

# Radiant Care Tabor Manor

## Tabor Times

*March 2019*

### ***WE REMEMBER...***

Annie Zalot  
Geraldine Roberts  
Blanche McGuire

### ***WE WELCOME...***

Maria "Mary" Klamler  
Giuseppina Scali  
Heinrich Friesen  
Helen Koop  
Maria Pennacchio

### ***WE CELEBRATE THE BIRTHDAYS OF...***

*Myrtle Pinder—5th*  
*Tina Willms—10th*  
*Maria Pennacchio 14th*  
*Geraldine McGeorge 15th*  
*Vicki Hildebrant - 20th*  
*Irwin Payne—23rd*  
*Catharina Penner—27th*  
*Marcia Smith—31st*

### **Recreation Notes—Norma Restivo**

We are very happy to share with everyone that we have connected with Therapy Tails Ontario, a non-profit charity/dog therapy program. There are 2 new volunteers with fantastic dogs that are setting up visitations. Once the days and times of the visitations are confirmed, we will add them to our activity calendars.



Be sure to mark your calendar for Wednesday, March 6th—**Hands on Exotics** are coming in for an afternoon of interaction with interesting animals. See your calendar for time and floor location!

The Recreation Department welcomes two new co-op high school students. One from Governor Simcoe and the other from Jordan Christian School. We look forward to having them both here for the next few months.

### **MONTESSORI MOMENT**

Our goal is to enhance the lives of those with memory challenges by maintaining their independence, promoting their well-being and creating an environment that allows for success, and a sense of purpose. Life engagement is a vital part of our well-being. Being involved in scheduled programs, supporting the whole person and creating a supportive environment that focuses on the use of remaining strengths and abilities is key to engagement. We encourage you to reach out to the Recreation Department for ideas and ways to enhance your visits with your loved ones.

## Biblically Based—Jim Evans

Cliff Young, a 61 yr. old potato farmer, won the 875km Sydney to Melbourne Ultramarathon in 1983. He did it wearing overalls and rubber boots! He ran past the professional runners, even when they slept at night. He beat the previous record by 2 days! He didn't have the right equipment. But, he had determination, an unshakable confidence, an ability to endure pain, and he never gave up!

We might not feel we have all of the things it takes to make it through life's challenges. Yet, the Bible encourages us to remember, 'I can do all things through Christ who gives me the strength!' (Phil. 4:13). And Jesus said, 'without Me, you can do nothing!' (John 15:1)

Whatever you are facing today, or tomorrow, put your faith in Jesus Christ to give you all you need to go all the way through. Trust in Jesus, and you can make it!

## Dietary's Dish—Barbara Osborne

Happy March everyone! On St. Patrick's Day the lunch options will be roast beef with horseradish, mashed potatoes and asparagus. Dessert with be mint chocolate cream pie! Enjoy!



## Toolbox Talk— Rick Green

The maintenance team will be welcoming a co-op student from, Governor Simcoe Secondary School, for the spring term. Spring is just around the corner. Soon we will be back out in the gardens cleaning up for planting. Please remember, if you have any maintenance issues please report them as soon as possible to a registered staff member. They will input the issue into the computer and a maintenance worker will be there for the repair.

## Nurse's Notes—Karen Pentel

Thank you for your support and ongoing encouragement during the PSW staff assignment rotation as they build new relationships with residents.

March topic of the month is continence – did you know that there are different products available and the nursing staff assess each resident regularly and determine the right product based on their individual needs? If you would like more information, please see the Nurse.

During this continuing flu season please maintain proper hand hygiene using the hand sanitizers provided in various locations. We also encourage those that are sick to refrain from visiting.



## Wednesday March 6th

1pm Fourth Floor  
2pm Third Floor  
3pm Second Floor  
4pm First floor

Family are welcome to join us in the lounge!