30 Fit Minds	Dressing Room Clothing 22 Sale in the Great Room 10am-3pm 9:30 Walking Club	10:30 Fit Minds	9:30 Exercise	24
	3:30 Elfer Raus!	6:30 Pet Therapy Visits with Syd	3:30 Word Generation 6:30 Kitchen Creations	11:00 Exercise Afternoon Travelling Ice Cream Cart	3:30 Balloon Tennis	3:15 Bingo	
25	9:30 Physio Exercise 26	27	28	29 9:30 Walk & Stroll	9:30 Physio Exercise 30		31
Live Stream Chapel Service in the Lounge	10:30 Musical Bingo 3:30 Lawn Darts	10:00 Chapel Service 3:30 Finish the Line	9:00 -12:00 Petting Zoo in the Large Courtyard! <i>No Fit Minds Today!</i>	11:00 How Many Words 7:00 Chapel Service in the	<i>10:30 Fit Minds</i> 3:30 Jeopardy	9:30 Exercise 3:15 Bingo	
	6:30 Kitchen Creations		3:30 Friendly visits	Great Room with David and Debbie Braun	6:30 Outdoor Strolls		nge

Sunday	Monday Augus Care Tabor Ma		Wednesday ss Suites	Thursday11:00 Exercise2:30 Coffee Hour in Olive Branch CaféNo Walking Club today	Friday 10:15 & 10:45 Fall 2 Prevention Exercise 1:00 Exercise 3:30 Niagara Historical Society Performance Great Room at 7 Tabor	Saturday 3
4 9:30 Church Service in Chapel	10:15 & 10:45 5 Fall Prevention Exercise 1:00 Exercise <i>CIVIC HOLIDAY</i>	6 10:00 Chapel Service in the Great Room 1:00 Exercise 2:30 Coffee Hour in Olive Branch Café	 10:15 & 10:45 Fall 7 Prevention Exercise <i>No Computer Questions</i> <i>Today</i> 2:00 Movie Matinee in the Great Room at 7 Tabor 	10:15 Bingo Hall in the Great Room8(prizes residents only, tenants can play for fun)1:00 Exercise2:30 Coffee Hour in Olive Branch Café No Walking Club today7:00 Lincoln Concert Band in the Great Room	10:15 & 10:45 Fall 9 Prevention Exercise 1:00 Exercise	10
in Chapel	10:15 & 10:45 Fall Prevention Exercise 11:00 Fit Minds, Fireside Lounge 1:00 Exercise 3:00 Bingo	13 10:00 Chapel Service in the Great Room 1:00 Exercise 2:30 Coffee Hour in Olive Branch Café	10:15 & 10:45 Fall Prevention Exercise 1:00 Computer Questions	15 1:00 Exercise 2:30 Coffee Hour in Olive Branch Café 4:00 Walking Club	10:15 & 10:45 Fall 16 Prevention Exercise 1:00 Exercise	17
18 9:30 Church Service in Chapel	Prevention Exercise 11:00 Fit Minds, Fireside Lounge	10:00 Chapel Service in the Great Room	Prevention Exercise 1:00 Computer Questions in Front Lobby 5:00 Tenant Association	Great Room 10:00 – 3:00 1:00 Exercise 2:30 Coffee Hour in Olive	<i>Today</i> 1:00 Exercise	24
25 9:30 Church Service in Chapel	10:15 & 10:45 Fall Prevention Exercise 1:00 Exercise	10:00 Chapel Service in the Great Room 1:00 Exercise 2:30 Coffee Hour in Olive Branch Café	9:00 -12:00 28 Petting Zoo in the Large Courtyard! 10:15 & 10:45 Fall Prevention Exercise <i>No Computer Questions</i> 3:00 Fit Minds, Fireside Lounge	1:00 Exercise 29 2:30 Coffee Hour in Olive Branch Café 4:00 Walking Club 7:00 Chapel Service in the Great Room	10:15 & 10:45 Fall 30 Prevention Exercise 1:00 Exercise	31

Sunday	Monday Augus ant Care Tabor		Wednesday	Thursday1:00 Exercise2:30 Coffee Hour in Olive Branch CaféNo Walking Club Today	Prevention Exercise	Saturday
9:30 Church Service in Chapel	4 5 10:15 & 10:45 Fall Prevention Exercise 1:00 Exercise <i>CIVIC HOLIDAY</i>	6 10:00 Chapel Service in the Great Room 1:00 Exercise 2:30 Coffee Hour in Olive Branch Café	10:15 & 10:45 Fall 7 Prevention Exercise <i>No Computer Questions</i> <i>Today</i> 2:00 Movie Matinee in the Great Room at 7 Tabor	1:00 Exercise 8 2:30 Coffee Hour in Olive Branch Café <i>No Walking Club Today</i> 7:00 Lincoln Concert Band in the Great Room	Prevention Exercise	10
9:30 Church Service in Chapel	12 10:15 & 10:45 Fall Prevention Exercise 1:00 Exercise 3:00 Bingo	13 10:00 Chapel Service in the Great Room 1:00 Exercise 2:30 Coffee Hour in Olive Branch Café	10:15 & 10:45 Fall Prevention Exercise 1:00 Computer Questions 2:30 Movie Matinee in Chapel: Breakthrough	15 1:00 Exercise 2:30 Coffee Hour in Olive Branch Café 4:00 Walking Club	Prevention Exercise	17
9:30 Church Service in Chapel	19 10:15 & 10:45 Fall Prevention Exercise 1:00 Exercise 3:00 Bingo	20 10:00 Chapel Service in the Great Room 1:00 Exercise 2:30 Coffee Hour in Olive Branch Café	21 10:15 & 10:45 Fall Prevention Exercise 1:00 Computer Questions front lobby 5:00 Tenant Association Event, BBQ and Peach Social in Olive Branch Café & Chapel	10:00 – 3:00 1:00 Exercise	<i>Exercise Today</i> 1:00 Exercise	24
9:30 Church Service in Chapel	25 26 10:15 & 10:45 Fall Prevention Exercise 1:00 Exercise endar are subject to c	 10:00 Chapel Service in the Great Room 1:00 Exercise 2:30 Coffee Hour in Olive Branch Café 	9:00 -12:00 28 Petting Zoo in the Large Courtyard! 10:15 & 10:45 Fall Prevention Exercise <i>No Computer Questions</i> <i>Today</i>	1:00 Exercise 29 2:30 Coffee Hour in Olive Branch Café 4:00 Walking Club 7:00 Chapel Service in the Great Room	Provention Exercise	31