

# Radiant Care Pleasant Manor

## Therapeutic Recreation

For the month of February, there are a bunch of exciting programs such as:

Me and My Shadow- we will be coming around to trace staff, residents and tenants' shadows. See if you can guess who everyone is!

A bus trip to the Bird Kingdom for tenants! The bus is already full, but a wait list has been posted!

Valentines Day events such as a special lunch and the auxiliary will be hosting a valentine's tea in Heritage Place!

Music with Jan- Come and listen to some familiar tunes by Frank Sinatra, Dean Martin and others!



## Preacher's Ponderings

February—the shortest month of year. It seems that we just have to blink our eyes once and it's gone. And that may be for a number of things in our life. Our children suddenly become adults, our hair suddenly becomes white, our best memories suddenly become decades old. How much are we missing is the question. But we know that time itself doesn't speed up but rather those things that distract us are what increase. To be mindful of what is happening in the moment is one of the lessons of Epiphany, the church season we will be in till the start of Lent. Let us not be distracted but be present to the God's revelation in Jesus Christ that each day we might be more aware of his faithfulness to us.

## Supportive Housing Update- Megan Challice

I have been asked by a few people if I am leaving Pleasant Manor? Am I going to work at Tabor Manor?

The answer is both no and yes! I am not leaving Pleasant Manor, but I will be working at Tabor Manor.

Radiant Care has offered me the opportunity to work in Supportive Housing at both locations. I am excited about this opportunity and the challenges it is sure to bring.

I will be doing my very best to plan out a schedule in advance which I will post on my door and even if I am not in my Pleasant Manor office, I can still be reached by phone and email.

Part of this transition is due in part to Hilary Whitty taking on the new role of **Volunteer and Admissions Coordinator** with Radiant Care. You will see Hilary around our campus from time to time and I hope you make her feel welcome!

## Calendar Highlights

**Feb 8th**— Music with Jan in HP

**Feb 9th**- Music with Mendel in HP

**Feb 10th**<sup>th</sup> – Worship Time with Irene and Friends

**Feb 12th**<sup>th</sup> – Bus Trip to the Bird Kingdom for tenants

**Feb 13th** –Auxiliary Valentines Social in HP.

**Feb 14th** – Couple's Lunch

**Feb 18th** – Family Day

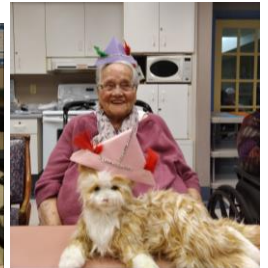


# Pleasant Manor Post

February 2019

We pride ourselves on being a Montessori themed home. Do you know what Montessori is? Would you like to learn more? And how can you help? We will be holding a Montessori Showcase on February 26 at 11:00 in Heritage Place. Come and see some of the activities and opportunities which allow our residents and tenants to use their hands, stimulate their minds, and be actively engaged in meaningful moments.

A reminder: We need to continually restock the recycling bin with pop cans, for our can crushing program, if you can supply or know where to obtain a large number of cans please speak to the recreation department.



Spending Snowy Days Indoors

## Just Clean Your Hands

It is Flu Season! Remember to Just clean your hands! It doesn't get much simpler than that. Evidence shows that hand hygiene can decrease infections in health care settings and is the single most important method of preventing infections.

If you have any of these symptoms (cough, congestion, fever, sore throat, chills, vomiting/nausea) **PLEASE DO NOT VISIT** until you are symptom free.

## Volunteer Opportunities

-A volunteer is needed for an hour on Wednesday Mornings to help with flower arranging!

-Volunteers are urgently needed in the Tuck Shop.

If interested or for more information, please speak with Chelsea – 905-468-1111 ext. 231