

# Radiant Care Tabor Manor

## Tabor Times

*February 2019*

### ***WE REMEMBER...***

Daniel Krusich  
Gloria McIntee  
Rosita Cassidy  
Audrey Epp  
Miodrag "Mike" Mirkovic  
John Janzen

### ***WE WELCOME...***

John Peters  
Mavis Bartoshewski  
Joyce Kalen  
Helen Isaac  
Tina Goertzen

### ***WE CELEBRATE***

#### ***THE FEBRUARY***

#### ***BIRTHDAYS OF...***

*Mavis Bartoshewski - 7th*  
*Keitha Melnick—9th*  
*Joyce Kalen—10th*  
*Marylyn Carthew—12th*  
*Elmer Ross —15th*  
*Frank Goertzen —15th*  
*Parania Jarzyna—18th*  
*Annie Neufeld—19th*  
*Malieta Goertzen —28th*  
*Giuseppina Scali—24th*

### **Nurse's Notes—Karen Pental**

Hello everyone, please make note that in February there will be a PSW assignment rotation change on all shifts. This gives an opportunity for staff to get to know more of the residents needs and preferences. Therefore, residents and families may see new friendly faces. These team members look forward to getting to know you!

This month's education topic is falls prevention. Did you know that even though falls happen at times, the staff at Tabor Manor aim to prevent significant injury? ... first trying to reduce each person's risk of falls by offering exercise programs and other activities for strength and ensuring open, less cluttered spaces in rooms and common areas. For those residents who forget to ask for help at night - keeping beds low with mats beside the bed; bed and chair alarms alert staff if someone gets up - so they can respond, guide, and assist as needed; hip protectors for people who like to walk a lot, but are at risk for falls as shown to prevent injury. There is a Falls committee that meets regularly to review the needs of the residents and to ensure the best options are available. Ask a nurse if you would like to learn more!



Please be aware that the Niagara Mobile Footcare will see a rate increase effective Mar 1, 2019, and the manager Sarah Lockbaum will be in touch with families about this. The good news is the provider has added more Advanced Footcare Nurses to the team in order to provide skilled and timely service. If you have any questions or concerns about this, please contact Sara by phone at (905)708-9817 or email [niagamobilefootcare@hotmail.ca](mailto:niagamobilefootcare@hotmail.ca) Website: [www.nmfootcare.weebly.com](http://www.nmfootcare.weebly.com)



## Dietary's Dish—Barbara Osborne

On Feb. 14, Valentines Day, families are welcome to join their loved one for a delicious lunch. Heart shaped ravioli with rose sauce will be served with Boston Cream Pie for dessert. Tickets can be purchased in the Tuck Shop or at the Administration office at 1 Tabor Drive.

## Recreation —Norma Restivo

The recreation team along with our Brock University students will be partnering up Grade 3/4 and Grade 4/5 students with residents for a pen pal intergenerational program. We are looking forward to making new friendships and the excitement of receiving handwritten mail.

Please checkout the calendar for upcoming programs and special events. Please feel free to join us with your loved one!

## MONTESSORI MOMENT

Once again this year, tenants were kept busy knitting, hats, scarves and mittens for local school children in need. Our Lady of Fatima Elementary School came to Tabor to accept the handmade gifts and surprised our tenants with a musical performance.



## Biblically Based – Jim Evans

The Gospels are full of examples of the compassion and concern Jesus had for individuals! He called His disciples individually. And in His parables, He taught about God's love for those who are lost when He spoke of the lost coin, the lost sheep and the lost or Prodigal Son! And in each of these stories, there was great rejoicing over the coin, the sheep and the Son being 'found'!

In Luke 15:10, Jesus declares; 'I tell you, there is joy before the angels of God over one sinner who repents.' God has a joyous love for individuals who are lost (in sin) and are found (repent). And Jesus continues to pursue His mission to seek and to save the lost, one by one.

Be encouraged today! You matter to God! Respond to His love in Christ and rejoice!

## Trust Services

Did you know that Amanda from the main office comes to the Welcome Desk on the first floor of long term care to offer Trust Account Services? Check the schedule posted in the Resident and Family information board.

## Join Our Family Support Group

Next meeting will be Wednesday February 20th  
2:00pm—3:00pm  
in the Family Dining room  
led by Chaplain Jim Evans  
All are welcome!