



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>9:30 Music Therapy</b> 1 <b>11:00 Canada Day Social</b> 2:00 Laundry Folding 3:00 Maple Leaf Toss  Canada Day	9:30 Exercise 2 11:00 Canada Day Picnic 2:00 Laundry Folding 3:15 Bible Study 4:00 Monthly Gazette 6:15 Book Club	9:30 Exercise 3 10:00 Dog Therapy 11:15 Java Music Club 11:00 One-to-ones 2:00 Laundry Folding 3:00 Paint Party 6:15 Movie Night	9:30 Sing Along 4 10:15 Church 11:15 Exercise 2:00 Laundry Folding 2:45 Bingo 6:15 Outdoor strolls <b>12:30- Wheelchair Cleaning Clinic</b> <small>Independence Day (US)</small>	9:45 Exercise with Physio 5 10:00 Walk and Talk 11:00 Crafter's Corner 3:00 Decorating for the Caribbean	9:30 Exercise 6 10:15 Laundry Folding 11:00 Lemonade in the Shade 3:00 Balloon Toss
9:30 Sing Along 7 10:15 Laundry Folding 10:45 TV Church 3:00 Name that Tune	10:00 Dog Therapy 8 11:00 Caribbean Photoshoot 2:00 Laundry Folding 3:00 Caribbean Drinks	9:30 Exercise 9 <b>10:30 Caribbean Party: With Live Music- Outside on CV Lawn</b> 2:00 Laundry Folding 3:15 Bible Study 4:00 Crazy Quilt 6:15 Book Club	10:00 Dog Therapy 10 <b>10:30 Rollkuchen Bus Trip to Tabor Manor</b> 2:00 Laundry Folding 3:00 Bowling 6:15 Movie Night	9:30 Sing Along 11 10:15 Church 11:15 Exercise 2:00 Laundry Folding 2:45 Bingo	9:30 Music with Mendel 12 10:30 Exercise with Physio 11:00 Travelling in the Caribbean 3:00 Ball Toss	9:30 Exercise 13 10:15 Laundry Folding 11:00 In the Garden 3:00 Bubbles!!
<b>Caribbean Week</b>						
9:30 Rise and Shine 14 Stretch in the Garden 10:15 Laundry Folding 10:45 TV Church 3:00 Knit and Sew 4:00 Worship Time with Irene and Friends	10:00 Dog Therapy 15 11:00 S'mores 2:00 Laundry Folding 3:00 Bouncing Around <b>11:00 Family Council-HP Meeting Room</b>	9:30 Exercise 16 11:00 Name 10 2:00 Laundry Folding 3:15 Bible Study 4:00 Balloon Ball 6:15 Book Club	10:00 Dog Therapy 17 11:15 Java Music Club 11:00 One-to-ones 2:00 Laundry Folding 3:00 Paint Party 6:15 Movie Night	9:30 Sing Along 18 10:15 Church 11:15 Exercise 2:00 Laundry Folding 2:45 Bingo 6:15 Outdoor strolls	9:45 Exercise with Physio 19 10:15 Walk and Talk 11:00 Balloon Volleyball 3:00 Bocce Ball	9:30 Exercise 20 10:15 Laundry Folding 11:00 Garden Decorations 3:00 Book Club in the Garden
9:30 Dynamic Stretch 21 10:15 Laundry Folding 10:45 TV Church 3:00 Crochet Corner	10:00 Dog Therapy 22 11:00 Residents Council 11:30 Giant X's and O's 2:00 Laundry Folding 3:00 Mad Science Experiment	9:30 Exercise 23 <b>10:00 German Church</b> 11:00 Outdoor Walks 2:00 Laundry Folding 3:15 Bible Study 	10:00 Dog Therapy 24 11:15 Java Music Club 11:00 One-to-ones 2:00 Laundry Folding 3:00 Paint Party 6:15 Movie Night	9:30 Sing Along 25 10:15 Church 11:15 Exercise 2:00 Laundry Folding 2:45 Bingo 	9:45 Exercise with Physio 26 10:15 Walk and Talk 11:00 Paint by Numbers 3:00 Wheel of Fortune	9:30 Exercise 27 10:15 Laundry Folding 11:00 Crafter's Corner 3:00 Crazy Quilt
9:30 Sing and Chime 28 10:15 Laundry Folding 10:45 TV Church 3:00 Sunday Sundaes and Funnies	10:00 Dog Therapy 29 11:00 Jeopardy 2:00 Laundry Folding 3:00 Noodle Ball	9:30 Exercise 30 11:00 Name 10 2:00 Laundry Folding 3:15 Bible Study 4:00 Sing and Stretch 6:15 Book Club	10:00 Dog Therapy 31 11:15 Baking 2:00 Laundry Folding <b>3:00 Birthday Party</b> 6:15 Movie Night	<h1>July 2019</h1> <p>Pleasant Manor-Heritage Place</p>		

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	10:00 Movie Time <b>11:00 Canada Day Social (HP)</b> 	11:00 Bingo 2:30 Euchre with Owen 3:00 Exercise	9:30 Exercise 10:00 Dog Therapy 2:00 Men's Club 6:15 Colour Me Happy	11:00 Church 2:00 Bible Study  <small>Independence Day (US)</small>	9:00 Sit and Stand Exercise 2:00 Laundry Folding	1:30 Computer Questions (CV Link) 
1:30 Manicures 	9:30 Sit and Stand Exercise 10:00 Movie Time	<b>10:30 Caribbean Party: With Live Music- Outside on Creekview Lawn</b> 2:30 Euchre with Owen 3:00 Exercise	10:00 Dog Therapy 3:00 Exercise 6:15 Trivia	11:00 Church	9:30- Music with Mendel in HP 2:00 Laundry Folding	1:30 Computer Questions (CV Link) 
1:30 Sunday Sundaes In the Courtyard 4:00- Worship Time with Irene and Friends- HP 	9:30 Sit and Stand Exercise 10:00 Movie Time	11:00 Zoo Mystery 2:30 Euchre with Owen 3:00 Exercise	9:30 Exercise 10:00 Dog Therapy <b>2:00 Painting Workshop- \$25.00- Create your own home décor sign!</b> 6:15 UNO	11:00 Church 2:00 Bible Study	9:00 Sit and Stand Exercise 2:00 Laundry Folding	1:30 Dominoes
1:30 Make Your Own Sun Catcher	9:30 Sit and Stand Exercise 10:00 Movie Time	10:00 German Church 2:30 Euchre with Owen 3:00 Exercise	9:30 Exercise 10:00 Dog Therapy 2:00 Men's Club 6:15 Shake Loose a Memory <b>10:00-2:00- Mobile Senior Shop &amp; Adaptive Clothing in CV Link</b>	11:00 Church 2:00 Bible Study	9:00 Sit and Stand Exercise 2:00 Laundry Folding	1:30 Computer Questions (CV Link) 
1:30 Sunday Stroll	9:30 Sit and Stand Exercise 10:00 Movie Time	11:00 Jeopardy 2:30 Euchre with Owen 3:00 Exercise	9:30 Exercise 10:00 Dog Therapy <b>3:00 Birthday Party in HP</b> 6:15 Remembering July	 <p style="text-align: center;"><b>July 2019</b> Radiant Care Pleasant Manor</p>		