ISSUE 21\* JULY – SEPTEMBER 2017

### **PLEASANT MANOR & TABOR MANOR**

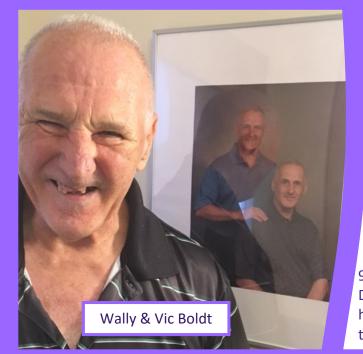
Seniors Ministry of the Ontario Conference of MB Churches



### mission

To provide with excellence love and dignity a full continuum of affordable housing and services to senior citizens. We serve the Mennonite Constituency and others who wish to live in a community of Christian faith.

reachout



# SPECIALIZATION IN DEMENTIA AND PALLIATIVE CARE

Our homes' growing knowledge and expertise in palliative care is enhancing our ability to serve residents at end of life with excellence, love and dignity. When Victor Boldt, a long-time resident of Tabor Manor, was critically ill, his family was touched by the support they received. "Staff treated Vic with utmost dignity and respect while dealing with his physical discomforts", said sister-in-law Irene. Since his passing, and just as important, Vic's twin brother Wally continues to receive support from staff. Irene says, "Wally's adjustment to life without Vic is an answer to many prayers and due in a large part to the staff."

# INNOVATIVE GROWTH AND PARTNERSHIPS

The Activation and Restoration Program at Pleasant Manor is an exciting partnership with Niagara Health and the Local Health Integration Network. Niagara Health says, "We are proud of the work we accomplished with Pleasant Manor and the Niagara-on-the-Lake Health Services Steering Committee to develop a 12 -bed Activation Restoration Program at Niagara-on-the-Lake's Pleasant Manor. This program is an excellent example of how partnering together is supporting the residents of Niagara-on-the-Lake needing short-term care of 90 days or less in order to return to independent living." Discharge co-ordinators are in regular contact with the home, ensuring maximum responsiveness and efficiency to meet needs.

# RELATIONAL EXCELLENCE AND CULTURAL PRESERVATION

It was in August, 2015 that Pleasant Manor Long-Term Care embarked on a new initiative to transition twelve beds to be used for Activation and Restoration, in partnership with Niagara Health and the Local Health Integration Network. These beds are set aside for short term stays, focusing on convalescence and rehab for those residents. Very often, it has been our own Pleasant Manor and Tabor Manor residents who have benefited from the program. Anne Andres was one of them. About her stay in Activation and Restoration she says, "I came in with a limp, but I left without a limp! The physiotherapy was excellent, and Jaime (physio staff) was so sweet." Anne's experience was overwhelmingly positive. "There was wonderful food, on time and hot, and all staff treated us so well. Did they ever pamper us!" We are proud to serve the community through this program, and strive to give each resident a truly positive experience.

### CREATING UNITY IN COMMUNITY DONATION PROJECTS

The Pleasant Manor and Tabor Manor Foundation is welcoming support this summer for two fundraising projects.

At Pleasant Manor, staff consulted with the Tenants Council and identified a need for safer sidewalks and ample seating areas throughout the grounds. In response, the Foundation is encouraging tenants, their families, our church community and others, to consider supporting the Pleasant Manor Outdoor Beautification Project, with a goal to raise \$85,000. The Garden Court area boasts its own Chortitza oak tree – a direct descendant of the original, mighty oak tree that was so central to community life in the Chortitza Mennonite colony in the Ukraine. New sidewalks and benches around our Chortitza oak tree and throughout our grounds will serve to build community at Pleasant Manor, as the original tree has signified community over hundreds of years.

At Tabor Manor, the Tenants Council collaborated with staff to identify the need for a space dedicated to fitness and exercise. The goal is to raise \$75,000 for the Tabor Manor Fitness and Wellness Centre, a bright and welcoming space with appropriate flooring and lighting, and outfitted with fitness equipment and other amenities that will make the Centre an appealing hub for tenants as well as other seniors in our community.

Both fundraising campaigns continue throughout July, with the goal to have all funds raised before work begins on these very worthy projects.

For more information, contact Judy Willems, Director of Communications and Community Development at 905-934-3414, ext. 1089, or at judyw@tabormanor.net.

Consider making your donation today!

### THE SPIRIT IS ON THE MOVE

# "CONNEXIONS" - PEOPLE MAKING A DIFFERENCE & BEING TRANSFORMED

Both homes are blessed to have students working in Therapeutic Recreation and Maintenance this summer. We asked them how they are enjoying their experience:

Working as a student in Maintenance, I have had the opportunity to meet all kinds of different people and have had so many positive experiences. Everyone is so kind and welcoming which makes me look forward to working every day. Jake Day,

### Summer Maintenance Student, Pleasant Manor

I am learning much more than I ever imagined. I've been pushed to explore my own faith through daily readings with a Heritage Place resident, I've been taught the immense value of small, kind gestures through the residents in Arborview, and I have been taught that love and perseverance can help a person navigate anything through the family and friends who come and visit." *Marisa Stefanelli*,

## Summer Therapeutic Recreation Student, Pleasant Manor

What I find rewarding about working at Tabor Manor are the relationships I've built with fellow employees and residents. It's nice knowing I work somewhere where I can invest in others, and others are investing in me. *Aaron Giesbrecht, Summer Maintenance Student, Tabor Manor* 

I really love working at Tabor Manor because I get to spread love and joy to all the residents. At the end of the day I am always in a great mood because of the amazing staff and residents! *Emma Johnson, Summer Therapeutic Recreation Student, Tabor Manor* 

VITAL STATISTICS - Waiting Lists		
	Tabor Manor	Pleasant Manor
Apartments	1,048	835
Long Term Care	386	65

# Transitions are times of anticipation, challenge and uncertainty. In Joshua 1:9, God reminds His People that when faced with the challenge of transition, they need to remain strong and courageous; not frightened or dismayed. The reason for this confidence: "The Lord is with you wherever you go!" As the new Lead Chaplain at Tabor Manor, I am trusting God's promised presence and I look forward to serving the Lord with you in the days ahead. I encourage you, whatever transitions you may be going through, to keep trusting in God's continuing presence and peace. Remember His promise; "I will be with you. I will never leave you or forsake you!" (Joshua 1:5) *Jim Evans, Lead Chaplain, Tabor Manor*

I have pondered recently about looking at the Gospel story in contrast to the story of the world. It's a story that we live out, revealing values of grace, love, and community rather than greed, vengeance and selfishness. When our world hears our story it ought to be intrigued to want to know more. At Pleasant Manor we want to tell our story – Christ's story, and create a community that shows the rest of the world that even at this stage in life there is another way to live. May the world know that we follow Jesus in our story of love and commitment to God and to each other. *Michael Dyck, Chaplain, Pleasant Manor*